The research findings and recommendations contained in this report are the result of a collaborative project between the African Women's Studies Centre (AWSC), a multi-disciplinary centre of the University of Nairobi (UoN), and the Kenya National Bureau of Statistics, the principal government agency for collecting, analyzing, and disseminating statistical data in Kenya.

This report presents the key findings of the study and recommendations to ensure food security in Nairobi County. The report is part of the findings of a larger study conducted in 20 counties on the status of food security in Kenya. The study assumed a rights-based perspective and was informed by the need for the provision of adequate and quality food as a process and food security as the expected end result. The unique study methodology applied in the study culminated in self-reporting of the status of food security at the household level.

Readers will be privileged to share these findings and recommendations, which evidently provide a wake-up call to both the duty bearers in the provision of food security and those Kenyans whose right to freedom from hunger and access to adequate food of acceptable quality, as stipulated in Article 43 (1)(c), is yet to be fully realized.

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Food Security Research Findings & Recommendations

Nairobi County



Zero Tolerance to Hunger
Kenya Constitution Article 43 (1)(C)





KENYA NATIONAL BUREAU OF STATISTICS