



**UNIVERSITY OF NAIROBI  
DEPARTMENT OF FOOD SCIENCE NUTRITION AND TECHNOLOGY (DFSNNT)**

## **Journal of Human Nutrition Dietetics Food Sciences and Technology (J.HNDFST)**

### ***Guide to authors***

#### **Scope**

The journal of **Human Nutrition Dietetics Food Science and Technology (JHNDFST)** is an International peer-reviewed, open access, online journal covering all aspects of food and Food processing, Nutrition, Dietary intake and related disciplines. The journal supports the scientific invention, innovation and progress in Food, Nutrition, Dietetics and related agriculture, food security, health and consumer disciplines. It provides a forum for researchers, academicians, practitioners and industrial workers to disseminate research findings.

#### **Manuscript Submission**

Manuscripts must be written in English (UK (e.g. colour) or US (e.g. color), standard throughout) and should be typed in double-line spacing in Times New Romans (font 12) on numbered lines and pages throughout with at least 2.5 cm (1 inch) margins in a word document. Manuscripts are submitted electronically as an attachment through the journal's e-mail address, [j.hndfst@uonbi.ac.ke](mailto:j.hndfst@uonbi.ac.ke). Manuscripts for peer review are accepted for consideration on condition that they are submitted exclusively to JHNDFST with a cover letter stating the significance of the research, agreement of co-authors to publish with the Journal and any other supplementary information. The authors are requested to suggest three names of experts in the research subject area; who can be considered as reviewers.

## **Authorship**

The corresponding author ensures that the details of the co-authors are provided including names, qualifications, designation and current address (es). It is important to *note that credit for authorship requires substantial contribution* in the research conception and design, or analysis and interpretation of data, drafting of the article or critical revision for intellectual content.

## **Types of articles**

**Original articles:** original articles must present data and information from original research in between 3000 and 4000 words.

**Review articles:** comprise reviews encasing critical analyses, giving the current and up to date information on the reviewed subjects/topics.

**Short communications:** a short communication comprises an article of between 1000 and 1500 words containing no more than one illustration and focuses on new findings that may not meet the threshold for original articles but is innovative and interesting enough that the author wishes to communicate to the wider scientific audience. It may also be part of an on-going research whose final conclusion is yet to be made.

**Letters to the Editor:** caters for authors who wish to give scientific and sound opinion to the editor. The length of letters to the Editor is limited to 450 words (in prose) and to a maximum 4 references.

**Space for stakeholders:** Caters for those who are not necessarily research scientists but are key consumers of research products who wish to demand or utilize research hence have contributions to make to science. As an innovative edge, JHNDFST has dedicated space for articles in Kiswahili.

## **Peer review process**

All articles submitted to the journal will first undergo editorial review to ascertain consistency with the scope, research interests and conformity with the basic guidelines before a double blind review of the manuscript by two relevant reviewers. To avoid unnecessary delays, it is important that authors comply with the guidelines before submitting their articles. Accepted papers are published in the next issue after receiving a satisfactory correction report from the authors. Articles generally follow the following order:

## **Title page**

*Title:* must be brief up to a maximum of 25 words and informative enough for effective retrieval using information query systems. Abbreviations are to be avoided as much as possible.

*Author details:* affiliation addresses of the authors are presented below the author names with lower-case superscript letters immediately after the name of the author. The lower case superscript letters are included in front of the respective author address. Essential author affiliation information includes name of institution, postal address and the e-mail address of each author. Details of the author responsible for correspondence must be indicated together with their phone number, fax number and a full postal address including country name.

If an author changes affiliations after the study, this may be indicated using an Arabic numeral footnote denoting the 'Present address. However, the address where the study was conducted remains as the main affiliation.

## **Abstract**

An abstract of between 200 and 250 words is included in original and review articles as well as short communications. The abstracts give brief background/problem statement followed by methodology and key results before conclusions and recommendations. Abstracts must be informative, self-explanatory and contain no references.

## **Key words**

A minimum of three and maximum of five key words is provided at the bottom of the abstract in short communication, reviews and original articles. General and plural terms and multiple concepts should be avoided.

## **Introduction**

This section includes important up to date background information articulating past research findings around the current problem as well as justification of the research.

## **Materials and methods**

The section provides adequate overview of the study design and detailed descriptions of materials or participants, types and methods of analysis. Well-developed procedures accessible in literature are just cited unless modifications require briefing. Authors describe this section in simple understandable language that can easily be repeated by a different researcher.

## **Results and discussion**

The results section should provide complete details of the experiment that are required to support the conclusion of the study. The results should be written in the past tense when describing findings in the authors' experiments. Previously published findings should be written in the past/present tense. Results and discussion may either be written as combined or separate sections.

## **Figures and tables and illustrations**

Figures and tables are placed in text immediately after their mention, accompanied with proper legend and titles. Authors should ensure that figures, tables and any other illustrations are self-explanatory. Definitions of any abbreviations that appear on the figure or table must be provided.

## **Conclusion**

The authors must ensure that conclusions emerge from the results of the research and are based on the specific objective (s) under study.

### **Note:**

All Latin, Greek or other foreign words must appear as italics, e.g. *in vitro*, *per se*, *et al.* The abbreviations i.e. and e.g. do not require italics. Use the automatic page numbering function to number the pages.

## **References**

Citing in the narrative/text is in form of square bracketed numbers, e.g. [1] following the order in which the references appear. All cited references must be listed at the end of the article. The details depend on type of source, that is, journals, published books, among others. The page numbers for cited articles must be stated as a range, e.g., 150-175; for books, names of editors and of publishers and cities where they are located are also stated.

Examples:

The stability of the product will depend on its nature, type of oil used and storage duration [1].

## **Article/Chapter in a book**

Wamoli B. B. (2010). The potato in the human diet [title of chapter or section]. In: [title of the book]. Eds names of editors; first name initialed followed by names, name of publisher, the that of the city where located and finally after a full colon- page range:150-175.

### **Articles from journals**

Ali, A. and Javad, L. (2007). Study on variation of potato varieties using electrophoretic tuber storage proteins. Pak. J. Biol. Sci. 10: 3195-3199.

Aminlari, M., Ramezani, R. and Khalili, M.H. (2005). Production of Protein-Coated Low-Fat Potato Chips. Food Sci. and Technol. Int. 11: 177-181. The same goes for online journals.

### **Note:**

Only published or accepted manuscripts are be included in the reference list. Meetings abstracts, conference talks, or papers that have been submitted but not yet accepted are not be cited. Personal observations and unpublished works are just cited as ‘unpublished work’ in text and not are listed under references.

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### **Processing fees**

A processing fee of USD 150 or equivalent in Kenya Shillings is charged for articles that are accepted for publication.

### **Ethical Clearance**

Authors must submit, with the article, evidence of ethical clearance for research involving human subjects and any other that requires such clearance.

### **Acknowledgement**

Authors are required to acknowledge specific funding agencies, sources of any other support that is received and study communities.

