

Abstract

A total of 198 high school boys ranging in age from 16 to 20 years in Embu District were interviewed on various fertility-related issues. The study sought information on reproduction-knowledge, attitudes and practices regarding this and other issues. Results show the young men to have considerable knowledge about reproduction with many of them being precise as to when they attained various reproductive milestones. More than 90% of the respondents had experienced 1st coitus by 15-17 years of age. The respondents expressed the wish to have Family Life Education taught in schools. Indeed, many of them learnt about fertility on their own. It is recommended that a way be found of imparting knowledge and instilling moral values into the youth and providing better guidance on these major life issues