

Taking People with You

Summary

One has to recognize the value not only of one's own colleagues but also of people at all levels of the mental healthcare system. This means regarding the patient, family, community, other healthcare workers, government and all other stakeholders as part of a large treatment model. Empowerment is one of the greatest drivers of performance for any team member. Once team members are empowered, they are motivated to perform and deliver beyond expectation. Team management and leadership are the most critical ingredients of a successful mental health system. This partly involves developing good relationships with the team. The fact that mental health professionals are scarce makes them not only marketable professionals but also often indispensable. Many non-governmental organizations (NGOs) created to improve mental health mobilize resources from different parts of the world in order to fulfill their objectives. These NGOs seek the collaboration of reputable institutions that provide mental healthcare.