

**Studies in the epidemiology  
and control of Echinococcus  
granulosus in Kenya**

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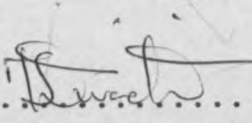
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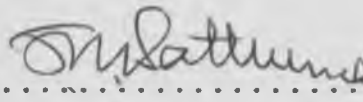
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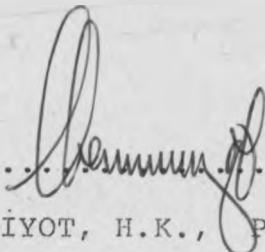
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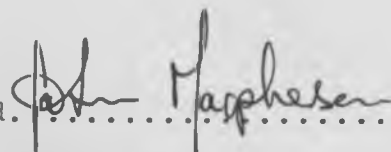
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To

My beloved wife Njeri

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## ABSTRACT

Hydatid disease (hydatidosis, echinococcosis) caused by the larval stage of the taeniid, *Echinococcus granulosus* (Batsch, 1786), is a cyclozoonosis of major medical and veterinary importance in most countries of the world. In nature, the disease is primarily transmitted between wild carnivores and herbivores, but of importance to man is the domestic cycle which involves dogs and domestic livestock.

Control of the disease has been instituted in more than twelve countries. In Kenya, a pilot control programme began in 1983 in the northwestern part of Turkana district, a region with the highest known incidence of human hydatidosis in the world. However, a number of areas in the epidemiology, biology, transmission and stability of the parasite in Kenya were still unclear and yet were important for effective control of the disease. The present study was therefore, initiated in an effort to bridge the gaps in the epidemiology of *E. granulosus* in Kenya, leading to a more strategic and effective control programme against the parasite in the country.

Included in the objectives of the study, were investigations in the prepatent period and the existence and extent of *E. granulosus* strains in Kenya, the infection pressure of the parasite to dogs and hence to humans, the number, survival and release of *E. granulosus* eggs in the environment. The application of regulated release encapsulated praziquantel in



the mass dog dosing programme, in the control of the disease in Kenya and the effect of drought on the prevalence and intensity of *E. granulosus* infections in dogs, were also evaluated.

In an attempt to characterize *E. granulosus* in Kenya, the rate of development of the parasite from human and domestic hosts in experimentally infected dogs, was studied at days 14, 17, 21, 26, 35 and 42 post infection. Worms of different intermediate host origin harvested at day 35 post infection, were also compared morphologically among themselves and with worms of similar infection age from Australia, Britain, Canada, Switzerland and South Africa. In addition, Sau 96 I digest fragments of DNA material, extracted from protoscoleces obtained from hydatid cysts of goat, sheep, cattle, human and camel origin were compared. The DNA fragments were separated on horizontal gel electrophoresis.

Two strains of the Kenyan parasite were identified, one infecting cattle, sheep, man and goat, while the other which occurred less frequently, infecting goat and camel. The strains were differentiated by electrophoretic separation of DNA material after a complete restriction endonuclease digestion. The results thus obtained were similar to those reported from isoenzyme profiles of parasite material of similar origin (Macpherson and McManus, 1982). The strains were found to be developmentally and morphologically similar. However, the rate of development of the parasite was shown to be faster in Turkana dogs than, in Nairobi dogs. The Kenyan parasite was found to closely resemble *E. g.*

*granulosus* (Verster, 1965) from South Africa, both in morphology and rate of development, but significantly different from the widespread domestic sheep/dog strain (Thompson and Lymbery, 1988). *E. granulosus* in Turkana dogs was shown to have short prepatent period comparable to *E. granulosus* of cattle/dog cycle both from South Africa and Switzerland.

The incidence of echinococcosis in praziquantel treated and untreated dogs in the hydatid pilot control area, was investigated over a period of four years (1984 - 1988) using autopsy and arecoline hydrobromide purge methods. Purging of dogs with arecoline hydrobromide as a method of diagnosis of tapeworm infections, was found to be ten times less sensitive compared to autopsy. Of 58 undosed dogs killed and autopsied, 63.8% were found infected with *E. granulosus*, an infection level similar to that recorded in the same area, in the previous four years. However, significant increase in *E. granulosus* infection intensity in dogs was shown to have occurred at the end of 1978/82 drought in Turkana. The natural infection rate in dosed dogs was found to increase with time and reverted to pre-control level by six months. *Taenia hydatigena* was shown to be the only other commonly found dog taeniid in Turkana.

The number of *E. granulosus* eggs in undetached and detached segments in infected dogs was counted and compared in heavy, medium and light infections. Survival of the eggs in

different Turkana and Nairobi environments was also studied. It was found that the average number of eggs in *E. granulosus* gravid segment was 825; this was not dependent on the intensity of infection. The majority of the eggs (70%) were released in the host gut, and contrary to earlier reports, proglottid movements outside the definitive host were found to have no significant role in egg dispersal under the Turkana environment. *E. granulosus* eggs lost viability in less than three hours in the open ground heat in Turkana, but survived for three days in the shade and for more than two weeks in water. In contrast the taeniid eggs survived for more than four weeks in the shade in Nairobi.

In an effort to find an effective treatment that would provide prolonged protection against *E. granulosus* reinfection in dogs, an experiment was carried out to test the application of controlled release glass encapsulated praziquantel in dogs infected with *Taenia hydatigena*. Four weeks following capsule implantations, seven of eight experimental dogs were found on autopsy to have been cleared of the tapeworm infections, while control dogs were still infected. No side effects were observed.

The results of the present study had a number of implications on the hydatid control programme in Kenya. *T. hydatigena*, being the only other common dog taeniid in Turkana and having a similar life cycle to *E. granulosus*, will be of value to the education programme as it can serve as an indicator of dogs having been fed on raw offal. In addition the large size of the *T. hydatigena* parasite would help the people to

appreciate it better than the small *E. granulosus* tapeworm.

Surveillance using arecoline hydrobromide is not a reliable technique, as often dogs fail to purge and when they do, occasionally the worms are not expelled and young or light infections can be missed. It is also a cumbersome method and presents a greater risk of infection to personnel. Although autopsy was found to be a highly sensitive method of diagnosis of *E. granulosus* in dogs, it has limited use as a surveillance technique in a hydatid control programme. Development of a safe and appropriate diagnostic method, therefore, requires further research.

From studies of the prepatent period of the parasite, it was shown that gravid segments were shed by dogs less than six weeks following infection. In addition the infection pressure to dogs was shown to be high. Therefore, to reduce transmission as much as possible between dogs and the intermediate hosts, the dosing interval ought to be reduced to every five weeks. The need for this was found to be more critical towards the end of a drought when infection pressure is thought to be highest. With about 200 dogs spread over 9,000 sq. km., this would be an expensive exercise and the long term answer, therefore, lies in the intensification of the education programme, teaching people not to feed cysts to dogs and the basic elements of hygiene that will reduce the currently exceptionally high level of man-dog contact.

The field application of the controlled release glass encapsulated praziquantel would be of great value to the control programme. Further studies are needed in the development of the capsules of varied digestibilities in dogs which would allow for a prolonged dosing interval.

## Chapter 1

### GENERAL INTRODUCTION

#### 1.1 PREAMBLE AND AIMS

Hydatid disease (hydatidosis, echinococcosis) caused by the larval stage of the taeniid, *Echinococcus granulosus* (Batsch, 1786), is a cyclozoonosis of world wide distribution (Matossian et al., 1977). In nature the disease is primarily transmitted between wild carnivores and herbivores, but of importance to man is the domestic cycle which involves domestic dog and livestock.

The definitive host of the parasite, which is invariably a carnivore, becomes infected by ingesting larvae (protoscoleces) which are asexually produced in a hydatid cyst. Each protoscolex is capable of developing into a sexually mature worm in the small intestine of a definitive host, where it produces thousands of eggs. The eggs are released in the faeces of the definitive host. Intermediate hosts which include various ungulates, primates and marsupials are infected through ingestion of viable eggs of the parasite. The eggs hatch in the intestine of the intermediate host, each releasing a single embryo (oncosphere) which penetrates the intestinal wall and enters the circulatory system. Although oncospheres may localize and develop in any tissue, this usually takes place in the

liver and/or the lungs. Each oncosphere develops into a hydatid cyst.

Hydatidosis is of particular importance to man due to lack of an effective chemotherapeutic treatment of infected individuals. Surgery is presently the main form of treatment in man but, it often results in a poor prognosis. The disease is widely distributed in Kenya, both in man and livestock but, it shows marked regional variation (Macpherson, 1981, Wamae and Cheruiyot, 1983). The economic importance of hydatid disease in Kenya, attributed mainly to the condemnation of livers at slaughter, is shown by the high prevalence of the disease reported in domestic livestock (Mango, 1971; Eugster, 1978; Macpherson, 1981; Cheruiyot, 1983).

Human hydatidosis in Kenya, is endemic in Turkana district and to some extent in Maasailand (Eugster, 1978; Macpherson, 1981). Following a number of reports on the high incidence of human hydatid infections among the Turkana people (Wray, 1958; Schwabe, 1969; Rottcher, 1973; Irvin, 1974; O'Leary, 1976), a Hydatid Research Unit, charged with the responsibility of finding out more about the disease in Turkana and eventually leading to a control programme, was established by the Africa Medical and Research Foundation (AMREF) in 1976 (AMREF 1977). Thus in the period between 1977 and 1982, a considerable amount of information was accumulated and formed the subject of many publications on the human distribution of the disease (French and Nelson, 1982) and hypotheses to account for the remarkably high

prevalence of the disease in man (French et al., 1982), the role of man (Macpherson, 1983), wildlife (Macpherson et al., 1983), dogs (Macpherson et al., 1985) and livestock (Macpherson, 1981) in maintaining the life cycle of the parasite in Turkana. The biology of the parasite (Macpherson and McManus, 1982; McManus, 1981; Macpherson and Smyth, 1985) and possible mode of its transmission in Turkana (Stevenson and Macpherson, 1982) were also studied. With this information, options for control strategies were critically evaluated (Macpherson et al., 1984b), and in 1983 a pilot hydatid control programme was started by AMREF in conjunction with the Kenya Ministry of Health in the northwestern Turkana, a region with the highest prevalence of the disease (Macpherson et al., 1984a).

A number of gaps, however, remained in our knowledge of the epidemiology of the parasite in Turkana. The knowledge is essential for effective control of the disease; this formed the basis of the present study. Areas needing investigation included the study of possible strain variation, natural infection pressure to dogs and prepatent period. The source of infection to man with hydatid disease was also not clearly understood. Although an effective chemotherapeutic treatment against *E. granulosus* in dogs was available and being used in the control programme, the drug (praziquantel, Droncit<sup>R</sup>, Bayer, West Germany) provides no protection against reinfection. There was therefore a need for development of a sustained release formulation of praziquantel, or a vaccine which would provide prolonged protection against reinfection with *E. granulosus*.



## 1.2 AREA OF STUDY

The study was carried out in Turkana district of Kenya (Fig. 1.1) but as *E. granulosus* is distributed in various regions of the country, collection of the parasite material was not restricted to the district.

Turkana district which lies between climatic zones five and six, is a semi-desert with seasonal grass cover and scattered dwarf shrubs (Survey of Kenya, 1970). Large shrubs may be seen along the common dry river beds found in the region. The mean annual rainfall is 300 - 600 mm (Survey of Kenya, 1970) but greatly varies from year to year, with droughts occurring every ten years or so (Appendix 1.1). The region has maximum annual mean temperature range of 30°C - 34°C and a minimum of 18°C - 22°C (Survey of Kenya, 1970).

Turkana people, who inhabit the land, have a nomadic life style. They move from one region to the other, depending on season and availability of pasture for their livestock. They herd cattle, camels, sheep and goats. They also keep donkeys for transport. Dogs in Turkana are kept mainly for guarding against intruders and as "nurse dogs", cleaning up babies' vomit or faeces (French *et al.*, 1982). The small Turkana breed of dog is found throughout the district, north western Uganda and southern Sudan (French *et al.*, 1982; Macpherson *et al.*, 1985).

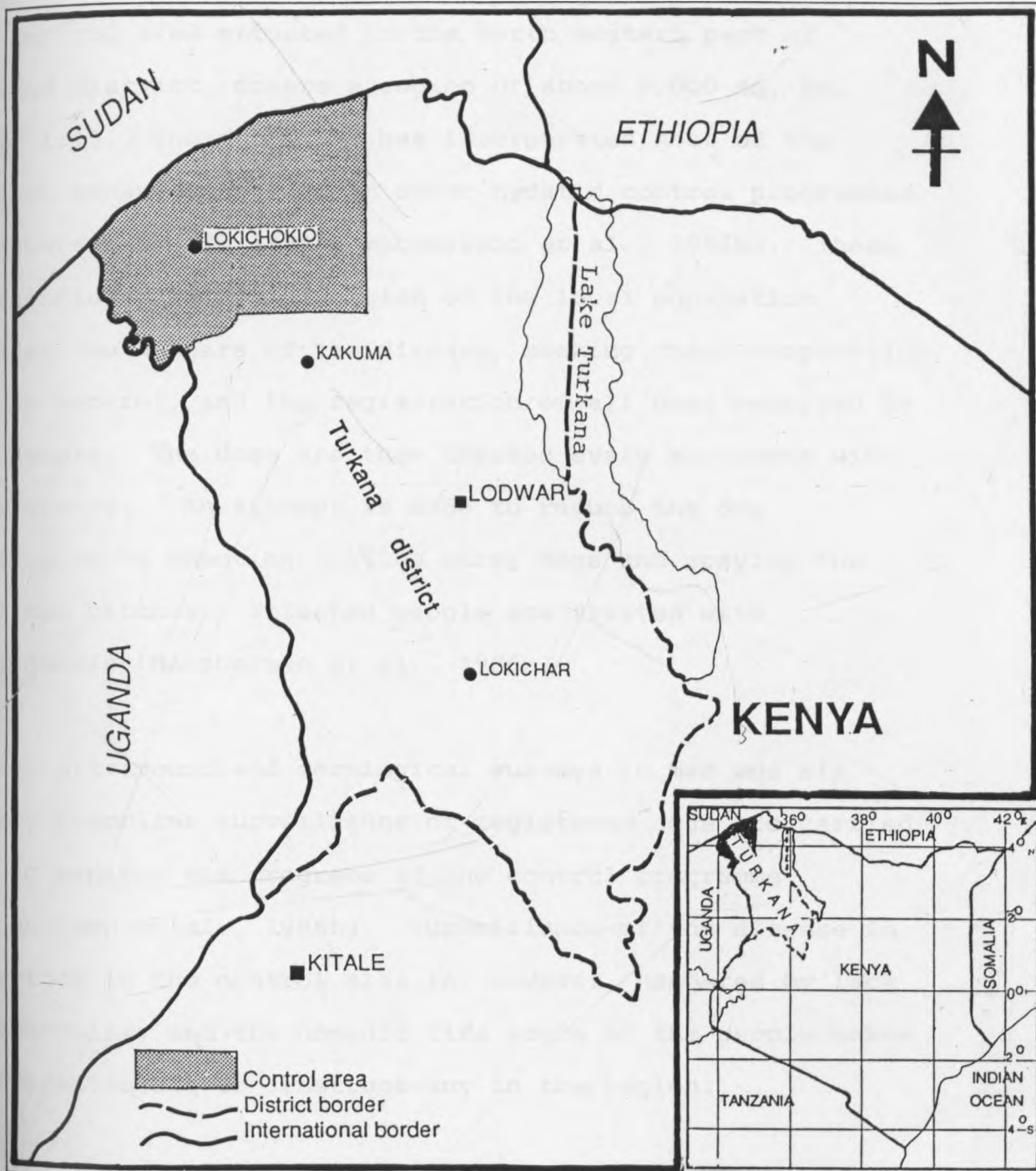


FIGURE 1.1

Map of Turkana District of Kenya showing the hydatid control area

### 1.3 The Turkana pilot hydatid control programme

The control area situated in the north western part of Turkana district, covers a region of about 9,000 sq. km. (Fig. 1.1). The programme has incorporated most of the control measures applied in other hydatid control programmes (Macpherson *et al.* 1984b; Macpherson *et al.*, 1986b). These have included mainly education of the local population against the dangers of the disease, seeking their cooperation in the control, and the registration of all dogs required by the people. The dogs are then treated every six weeks with praziquantel. An attempt is made to reduce the dog population by shooting all the stray dogs and spaying the required bitches. Infected people are treated with albendazole (Macpherson *et al.*, 1986b).

Annual ultrasound and serological surveys in man and six weekly arecoline surveillance of registered dogs are carried out to monitor the progress of the control programme (Macpherson *et al.*, 1986b). Surveillance of the disease in livestock in the control area is, however, hampered by lack of abattoirs, and the nomadic life style of the people makes it impracticable to construct any in the region.

## Chapter 2

### LITERATURE REVIEW

#### 2.1 BRIEF HISTORY OF *ECHINOCOCCUS*

The existence and medical importance of unilocular hydatid disease has been known since the earliest times. Hippocrates (B.C. 460 - 379), in his aphorism section VII, makes a reference to the disease thus, "when the liver is filled with water and bursts into the epiploon, in this case the belly is filled with water and the patient dies" (Leuckart, 1886; Dew, 1928). References to hydatids are also found in the works of Aretaeus (A.D. 7-79), Galen (A.D. 139-200), and Rhazes (A.D. 860-932), who regarded them as manifestations of degenerated glands, collections of pus or mucus, and even distended lymph nodes (cited by Thomas, 1894). Redi, in 1684 (Castellani and Chalmers, 1919), was the first to recognize that hydatid cysts were of animal origin, but it was Tyson (1650 - 1708, cited by Dew, 1928) who studied and gave a detailed account of the parasitic nature of the hydatids. Later in 1782, Goeze (Kuchenmeister, 1857; Leuckart, 1886) gave the morphological description of the hydatid cyst and identified protoscoleces as *Taenia visceralis socialis granulosa*. He showed that hydatid cysts were different from other well known cysticerci of animals. In 1786, Batsch independently described and identified the hydatid cysts in sheep as *Hydatigena granulosa* but in 1800, Zedder (cited by Kuchenmeister, 1857) placed it under the genus *Polycephalus*.

A year later, Rudolphi (1801, cited by Leuckart, 1886) in his work of anatomical appearance of hydatid cysts, separated it from the genus *Polycephalus* and erected a new genus wherein it was designated *Echinococcus granulosus*.

The adult *E. granulosus* worms were for the first time observed in a naturally infected dog by Hartmannus in 1694, (Braun, 1894) and although Pallas, in 1767 (cited by Castellani and Chalmer, 1919), had demonstrated the resemblance of protoscolexes to the adult tapeworm, the theory of spontaneous generation was still upheld by renowned workers like Rudolphi (1808). Kuchenmeister [1851], by feeding dogs with various cysticerci found in sheep, proved that it was these cystic forms of parasites that gave rise to "taenia" in the intestinal canals of dogs. This paved the way for Sielbold (1853) who showed for the first time that hydatid cysts fed to dogs gave rise to a three segmented adult cestode with two rows of hooks in the scolex. The life cycle of the hydatid parasite was finally completed by Haubner (1855, cited by Kuchenmeister, 1857) when he demonstrated the development of hydatid cysts in a domestic pig orally fed with eggs of *E. granulosus*.

In 1863, Leuckart gave a detailed description of the multilocular hydatid cyst, differentiating it from the unilocular form caused by *E. granulosus* and designated it a new species, *E. multilocularis* Leuckart 1863 (Leuckart, 1886). Meanwhile, Deising, in 1863, described worms collected by Natterer from a puma (*Felis concolor*) in Brazil, as *Taenia crassicollis* which were later designated *Taenia*

nana by Van Beneden in 1850 (Leuckart, 1886) and lastly *E. oligarthrus* Diesing 1863 by Luhe (1910).

Since then 13 more species in the genus *Echinococcus* have been described (Reviewed by Kumaratilake and Thompson, 1982) and speciation within this genus has been surrounded by a lot of controversy which has formed the subject of a number of reviews over the years (Cameron, 1926; Rausch, 1953; Vogel, 1957; Rausch and Nelson, 1963; Sweatman and Williams, 1963a; Smyth and Smyth, 1964; Rausch, 1967a; Rausch and Bernstein, 1972; D'Alessandro et al., 1979; Krotov, 1979; Kumaratilake and Thompson, 1982; Thompson and Lymbery, 1988). Of the thirteen species, *E. granulosus*, *E. multilocularis*, *E. vogeli*, and *E. oligarthrus* are now generally accepted as the only taxonomically valid species within the genus *Echinococcus* (WHO, 1982).

## 2.2 GLOBAL DISTRIBUTION OF *E. GRANULOSUS* WITH SPECIAL EMPHASIS TO AFRICA

Two biological forms of *E. granulosus* have been recognized on the basis of host specificity in the larval stage; the Northern form and the European form (Rausch, 1967b; 1986; Wilson et al., 1968). The distribution of the Northern form is limited by the hosts (wolf, elk, reindeer, mule-deer and red-deer) to the tundra and taiga zones. The two forms overlap on the southern limits of the boreal forest but in North America, they remain geographically separate. The European form (herein after referred to only as *E.*

*granulosus*) whose cycle involves mostly the domestic dog and domestic ungulates as final and intermediate hosts respectively, is widespread.

The global distribution of *E. granulosus* has been on the increase since the turn of the century. A review by Dew in 1928 indicated a very limited distribution covering Australia, Argentina, New Zealand, north and southern tips of Africa, Iceland, central Europe and the Middle East. The parasite was considered to have been very rare or non-existent in the rest of the world. Forty years later, the parasite had been reported in many of hitherto free countries (Schantz and Schwabe, 1969; Matossian, et al., 1977) resulting in a world wide distribution of the parasite. This probably reflects better diagnosis, research and reporting on the disease, rather than a real increase on the disease incidence and distribution. China is a good case in point, of a country where for a long time the disease was thought to be non-existent (Dew, 1928) but recently shown to harbour high infection rates of the parasite both in man and animals (Kan, 1966; Pu-Sheng and Liang-Ru, 1985).

### 2.2.1 Europe and the Americas

Virtually every country in Europe has reported the presence of the parasite and hydatidosis is considered to be of endemic nature in the Soviet Union (Asadov, 1960), Bulgaria, southern France, Italy, Greece, Portugal, Rumania, Sicily, Spain and Yugoslavia (Gemmell, 1960; Wittenberg, 1964;

Matossian, et al., 1977). Equine hydatidosis in Britain has also been reported to be on the increase (Thompson and Smyth, 1975). Identification of transmission foci of *E. granulosus* infections in California, reported by Sawyer et al., (1969) indicated for the first time that classical dog-sheep transmission cycle occurred in the United States, and further studies revealed the widespread nature of the disease in that country (Schantz and Schwabe, 1969). Unilocular hydatidosis is of low and sporadic occurrence in central American countries (Williams et al., 1971). This is not true of the South American countries, as some of the highest prevalences of the disease are found in this region of the world. Hydatidosis is hyperendemic in Argentina, southern Brazil, Chile, Uruguay and Peru (Williams et al., 1971; Schantz, 1972; Matossian et al., 1977).

### 2.2.2 Asia

Hydatidosis is endemic in most of the Asian countries (Matossian et al., 1977), including Bangladesh (Shamsul Islam, 1979) and China (Kan, 1966; Pu-Sheng and Liang-Ru, 1985), where the disease was previously thought to be rare. In Saudi Arabia, Japan, Indonesia, Malaysia, Sabah and Sarawak, only occasional cases have been observed and hydatidosis is not considered to be a major health problem (Matossian et al., 1977). The disease is very rare in the Philippines (Arambulo, 1974) and has not been reported from Oman (Matossian et al., 1977).



### 2.2.3 Australia and New Zealand

High prevalences of hydatidosis were previously reported from the sheep-raising areas of Australia and New Zealand (Dew, 1928). In 1891, the surgical cases in public hospitals indicated a hydatid infection rate of 6.9 per 100,000 persons per year, and infection prevalences of 42.4% and 37.3% were reported in sheep and dogs respectively in 1958 in New Zealand (Schantz and Schwabe, 1969). By 1970, however, the control programmes in New Zealand and Tasmania had drastically reduced the infection levels in the domestic dogs in those countries to about 1% (Arundel, 1972).

### 2.2.4 Africa

At the turn of the century, hydatid disease was thought to be limited to the northern and southern tips of Africa where the infection rate among sheep was estimated to be more than 20% (Dew, 1928). However, with the development of health services and research coupled with better systems of detection and reporting of the disease, hydatidosis is now established to be widespread in this continent.

Echinococcosis has not been recorded in Mauritius and information is lacking concerning its distribution in Burundi, Canary Islands, Gabon and Gambia (FAO.WHO.OIE, 1981). The occurrence and prevalence of this disease reported in dogs, man and domestic livestock from Africa, is as presented in Table 2.1.

Table 2.1

Occurrence and prevalence (%) of *Echinococcus* in man and domestic animals in Africa

Country	Man	Dog	Intermediate hosts					References
			Camel	Cattle	Sheep	Goat	Others	
Algeria		4-20		30.5	21.8			Senevet, 1951. Jore d'arces, 1953. Pampiglione 1965a.
	+++	10-40	42.1	5.4	14.3	21.2	pg hs	Larbaui et al., 1980. FAO.WHO.OIE, 1981.
Angola			R	R				Fayomi et al., 1987.
Benin	+							FAO.WHO.OIE, 1981.
Botswana			R	R				FAO.WHO.OIE, 1981.
Burkina Fasso				R	R			FAO.WHO.OIE, 1981.
Cameroon			R					FAO.WHO.OIE, 1981.
Cape Verde			R	R	R		pg	FAO.WHO.OIE, 1981.
Central Africa			37.5	1.1 (7465)	0.2 (5533)			Graber et al., 1969. Fourre and Imbert, 1965.
Chad	C	3.4 (117)						Troncy and Graber, 1969. Sirol and Lejevre, 1971. FAO.WHO.OIE, 1981.
Congo	3C			R				
Cote d'Ivoire				2.3 (520)				Mishra and N'Depo, 1978. Schmidt et al., 1982.
Djibouti	4C C					R		Disy, 1975. FAO.WHO.OIE, 1981.
Egypt (upper Egypt)		2-10						Abdel Azim, 1938.
			31 (200)	10 (200)	1.5 (200)		pg	El-Kordy, 1946. Halawani, 1956.
(Abbasieh)		7.1 (28)	31	0.3	0.3			El-Garhy and selim, 1958
			30	10	5			Abdou, 1965.
(Cairo)		3.9 (570)	32.6 (288)					Moch et al., 1974.
			1.3 (2000)	0.1 (4000)	0.2 (5000)		pg	Sedik et al., 1977.
(Mansoura)		1.2 (85)						Abo-Shady, 1980.
			8 (1811)	0.3 (1114)	0.3 (2200)		pg	Hamdy et al., 1980.
(Cairo)			31.6 (155)					Abdel-Gawad et al., 1981.
(Dakahlia)		1.4 (289)						Abo-Shady et al., 1982.
(Dakahlia)	**	1.6 (510)	8.8 (204)	0.2 (991)	0.4 (236)			Hegazi et al., 1986.

Table 2.1 (contd.)

Country	Man	Dog	Intermediate hosts					References
			Camel	Cattle	Sheep	Goat	Others	
Equatorial Guinea				R				FAO.WHO.OIE, 1981.
Ethiopia			R	R	R			Daynes and Graber, 1974.
(south)	+++							Fuller and Fuller, 1981;
	42C							Lindtjourn et al., 1982;
(south)	+							(Macpherson personal communication)
Ghana	C							Schmidt et al., 1978.
					R			FAO.WHO.OIE, 1981.
Guinea	C							Schmidt et al., 1982.
	2C			R	R			Diallo and Ziarek, 1982.
Guinea Bissau					R			FAO.WHO.OIE, 1981.
Kenya				See table 1.2				
Lesotho					R	R		Fitzsimmons, 1971.
	C							Rubin, 1973.
Liberia				R	R			FAO.WHO.OIE, 1981.
Libya	+		29.1	13.9	33.4	18.1		Dar and Taguri, 1978.
	+++		(3134)	(18572)	(147212)	(5019)		Gebreel et al., 1983.
		27.2						El-Gusbi, 1985.
		(151)						El-Gusbi et al., 1985.
					7.9			
					(402)			
		11						
		(27)						
Madagascar				5	R	R		Packer and Ali, 1986.
	4C							Randriambelona, 1931.
	3C							Haddam et al., 1969.
	6C							Brygoo et al., 1971.
Malawi								Ribot and Coulanges, 1982.
				R				FAO.WHO.OIE, 1981.
Mali	C							Schmidt et al., 1982.
	C							Dembele and Sangore, 1974.
Mauritania				R	R			FAO.WHO.OIE, 1981.
				R	R			FAO.WHO.OIE, 1981.
Morocco			25	43	23	12		Barotte et Velu, 1925.
			44					Faure, 1949.
	****							Chenebault, 1950.
		6-19						Senevet, 1951.
		20						Sirol and Lejevre, 1971.
				43	2.3-80			Pandey, 1980.
				23.3				
				(2581)				Pandey, et al., 1985.
			80		38.5	7.7		
			(35)		(2246)	(510)		Pandey et al., 1986.
Mozambique	++			4.5	2.1		pg	Castro-Amoro, 1960.
		0		2.3				
		(643)		(13390)				Ferreira, 1980.

Table 2.1 (contd.)

Country	Man	Dog	Intermediate hosts					References
			Camel	Cattle	Sheep	Goat	Others	
Zambia				R	R	R	pg	Verster, 1962.
Niger				R	R			FAO.WHO.OIE, 1981.
	2C	0 (76)	22					Develoux et al., 1985b.
	5C							Develoux et al., 1985a.
Nigeria (north)			55.5	9.9	7.1	13.6		Dada, 1980a.
		2.4 (549)						Dada, 1980b.
(all regions)			0.1 (31782)	0.06 (1439437)	0.01 (308984)	0.03 (821625)	pg	Dada, 1980c.
(central)			57.5 (2539)	16 (3555)	20.9 (1177)	22.8 (1195)		Dada and Belino, 1979.
(Ibadan)		48 (102)						Ayanwale et al., 1982.
	3C							Schmidt, et al., 1982.
Re-Union					R			FAO.WHO.OIE, 1981.
Rwanda				R	R			FAO.WHO.OIE, 1981.
Senegal	2C							Schmidt et al., 1982.
	C							Diop et al., 1973.
				R	R			FAO.WHO.OIE, 1981.
Sierra Leone				R	R			Maistre et al., 1984.
		R						FAO.WHO.OIE, 1981.
								Hassan, 1982.
Somali	+		R	R		R		Kagan and Cahill, 1968.
(exported animals to Kuwait)			10.8 (37)	27.6 (765) 40.2 (881)				Behbehani and Hassounah, 1976.
Sudan		20	9 35.3 (51)	0.7				Hossounah and Behbehani, 1976.
								Siroi and rejevre, 1971.
		51 (49)						Sirol and rejevre, 1971.
	**							Saad, 1982.
								Saad and Magzoub, 1986. (Macpherson personal communication)
South Africa (Pretoria)		20 (25)						Ortlepp, 1934.
				0.7 (4.8m)	1.8 (12.9m)		pg	Verster, 1962.
				1.1 (1.7m)	0.9* (5.6m)		pg	Verster and collins, 1966.
(all regions)		0.9 (1063)						Verster, 1979.
	>60C							Macpherson, 1981.
Swaziland				10.8 (5886)				Mitchell, 1977.

Table 2.1 (contd.)

Country	Man	Dog	Intermediate hosts					References
			Camel	Cattle	Sheep	Goat	Others	
Tanzania Services, Tanganyika, 1924.				R	R			Department of veterinary
	C			R				Foley, 1944
				4.3 (12408)				Petrovic, 1975.
	C			R	R			Masaba et al., 1977. Sangwe, 1982.
Togo				R	R			FAO.WHO.OIE, 1981.
Tunisia		42.8	30					Deve, 1923.
			30					Cousi, 1951.
				8-86 30	7		pg	Menchari, 1965.
	++++				1-30			Sirol and Lejevre, 1971.
	++++	22		24.3 (1359)	5.2 (3903)	0 (2135)		Ben Rachid et al., 1984.
	++++							Jaiem, 1984.
	++++	22		17*				Mlika et al., 1984. Bchir et al., 1985.
	++++							Gharbi et al., 1985.
Uganda	C							Snell and Mukasa, 1948.
		R						Ministry of Animal Industry Game and Fisheries, Uganda, 1967.
				6.6				Mitchell, 1968.
				13 (11319)				Owor and Bitakaramire, 1975.
Western Sahara			R					FAO.WHO.OIE, 1981.
	C							Royer, 1950.
				0.1				Musonera et al., 1979.
	C							Lalloo et al., 1985.
Zambia	C							Patel, 1969.
				3.5				Ministry of Agriculture and Water Development, Lusaka. 1981
Zimbabwe	C							Holmgren et al., 1971.
				0.72				Chambers, 1978

+ incidence &lt;1/100,000

++ incidence between 1&amp;5/100,000

+++ incidence between 6&amp;10/100,000

++++ incidence &gt;10/100,000

\* goats included

(9) number of animals examined

pg infection in pigs

hs infection in horses

C case report

R reported to occur

datid disease in Africa is propagated primarily by a domestic cycle between the domestic dog and livestock. However, there is evidence of a wildlife cycle among the wild carnivores and herbivores, particularly the lion and warthog, buffalo and zebra (Verster, 1962; Verster and Collins, 1966; Mancy and Graber, 1969; Eugster, 1978; Dinnik and Sachs, 1972; Young, 1975; Graber and Thal, 1980; Ferreira, 1980; Macpherson et al., 1983; Macpherson, 1986) in Central, East and South Africa.

#### 2.4.1 North Africa (Morocco, Algeria, Tunisia, Libya)

In this region hydatidosis is limited to the agriculturally developed Mediterranean coastal areas where most of the human and livestock populations are concentrated (Ben Rachid et al., 1984). Among the main intermediate hosts (sheep, cattle and camel), high prevalence rates (10% - 90%) have been reported (Barotte and Velu, 1925; Faure, 1949; Jore d'Arces, 1953; Larbaui et al., 1980; Jaiem, 1984; Dar and Taguri, 1978). Other intermediate hosts reported include; goats, pigs and horses (Table 2.1).

Echinococcosis prevalence in dogs is high in all the four countries: Algeria, 10 - 40% (Pampiglione, 1965a); Morocco, 10% (Sirol and Lejevre, 1971); Tunisia, 22 - 42.8% (Deve, 1973; Jaiem, 1984; Bchir et al., 1985) and Libya, 11 - 27.18% (El-Gusbi, 1985; Packer, 1986). In Libya where infection intensity studies were carried out in dogs, heavy infections (> 1,000 worms) were found in 42% of the infected dogs (El-Gusbi, 1985). Despite the high influence of Islam in this

region, whose laws discourage the association of people with dogs, a large number of dogs are kept and tolerated in houses and at religious or marriage feasts (Dew, 1928; Ben Rachid et al., 1984; El-Gusbi, 1985). In Tunisia, Ben Rachid et al. (1984) reported a dog:man ratio of 1:6 which included pet, hunting and guard dogs. There are also many dogs which scavenge in the cities and around the improperly controlled slaughter places (Dew, 1928; Jore d'Arces, 1953; Pampiglione, 1965b; Ben Rachid et al., 1984; El-Gusbi, 1985). Although infections in jackals have been reported (Jore d'Arces, 1953) their role in the disease transmission is thought to be minimal (Ben Rachid et al., 1984).

The close human association with dogs seems to have given rise to the high human disease incidence in this area particularly in children. Gebreel et al. (1983) reported an infection rate of 10% among children and young adults near Benghazi in Libya, while Larbaui et al. (1980) gave an average incidence rate of 9/100,000 in Algeria. In Tunisia different workers have reported hydatid incidence rates of 10-30/10,000 people (Jaiem, 1984; Mlika et al., 1984; Ben Rachid et al., 1984; Bchir et al., 1985; Gharbi et al., 1985). Chenebault (1950) estimated the annual incidence of human hydatidosis in Morocco to be 50/100,000 people, but since then very little of human prevalence studies have been undertaken in that country.

#### 2.2.4.2 East Africa (Sudan, Ethiopia, Kenya, Uganda, Tanzania)

A recent mass ultrasound scanning prevalence survey undertaken among a number of pastoralist peoples of East Africa confirmed the hyperendemic state of the disease in this area. High prevalence rates were recorded among the people living in the region between latitude  $3^{\circ}$  -  $8^{\circ}$  north and  $38^{\circ}$  -  $37^{\circ}$  east, including the Turkana (2.1-5.6%) of northwestern Kenya, the Toposa (3.2%) of southern Sudan, the Nyangatom (2.2%), Hamar (0.5%) and Boran (1.8%) of southwestern Ethiopia (Macpherson, personal communication). Earlier reports had already shown this area to be a high prevalence focus of human hydatidosis (Schwabe, 1969; O'Leary, 1976). From hospital records, the disease incidence in Turkana district of Kenya was estimated to be the highest recorded incidence (40-96/100,000) of human hydatid disease in the world (Schwabe, 1969; O'Leary, 1976; French and Nelson, 1982). The disease was also reported to be high among Dassanetch, Nyangatom, Hamar (Fuller and Fuller, 1981) and Boran (Lindtjourn *et al.*, 1982) of southeastern Ethiopia, the Karamajong and Acholi of northeastern Uganda (Owor and Bitakiramire, 1975) and the Toposa and Lotuko of southern Sudan (Eisa *et al.*, 1962). Very little of the human disease has been recorded outside of this focus except among the Maasai of Kenya and Tanzania in whom Eugster (1978) found an incidence of the disease to be very low (1-2/100,000) compared to the Turkana. This was confirmed by the recent ultrasound survey which showed a low prevalence rate of 1.0% in the Tanzania Maasai (Macpherson, personal communication).



Infection rates ranging from 27% to 70% have been recorded in the domestic dog, the main definitive host in this region (Eisa et al., 1962; Nelson and Rausch; 1963; Eugster, 1978; Macpherson et al., 1985). The prevalence rate of hydatid disease among the main domestic intermediate hosts (camel, cattle, sheep, goat) is generally high (Eisa et al., 1962; Eugster, 1978; Owor and Bitakiramire, 1975) except in Turkana where prevalence rates of less than one percent have been recorded in goats and sheep (Macpherson, 1981). The distribution of the disease in this region and in particular Kenya, will be covered more fully later in the chapter.

#### 2.2.4.3 Egypt

In Egypt, the camel seems to be the most important intermediate host of *E. granulosus* where, on average, a prevalence rate of 22% (1.25% - 32%) has been reported (El-Kordy, 1946; Halawani, 1956; Abdou, 1965; Moch et al., 1974; Sedik et al., 1977; Hamdy et al., 1980; Abdel-Gawad et al., 1981; Hegazi et al., 1986). Infection rates among other intermediate hosts are much lower (Table 2.1).

Echinococcosis prevalence in the domestic dog, which is the only reported definitive host in Egypt, is also low, ranging between 1.2% and 10% (Abdel Azim, 1938; El Garhy and Selim, 1958; Moch et al., 1974; Abo-Shady, 1980; Abo-Shady et al., 1982; Hegazi et al., 1986).

Despite the endemic nature of the disease in Egypt, human

Infections are comparatively less common than in other north African countries (Madden, 1909; Cahill et al., 1965; Matossian et al., 1977)

#### 2.2.4.4 Nigeria

Hydatid disease is prevalent across the northern states of Nigeria including Sokoto, Kano and Kaduna, where 55% of camels, 7% of sheep, 13.6% of goats and 10% of cattle have been found infected (Dada, 1980a). Of 549 dogs examined in this region, 13 (2.4%) were infected with the parasite (Dada, 1980b). Very little disease is found in the south of the country, hence the reported low national prevalence rate of 1.34% in camels, 0.1% in cattle, 0.09% in sheep, 0.04% in goats and 0.12% in pigs (Dada, 1980c). Human cases of hydatid disease in Nigeria are very rare, and to date only four cases have been reported (Katchy, 1982; Schmidt et al., 1982).

#### 2.2.4.5 Somalia

Results of a seroepidemiological study carried out by Kagan and Cahill (1968) with sera from Somalia showed positive reactions for antibodies to hydatids in 31%, 50%, 67%, and 4.2% of camel, goat, cattle and human sera respectively. These results suggest that the disease is rare in humans, but widespread in livestock in the country. The presence of high infection rates of hydatidosis in camels (10%) and cattle (27-40%) exported to Kuwait from Somalia (Hassounah and

Behbehani, 1976; Behbehani and Hassounah, 1976) confirm the endemicity of the disease in the domestic intermediate hosts.

#### 2.2.4.6 Mozambique

Out of 13,390 cattle examined by Ferreira (1980) in Mozambique, 2.5% were infected with hydatid cysts but none of the 643 dogs examined had the adult parasite. Earlier, Castro-Amoro (1960) had reported the prevalence of the disease in Cattle (4.5%), sheep (2.1%) and pigs (1.5%), and estimated that there was a disease incidence of 2/100,000 of the human population.

#### 2.2.4.7 Madagascar

Randriambelona (1931) reported a hydatidosis incidence rate of 2.7% - 5% in cattle in Madagascar, but in their review, Ribot and Coulanges (1982) suggested that the disease prevalence in that country was quite low. They estimated the incidence of the disease in about six million animals to be about 12 cases per year and reported that from 1962 to 1982, there were only six human hydatid cases.

#### 2.2.4.8 Republic of South Africa

The prevalence of hydatid disease in South Africa is low and, although it varies in different regions, it is fairly distributed across the whole country. The highest prevalence in domestic livestock is found in the south-eastern region where 13.8%, 1.5%, 3.2% and 2.8% of cattle, sheep, goats and

pigs respectively are infected (Verster and Collins, 1966). The average prevalence for the whole country, however, is less than 2% in all the intermediate hosts (Verster, 1962; Verster and Collins, 1966). Ortlepp (1934) found a rather high incidence of echinococcosis in dogs (5/25) around Pretoria but later, Verster (1979) examined 1063 dogs from all the regions and showed that the countrywide prevalence was low (0.9%). Although infections in wild carnivores (Table 2.1) have been demonstrated, the domestic dog has been shown to be the main definitive host of the disease in South Africa (Verster and Collins, 1966). Human hydatidosis is uncommon in that country and, from the available information, only 43 cases have been reported to date since 1937 (Table 2.1), which is less than two cases per year.

#### 2.2.4.9 Swaziland

The only statistical data on hydatid disease available from Swaziland (Mitchell, 1977) suggests that the disease is endemic in animals. Mitchell (1977) reported 10.82% and 0.27% hydatid infections in lungs and livers, respectively from 5886 cattle obtained from different regions of that country.

#### 2.2.4.10 Other countries in Africa

Hydatidosis/echinococcosis in the rest of the continent has either not been investigated or the occurrence is very low (Table 2.1).

### 2.3 SPECIATION AND STRAIN VARIATION OF *E. GRANULOSUS* IN AFRICA

From the day Leuckart (1886) differentiated the multilocular form of hydatids from the unilocular form caused by *E. granulosus* and designated it a new species, *E. multilocularis* Leuckart 1863, the speciation of the genus *Echinococcus* has been a matter of controversy. The speciation was immediately refuted by a number of workers (Davaine, Eschricht, Creplin, Von Siebold, Diesing (Leuckart 1886)) spearheaded by Deve in this century (1934, 1939, 1940), believing that different forms of hydatid cysts represented different manifestations of the same parasite. Those who upheld the specific status of *E. multilocularis* included Rudolphi (1855, cited by Leuckart, 1886), Kuchenmeister (1857), Leuckart (1886), Huber (1881), Stirling and Verco (1907), Posselt (1936) and Vogel (1957).

Although Vogel (1957) confirmed the taxonomic status of *E. multilocularis* by completing the life cycle in the laboratory, the complexity of speciation within *Echinococcus* continued to increase as more species and subspecies of the genus were described. Sixteen species and thirteen subspecies have already been described from different parts of the world as have recently been reviewed by Kumaratilake and Thompson (1982).

Three of the species; *Echinococcus lycaontis* Ortlepp, 1934, *Echinococcus felidis* Ortlepp, 1937 and *Echinococcus ortleppi* Lopez-Neyra and Soler planas, 1943, were described from

Africa. Their taxonomic status was upheld by Rausch in 1953, but invalidated ten years later by Rausch and Nelson (1963) who found that the presumed differences fell within the normal morphological variation for *E. granulosus*. In addition, they argued that the then available knowledge on the host distribution for *E. felidis* was inadequate to justify specific status.

A major review of the South African *Echinococcus* species was undertaken by Verster (1965), comparing them to the type species from Germany. This was prompted by an unusually high hydatid cyst fertility in cattle and varied susceptibility of wild carnivores and the domestic cat to infestation with the adult worm. On morphological basis the invalidated species; *E. lycaontis*, *E. felidis* and *E. ortleppi* (Rausch and Nelson, 1963), were redesignated; *Echinococcus granulosus lycaontis*, (Ortlepp, 1934) *Echinococcus granulosus felidis* (Ortlepp, 1937) and *Echinococcus granulosus ortleppi* (Lopez-Neyra and Soler Planas, 1943) respectively (Verster, 1965). A "strain" of *E. granulosus* from South Africa which occurs between the domestic livestock and domestic dogs and jackals was also found to differ from the type specimen and to differentiate the two, the later was redesignated *Echinococcus granulosus granulosus* and the former *Echinococcus granulosus africanus* (Verster, 1965).

This was not the end of the matter, for in 1967a, Rausch re-examined the South African subspecies described by Verster (1965), and invalidated them on the grounds that there was no

vidence of ecological isolation or host specificity.

accumulating reports of wildlife infections however, seem to suggest the presence of an *Echinococcus* wildlife cycles in various parts of Africa, ecologically separate from the domestic cycle. *Echinococcus* infected lions and their prey, for example, warthog in Central Africa (Graber and Thal, 1980) and East Africa (Dinnik and Sachs, 1972; Eugster, 1978) and zebra in South Africa (Young, 1975) harbouring hydatid cysts, have been found in areas where domestic dogs and livestock are excluded. Macpherson (1986) has therefore rightly argued that the invalidation of the speciation *E. g. felidis* by Rausch (1967a) may no longer apply.

Rausch (1967a) insistence on the application of ecological segregation as a criterion in the designation of subspecies, was based on concepts derived from Mayr's (1963) definition of species as interbreeding populations of individuals. This definition does not seem to take into consideration organisms that are potentially self fertilizing and has been regarded inappropriate to cestodes (Jones et al., 1963). On the same basis, Beveridge (1974) found unacceptable the application of concepts drawn from this definition in the subspeciation of *Echinococcus*. Smyth and Smyth (1964) had already pointed out the complexity involved in attempting to systematically categorize the genus *Echinococcus* into well defined species or subspecies in view of its mode of reproduction which favours expression of mutants which in turn might lead to establishment of variants. They argued that the hermaphroditism of the adult parasite, coupled with the polyembryony of the larval stage gives *Echinococcus* the

potential to rapidly speciate without any need for geographical or ecological isolation.

Currently it is generally accepted that intraspecific variants exist within the genus *Echinococcus* (WHO, 1982; Kumaratilake and Thompson, 1982; Thompson and Lymbery, 1988). However, only four species; *E. granulosus*, *E. multilocularis*, *E. oligarthrus*, and *E. vogeli* are taxonomically accepted as valid and to avoid further taxonomic confusion the intraspecific variants are now designated as strains until their biological status is well established (Rausch and Bernstein, 1972; WHO, 1982; Kumaratilake and Thompson, 1982; Thompson, 1986).

Of the four taxonomically valid species, *E. granulosus* is the only species in the genus *Echinococcus* reported from Africa. Two separate reports of *E. multilocularis* in cattle from Mozambique (Ferreira, 1980) and in two Tunisian patients (Zitouna *et al.*, 1985) have been published but both appear to be mistaken forms of multicystic infections or multilocular cysts caused by *E. granulosus*. The metacestode of *E. multilocularis* is relatively host specific and infections are confined to rodents (Rausch, 1967b; Fay, 1973; WHO, 1982). Ferreira (1980) used the rate of growth of the parasite in dogs as an identification criterion but completely disregarded the various morphological features of the adult worm.



#### 1.4 CONTROL OF HYDATID DISEASE

An accurate and detailed description of the life cycle of *Echinococcus veterinorum* (*E. granulosus*) was first given by Siedbold (1853). The description made it theoretically apparent that control of unilocular hydatidosis was a simple matter involving interruption of transmission by preventing dogs from eating raw viscera from infected intermediate hosts. Ten years later, the first hydatid control programme began in Iceland where one in every six persons were estimated to harbour a hydatid cyst (Schantz and Schwabe, 1969). Other hydatid control programmes have since been started in Argentina, Bulgaria, Cyprus, the Falkland Islands, Greece, Peru, Spain, Sardinia, Yugoslavia, Uruguay, USSR, Tasmania, New Zealand (Gemmell, 1979; Gemmell and Lawson, 1986), and recently Kenya (Macpherson *et al.*, 1984a). Control measures against the disease are also being instituted in Tunisia (Zarrouk, 1986).

Although eradication of hydatid disease is theoretically simple, it took a century for the disease to be eradicated from Iceland, and it is now clearly understood that socio-cultural, economic and technical factors make the implementation of control measures difficult. The success of the hydatid eradication campaign in Iceland is mainly attributed to the then nearly 100% literacy rate (Gemmell, 1978). A pamphlet on the nature, cause and prevention of the disease, which was published and distributed to every family in Iceland, was widely read, especially during the long

winter months (Schantz and Schwabe, 1969).

It is now appreciated that control of hydatid disease is a problem of people rather than merely one of dogs and domestic animals. Epidemiological research over the past thirty years has enhanced knowledge of the dynamics of transmission and the methods required for its control, which have formed the subject of a number of reviews (Gemmell, 1978; 1979; Lawson and Gemmell, 1983; Gemmell and Lawson, 1986). Two main hydatid control measures are now recognized, which include the prevention of dogs gaining access to raw offal and reduction of the parasite biomass, either by reducing the dog population or by mass dog treatment (Gemmell, 1979).

However, emphasis on each control measure and methods adopted in the implementation by hydatid control authorities in different countries have tended to differ with the varying facilities, financial constraints, literacy level and other conditions that exist in each country (Gemmell, 1979). Both New Zealand and Tasmania hydatid control programmes gave special emphasis to community involvement in the prevention of dogs gaining access to raw offal and encouraged the building of effective offal disposal systems (Schantz and Schwabe, 1969). In Uruguay and Cyprus on the other hand, it was found necessary to reduce the dog population to achieve control of the disease (Polydorou, 1980; Gemmell and Lawson, 1986). Similar success was achieved in Chile and the Falkland Islands, but using six weekly mass dog treatment with the newly introduced, highly effective drug, praziquantel (Gemmell and Lawson, 1986).

Control measures, including surveillance techniques adopted by different hydatid control authorities in different countries, have extensively been reviewed by Gemmell (1979) and Gemmell and Lawson (1986). The available hydatid disease surveillance methods are reviewed later in this chapter (section, 2.5.8).

## 2.5 EPIDEMIOLOGY OF *E. GRANULOSUS* IN KENYA

Hydatidosis is a cyclozoonosis of major economic and public health importance in Kenya. The disease is endemic in the Turkana district and Maasailand where it affects both man and domestic animals. Infected wild animals have also been reported particularly in Maasailand where a wildlife cycle is suspected to operate (Macpherson et al., 1983)

### 2.5.1 Hydatidosis in domestic livestock

The occurrence of hydatidosis in Kenya was reported first in camels (Leese, 1915) and later in sheep (Walker, 1925), cattle (Daubney, 1926) and pigs (Hudson, 1934), but statistical data on the disease was not available until twenty years later following the improvement of meat inspection standards in the country. Three years after the construction of a meat export abattoir (Kenya Meat Commission) at Athi River in 1953, Ginsberg (1956) reported a high prevalence of hydatidosis in cattle (17-46%), sheep (17-

3%) and goats (15-18%). This was confirmed later by other workers (Appendix 2.1) (Froyd, 1960a,b; Mango, 1971; Ng'ang'a, 1974, Eugster, 1978; Macpherson, 1981; Chéruiyot, 1983).

Until 1981, the prevalence of hydatid disease in domestic livestock was generally accepted to be high and widespread in Kenya. However, a study conducted in Turkana district reported low prevalence of the disease in cattle (10%) and more so in sheep (1.6%) and goats (0.8%) (Macpherson, 1981). It is now established that Maasailand and to a lesser extent Turkana district are the two regions in Kenya where livestock hydatidosis is endemic (Eugster, 1978; Macpherson, 1981; Macpherson, 1985).

In Kenya, cattle have been shown to be a poor host of *E. granulosus* as most of the cysts are found to be either sterile (70%) or calcified (20%) (Eugster, 1978, Macpherson, 1985). Larvae from the fertile cysts are usually in poor conditions and seem to be of low infectivity to dogs (Macpherson *et al.*, 1985). The low fertility rate (<15%) in cattle hydatid cysts, is a phenomenon which has been observed in other countries including; Egypt (El-Kordy, 1946), Italy (Blocca and Massi, 1952), Argentina (Mendy, 1975), Great Britain (Thompson, 1977), Nigeria (Dada, 1980a), Iraq (Mahmoud and Al-Janabi, 1981), Chile (Gonzalez *et al.*, 1981), Bangladesh (Islam, 1982) and Australia (Durie and Riek, 1952; Gemmell, 1960). However, in Belgium (De Rycke, 1968), South Africa (Verster, 1962), Sri Lanka (Dissanaike, 1957), Central Sudan (El-Badawi *et al.*, 1979) and Switzerland (Thompson *et*

l., 1984), fertility rates ranging from 66%-97% have been reported in cattle hydatid cysts. Available evidence seems to suggest the presence of a different strain of *E. granulosus* in these countries where cattle play a principle role as an intermediate host (Verster, 1965; Thompson et al., 1984).

Camels in Kenya are found in the dry northern region of the country, but camel hydatidosis has only been reported from the Turkana where a high prevalence rate of 80% was recorded (Macpherson, 1981). The other major group of people in Kenya who keep camels, are the Somalis who also live across the border in the Republic of Somalia where camel hydatidosis is prevalent (Hassounah and Behbehani, 1976). Camels in Turkana are mostly kept for milk and blood and are slaughtered at a more advanced age than other slaughter stock. This has been suggested to be the contributing factor leading to the high prevalence rate of the disease in these animals (Hamdy, et al., 1980) as is also observed in Egypt, Morocco and Tunisia (Table, 2.1). Camels therefore appear to play a major role in the perpetuation of *E. granulosus* cycle not only in Turkana but also in the North African countries.

In most parts of the world, sheep has been found to be the main intermediate host for *E. granulosus* (Gemmell, 1960; Schantz and Schwabe, 1969). Hydatid cysts from these animals are usually in good condition with high fertility rates. In Kenya, protoscoleces from sheep and goat cysts have been shown to readily infect experimental dogs (Macpherson et al.,

1985). Due to their size and high turnover rate, sheep and goat form the main part of home slaughter among the Maasai and Turkana people thus providing dogs with greater opportunity of gaining access to infected offal. Therefore, despite the low prevalence of the disease in the smaller stock in Turkana, they appear to be the main intermediate hosts of the domestic cycle for the parasite in Kenya.

#### 5.2 Echinococcosis in domestic dog (*Canis familiaris*)

The existence of the hydatid parasite has been recognized in Kenya since 1915 when it was for the first time reported from camel (Leese, 1915). However, the definitive host remained unclear for more than forty years following reports of hydatidosis in intermediate hosts. Wild carnivores were thought to play a major role in the transmission of the disease (Wray, 1958; Round, 1962) in this country and the opinion was strengthened by a finding of an *E. granulosus* infected jackal (Ginsberg, 1958). Nelson and Rausch (1963) however, found heavily *E. granulosus* infected dogs around Nairobi and Turkana district, while very few of the wild carnivores examined were infected, and only lightly. They therefore concluded that in Kenya there was no evidence of an *Echinococcus* wildlife cycle. Since then three more surveys in dogs have been conducted, but only in localized regions. The results of these surveys are presented in Appendix 2.1.

Out of 165 dogs examined by Eugster (1978) in Kajiado district, 45 (27.3%) were found infected with *E. granulosus* and only 17.6% of them had more than 20 specimens (Eugster,

1978). Macpherson et al. (1985) found little change in infection rates in Turkana dogs twenty years after Nelson and Rausch (1963), reporting a prevalence of 39.4% among 695 of the dogs examined, out of which 31.6% had more than 200 specimens. It therefore appears that dogs in Turkana District are more infected in terms of both prevalence and intensity than those from Maasailand. This is puzzling considering that relatively higher hydatid infection levels are found in the domestic intermediate hosts in Maasailand. It is possible however, in areas that experience prolonged droughts, for dogs to acquire high infections from scavenging on the many carcasses that fall victim to the drought (Ngunzi, 1985). The two studies in Turkana (Nelson and Rausch, 1963; Macpherson et al., 1985) were both carried out soon after prolonged drought periods.

A countrywide study on the prevalence of *E. granulosus* in dogs in Kenya is lacking and although few human infection cases are reported from regions other than Turkana and Maasailand, livestock hydatidosis seem to have a generalized distribution with regional variations in prevalence (Macpherson, 1981).

### 2.5.3 Human hydatidosis

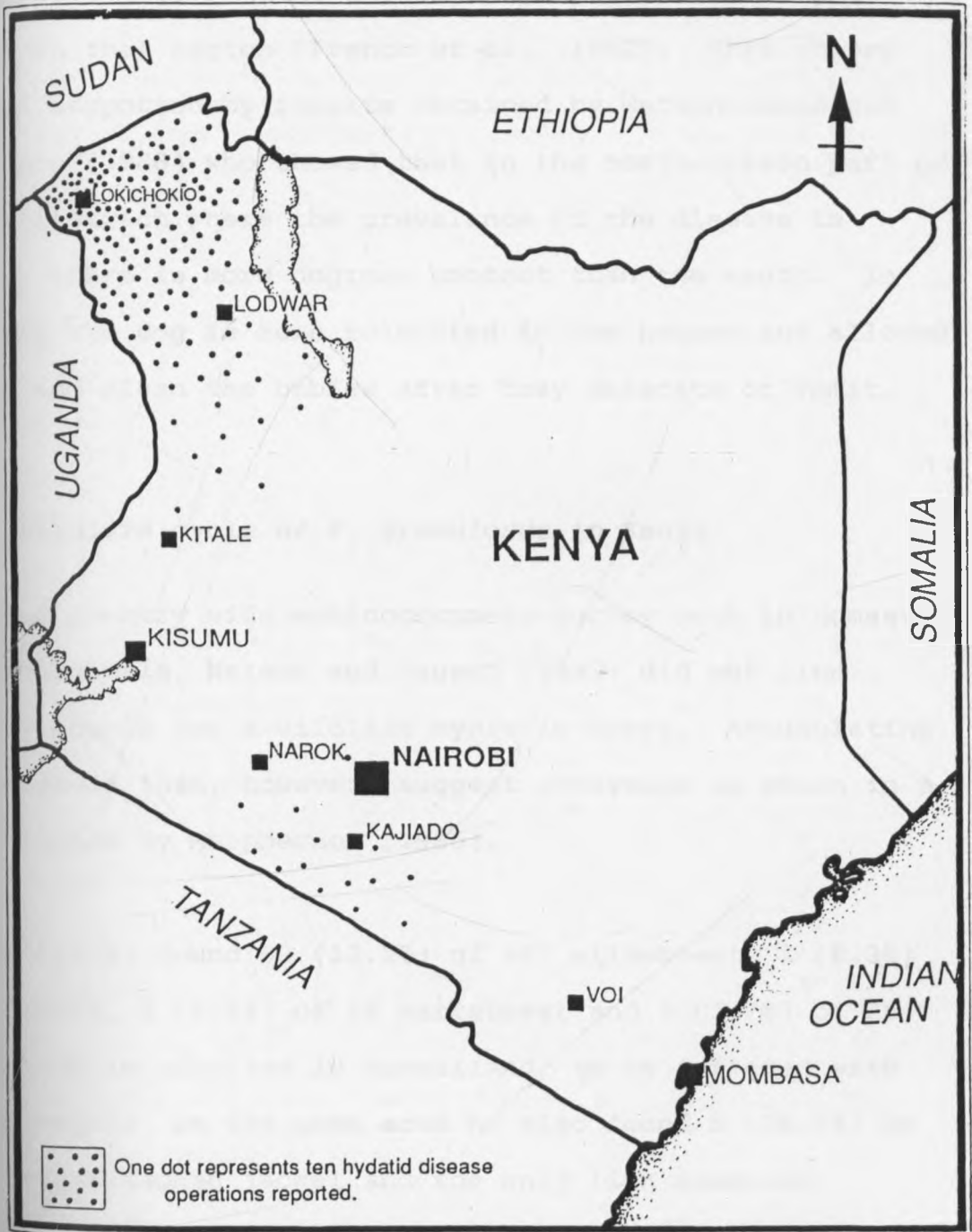
The worldwide awareness of hydatidosis in Kenya is attributed largely to the high prevalence of human hydatidosis, particularly in northwestern part of the country. This was first brought to light by Wray in 1958. More than half of

The 117 hydatid operations he carried out between 1952 and 1955 were on Turkana patients. Schwabe (1969), who visited Kitale district hospital where most of the hydatid patients from Turkana were being referred, estimated the annual hydatid incidence in Turkana as 40 per 100,000 people.

O'Leary (1976), the then Medical Officer of Health at Lodwar district hospital, in a five-year review of the hospital records, showed that the incidence was more than 96 per 100,000 per year in Turkana district, the highest known incidence of human hydatidosis. From her work, it was apparent that most of the cases were from the northwestern part of the district. This work was confirmed by mass serological survey (French and Ingera, 1984) and recently by ultrasound scan survey which showed the prevalence of infection in Turkana district as varying from 0.3% along the shores of Lake Turkana to 5.6% in the northwest of the district (Macpherson, personal communication)

In contrast, human hydatidosis is very low in the rest of the country and the only other notable hydatid problem region but to a lesser extent is Maasailand (Fig. 2.1). Eugster (1978) reported that from 1962 to 1976 only 76 hydatid patients from Maasailand were operated in various hospitals in Kenya and Tanzania. Reports of hydatid infections from other tribes in Kenya have included the Suk (Wray, 1958) the Pokot (Clifford, 1968; O'Leary, 1976) the Kikuyu (Okello and Kyobe, 1981) and the Boran (Macpherson, personal communication).





Distribution of human hydatid reported cases operated on in Kenya (1957 - 1988)

It has been postulated that human habits and practices among the Turkana people which allow for the close association with the domestic dog, account for the high prevalence of the disease in that region (French et al., 1982). This theory has been supported by results obtained by Watson-Jones and Macpherson (1988) who showed that in the northwestern part of Turkana district where the prevalence of the disease is highest, there is more dog:man contact than the south. In the north the dog is more tolerated in the houses and allowed to lick and clean the babies after they defecate or vomit.

#### 2.5.4 Wildlife cycle of *E. granulosus* in Kenya

Following country wide echinococcosis survey both in domestic and wild animals, Nelson and Rausch (1963) did not find enough evidence for a wildlife cycle in Kenya. Accumulating reports since then, however, suggest otherwise as shown in a recent review by Macpherson (1986).

Mugster (1978) found 69 (12.2%) of 567 wildebeest, 2 (8.3%) of 24 impala, 2 (5.3%) of 38 hartebeest and 2 (7.7%) of 26 Grant's gazelle examined in Maasailand, to be infected with hydatid cysts. In the same area he also found 5 (38.5%) of the 13 silverbacked jackal and the only lion examined, infected with the parasite. Another lion examined in the same locality four years later was also found similarly infected (Muchemi, 1982). It therefore appears that a wildlife cycle perpetuated between the lion and wild herbivores exists in Maasailand. The situation is different in Turkana where out of 152 wild herbivores examined, none

been found infected with hydatid cysts. Although silver-backed jackal (11/38) and golden-jackal (6/22) have been found infected with *E. granulosus* in Turkana, it has been argued that they have no more than a supportive role in the maintenance of the domestic hydatid cycle (Macpherson et al., 1983).

### 5.5 Diagnosis and treatment in the definitive host

Diagnosis of *E. granulosus* in definitive hosts is important in epidemiological studies or hydatid control programme surveys. There are two methods currently available for use in the diagnosis of echinococcosis infections in the definitive host; autopsy and arecoline purgation. Both methods rely on the demonstration of the tapeworm from the infected hosts and are currently used in the Turkana pilot hydatid control programme (Macpherson et al., 1986b).

arecoline which is the main alkaloid of areca nuts (*Areca catechu*) was for a long time used for the elimination of dog tapeworms (Lentz, 1921). When given to dogs, the drug causes purgation by increasing gut motility. It also causes the worms to relax releasing their hold on the intestinal wall and are thus carried out of the gut and can be demonstrable in the resultant purge. Dogs vary in their reaction to arecoline, and it has been shown that the absence of worms in a purge is not necessarily an indication of an animal being free of *E. granulosus* infection (WHO, 1982). In addition, it has been shown that under field conditions 20% of dogs fail

o purge (Gemmell, 1958, 1968). The use of arecoline hydrobromide for the diagnosis of echinococcosis in dogs is also limited by side effects. These include, vomiting, stimulation of mucus secretions and dehydration which may be lethal in hot weather (Gregory and McConnell, 1978). The stress caused by struggling in the process of dosing, especially in animals not used to handling, may magnify the side effects leading to the death of the animal. Nevertheless, with standardization, the arecoline purge has been found to be useful in determining the prevalence of *E. granulosus* in dogs (Gemmell, 1968, 1973; Schantz, 1973) and has been used in the Argentina, Cyprus, New Zealand, Tasmania and Uruguay hydatid control programmes as one of the methods of surveillance (Gemmell, 1979).

Autopsy is the most reliable method of diagnosing *E. granulosus* infections but the method is limited to stray and unwanted dogs. In Kenya, it has been used in four *E. granulosus* surveys (Nelson and Rausch, 1963; Eugster, 1968; Macpherson et al., 1983; Ngunzi, 1985). Other available methods include, anal swab and use of transparent tape (Craig et al., 1988) and serology (Jenkins and Rickard, 1985). The former two methods rely on the demonstration of taeniid eggs on the body of infected dogs. Although it has been known for a long time that taeniid eggs stick to dog hair (Nosik, 1952; Mattoff and Kolev, 1964), the demonstration of this has been of little diagnostic value as no applicable taeniid egg differentiation test was available. The recent development of such a test (Craig et al., 1986a) has now made way for the utilization of these methods as has recently been

demonstrated in Turkana (Craig et al., 1988). The test is obviously limited to dogs with gravid infections of the parasite.

Serodiagnosis of *E. granulosus* infection in dogs is a field test that has not been developed and yet has great diagnostic potential. Babos and Nemeth (1962) were able to detect *E. granulosus* in faeces of infected dogs prior to worm patency using precipitation reactions with hyperimmune rabbit serum. Later, Jenkins and Rickard (1985) using ELISA (enzyme linked immunosorbent assay), found antibodies to protoscolex antigens in sera of dogs 32 days after infection with 100,000 *E. granulosus* protoscoleces. This test is currently being tested in Kenya to evaluate its usefulness in the diagnosis of *E. granulosus* under field conditions. A specific serological test in dogs would be particularly valuable as it would reduce the risks to infection when handling infected dogs as compared to arecoline purgation. Autopsy and use of the arecoline for the diagnosis of echinococcosis infections, have an advantage over the other methods in that they are simple, requiring little or no laboratory back-up and have an educational value as the infecting worms can be demonstrated to onlooking owners.

The field of dog tapeworm chemotherapy has seen an array of drugs of varying cestocidal activity, over the last twenty-five years (reviews by Gemmell and Johnstone 1981; WHO, 1982). Praziquantel is the only compound that has been found to be 100% effective at a dose of 10mg/kg body weight (Thakur

et al., 1978). Praziquantel is not ovicidal but it is effective against both immature and mature stages of *E. granulosus* when administered by the intramuscular or oral routes (Andersen, et al., 1978; 1979). The drug is safe to use with a wide safety margin and there are no known side effects (Murmman et al., 1976). In Kenya, treatment against echinococcosis infections in dogs is not routine except in the Turkana pilot hydatid control area, where mass treatment of dogs with Droncit<sup>R</sup> is undertaken (Macpherson, et al., 1986b)

#### 2.5.6 Diagnosis and treatment in intermediate hosts

Hydatid disease in livestock is only diagnosed at routine meat inspection. Serological diagnosis has been hampered by false positive reactions associated with parasitism by related cestodes (Yong et al., 1978; Schantz, 1973; Lightowlers et al., 1984) and to a lesser extent by false negative reactions due to poor antibody responses (Lightowlers et al., 1984) or variation in antibody responses to different *E. granulosus* "strains" (Rickard and Lightowlers, 1986). Investigations carried out in Kenya for the possible uses of serodiagnosis in livestock hydatidosis, have also met with similar setbacks (Kagiko et al., 1986; Gathura et al., 1987).

A specific diagnostic test for hydatid disease in livestock would be of great value to hydatid control programmes. Infected animals identified on antemortem examination could then be slaughtered under strict supervision. In areas where

organized slaughter is absent, the test could be used to selectively remove hydatid infected animals.

### 2.5.7 Diagnosis and treatment in humans

Diagnosis of unilocular hydatid disease in man is usually based on case history and clinical symptoms which are non-specific, associated with pressure effects of the growing cyst. Diagnostic aids available to the clinician include; radiology, scintigraphy, computerized axial tomography, ultrasonography and a number of immunodiagnostic techniques.

For a long time, medical diagnostic facilities in Turkana district were scarce and hydatid diagnosis relied heavily on clinical diagnosis alone. As the region has such a high prevalence of the disease, it is possible that every space occupying lesion diagnosed was a hydatid cyst unless proved otherwise. But it may be noted here that, Turkana people do recognize the disease, especially when the pressure symptoms are fully manifest and it is at this stage that self-diagnosed patients seek help at the medical centres.

The installation of an x-ray at Lodwar hospital in Turkana improved the diagnosis of the disease, especially of extra-abdominal cysts. During the preparation of a control programme in Turkana it became obvious that there was need for a more specific diagnostic aid that could be used for large scale epidemiological surveys. Different serological tests investigated using sera from surgically proven Turkana

Hydatid patients have resulted in false seronegativity rates of between 44-55% (Chemtai et al., 1981a,b; Okelo and Chemtai, 1981; Okelo and Kyobe, 1981; French and Ingera, 1984; Craig et al., 1986b). This is puzzling as observations in other endemic hydatid regions including; Europe (Bradstreet, 1969), the Middle East (Matossian and Araj, 1975), South America (Varela-Diaz et al., 1975) and Australia (Rickard, 1984) have resulted in fairly accurate correlation between seropositive rate using indirect haemagglutination test (IHA) and complement fixation test (CFT) infections. A thermo-stable hydatid antigen has recently shown promising results, with specificity and sensitivity of more than 80%, in the diagnosis of hydatid patients in Kenya (Njeru, personal communication). This will be of great advantage in the treatment of human hydatidosis in Kenya.

The use of ultrasonography in the diagnosis of hydatid cysts in Turkana was introduced in 1984 and it soon proved much superior to serological diagnosis (Macpherson et al., 1987) especially for repeated annual mass surveys. Annual mass ultrasound scanning surveys are now used in preference to seroepidemiological surveys in the Turkana hydatid control programme. The advantages of the scanner over clinical and serological diagnosis for such surveys are numerous including, being non-invasive, rapid, less expensive, provides instant results and is more acceptable and educationally valuable to the people (Macpherson et al., 1987). Despite its limited ability for use in diagnosing extra-abdominal cysts, the prevalence data obtained with this technique has been found useful in the surveillance of the



disease in the control programme as it also includes the 0-5  
age, as its a non-invasive method (Macpherson et al., 1987).

Surgery has for a long time been the method of choice for the  
treatment of patients with hydatid disease in Kenya.

However, postoperative recurrence rates of 20% and 22% have  
been reported from Turkana (O'Leary et al., 1979; Macpherson  
et al., 1987). Prognosis following surgery is usually poor,  
specially in multiple cyst cases or where cysts are  
difficult to extract whole. The need for chemotherapy is  
therefore great in this area and drug trials have  
concentrated on mainly praziquantel and the benzimidazole  
derivatives including, mebendazole, albendazole and  
flubendazole. This group of drugs have shown significant  
efficacy against unilocular hydatidosis (Eckert, 1986). From  
1976 to 1981, mebendazole was used for the treatment of human  
hydatidosis in Kenya but gave poor results (Okello and  
Chemtai, 1981; French, 1984). Additionally there were  
reports of severe glomerulonephritis in some of the patients  
treated (French, 1981; Kung'u, 1982). Albendazole is  
currently being tried in Kenya and is proving to be a  
promising drug in this field (Okello, 1986). Favourable  
responses with this drug have also been reported from other  
parts of the world which has so far demonstrated no serious  
side effects (Eckert, 1986).

*In vivo* experiments with praziquantel have yielded promising  
results in the treatment of hydatid cysts in mice (Richards  
et al., 1988). This results are supported by *in vitro*

studies with protoscoleces of *E. granulosus* as has been shown in other countries (Morris *et al.*, 1986) and recently, in Kenya (Lubano, personal communications).

#### 0.5.8 Control of hydatid disease in Kenya

Hydatid disease in Kenya is found mainly among nomadic communities who have a different life style to that prevailing in other countries, where control programmes have successfully been initiated among settled communities.

Following a number of reports on the high incidence of human hydatid infections among the Turkana people of Kenya (Wray, 1958; Schwabe, 1969; Rottcher, 1973; Irvin, 1974; O'Leary, 1976), a Hydatid Research Unit was set up in Turkana. The unit was to find out more about the disease in Turkana, and eventually institute a control programme. The unit was established by the African Medical and Research Foundation (AMREF) in 1976 (AMREF, 1977). Between 1977 and 1982, considerable amount of information was accumulated and formed the subject of many publications on the human distribution of the disease (French *et al.*, 1982) and hypothesis to account for the remarkably high prevalence of the disease in man (French and Nelson, 1982), and the role of man (Macpherson, 1983), wildlife (Macpherson, *et al.*, 1983), dogs (Macpherson *et al.*, 1985) and livestock (Macpherson, 1981) in maintaining the life cycle of the parasite in Turkana. Additionally the biology of the parasite (Macpherson, 1981; McManus, 1981; Macpherson and McManus, 1982; Macpherson and Smyth, 1985) and the possible mode of its transmission in Turkana (Stevenson

and Macpherson, 1982) were also studied. With this information, options for control strategies were critically evaluated (Macpherson et al., 1984b) and in 1983 a hydatid control programme was started by AMREF in conjunction with the Kenya Ministry of Health in the northwest of Turkana (Macpherson et al., 1984a). This was the first attempt of controlling hydatid disease in a nomadic community. The control measures adopted in this programme were described earlier in the first chapter.

## Chapter 3

### A STUDY OF STRAIN VARIATION WITHIN *E. GRANULOSUS* IN KENYA

#### 3.1 INTRODUCTION

It has become increasingly evident in recent years that the knowledge of the existence and extent of strain variation within *E. granulosus* is important for the effective control of hydatid disease (Schwabe, 1968; Thompson, 1979; WHO, 1982; Thompson, 1986). This follows the recognition that different strains of *Echinococcus* may exhibit differences in their infectivity to man (Nelson, 1972; Thompson and Smyth, 1976; McManus, Smyth and Macpherson, 1985), rate of maturation (Kumaratilake et al., 1983; Thompson et al., 1984) or response to particular drug treatments (Saimot et al., 1981; Schantz et al., 1982; Kummerer and Schantz, 1984).

Studies on characterization of *E. granulosus* parasite in Kenya were started in 1978 and have since formed the subject of a number of publications (McManus, 1981; Macpherson, 1981, Macpherson and McManus, 1982; McManus and Macpherson, 1984; Macpherson and Smyth, 1985;

Macpherson et al., 1986a). However, the results of these studies have not been fully conclusive and further studies have been suggested.

### 1.1.1 Morphological approach

Morphology has been a major criterion used in the taxonomy and speciation of *Echinococcus*, possibly due to its low cost, and the fact that it does not require sophisticated equipment. It also has the advantage in that it does not depend on the availability of fresh material. Different authors have pointed out the variability of most of the morphological characteristics of the parasite depending on the age, relaxation and fixation procedure (Verster, 1965; Thompson, 1977), the definitive host species (Rausch, 1953; Vogel, 1957; Lubinsky, 1960a,b, 1962; Sweatman and Williams, 1963a; Verster, 1965; Dailey and Sweatman, 1965; Smyth and Smyth, 1968; Schantz et al., 1975; 1976), and its nutritional, hormonal, health and immunological status (Gill and Rao, 1967; Rausch 1967a). In addition, hook morphology, especially the number (Lubinsky, 1960b; Sweatman and Williams, 1963a; Verster, 1965) and shape of the rostellar hooks (Sweatman and Williams, 1963a), has occasionally been found to vary in parasites from different intermediate hosts.

To minimize the host influence on the morphology of the parasite, Rausch (1967a) advocated the use of littermate experimental definitive hosts to obtain material for comparative studies. It has also been stressed that the material used should be of the same infection age and processed in a standardized manner (Verster, 1965; Thompson, 1977; Kumaratilake, 1982). Kumaratilake (1982) has further emphasized the importance of using a combination of

morphological characteristics as a measure of eliminating individual variation.

*E. granulosis* in Kenya was first identified by Nelson and Mousch (1963) on a morphological basis only. The morphological features studied included; strobilar length, number of segments, position of the genital pore, number and distribution of testes, shape of the gravid uterus and the size of the rostellar hooks. Later, Macpherson (1981) further examined the morphology of experimentally and naturally obtained *E. granulosis* worms from dogs and jackals, and the morphology of larval hooks from different intermediate host species, in an attempt to elucidate the speciation pattern of the parasite in Kenya. He concluded that *E. granulosis* in Kenya was morphologically homogeneous.

In the first part of the present chapter a more detailed study of the morphological features of the adult *E. granulosis* is undertaken in order to more comprehensively characterize the parasite in Kenya. In addition, the Kenyan parasite is morphologically compared to *E. granulosis* worms of the same infection age from Australia, Britain, Canada, South Africa and Switzerland. The results are discussed in the light of the rest of the chapter which includes the developmental and DNA studies of the Kenyan parasite.

#### 1.2 Developmental approach

ogel (1957) demonstrated differences in the developmental rates of *E. multilocularis* and *E. granulosis* in dogs. Since

When a number of developmental studies, both *in vitro* and *in vivo*, have been carried out and utilized in taxonomy of *Echinococcus* at the species and subspecies levels (Webster and Cameron, 1961; Williams and Sweatman, 1963; Thompson, 1975; 1977; Smyth, 1977; Smyth and Davies, 1979; Macpherson, 1981; Kumaratilake, 1982; Thompson et al., 1984).

*In vitro* developmental studies of *E. granulosus* of cattle, human, sheep, goat and camel origins in Kenya showed no significant differences in growth and segmentation (Macpherson and Smyth, 1985). However, viable protoscoleces of cattle origin have been shown to be of very poor infectivity to dogs when contrasted to those of human, sheep, goat or camel origin in Kenya (Macpherson et al., 1985), although this was not reflected in the experimental infections in baboons where the parasite material of cattle origin was shown to be infective (Macpherson et al., 1986a).

The second part of the present chapter compares the development of *E. granulosus* at day 14, 17, 21, 26, 35, 42 and up to the shedding of segments from dogs infected with protoscoleces of different intermediate host origin including camel, cattle, human, sheep and goat material. This forms part of the study examining the *E. granulosus* strain pattern in Kenya but at the same time seeks to determine the patent period of the parasite.

### 1.3 Biochemical approach

In the last ten years speciation studies of *Echinococcus* have

When a shift in emphasis from morphological and developmental criteria in favour of a biochemical approach. This criterion is dependent on the least adaptive characters of the parasite. Most of the work done in this area has been based on the differentiation of genomically coded and carbohydrate metabolic products (Le Riche and Sewell, 1978; McManus and Smyth, 1978; 1979; Kumaratilake et al., 1979; Macpherson and McManus, 1982; McManus and Smyth, 1982; Kumaratilake and Thompson, 1984).

In a biochemical analysis of the composition and the metabolic products of larvae and adult *E. granulosus* from Kenya, McManus (1981) found some similarities between the parasite material of sheep and human origin, but distinct differences between the parasite material of cattle, camel and goat origin both from each other and from that of sheep and human origin. Further examination of the Kenyan parasite using isoelectric focusing and isoenzyme analysis (Macpherson and McManus, 1982) confirmed the similarities between the sheep and human forms of the parasite which were found to be different from the parasite of camel origin. Inconsistent results were obtained with parasite material of cattle origin which closely resembled the sheep and human forms of the parasite. Enzyme analysis of *E. granulosus* of goat origin revealed two types of patterns, one similar to the camel form of the parasite while the other resembled the sheep and human form of the parasite. Although these results revealed the complex nature of *E. granulosus* strains in Kenya, no unequivocal conclusions could be drawn.



Another biochemical method, DNA sequence analysis, has been used with much success in other countries to differentiate closely related organisms, including *Echinococcus* strains (Lansman et al., 1981; Curran et al., 1985; McManus et al., 1985). This method offers a more sensitive strain characterization technique than has been used before in Kenya, as it studies the genomic "library" rather than the expressed products.

In a third and final part of the present chapter, the study aims at characterizing the hydatid parasite strains in Kenya, using specific sequences among the parasite DNA fragments separated by gel electrophoresis.

## 2. MATERIALS AND METHODS

### 2.1 Source of parasite material

Protoscoleces were obtained from hydatid cysts removed from naturally infected sheep, goats, and cattle slaughtered at MTC (Athi River), Ongata Rongai and Dagoretti abattoirs near Nairobi. Cysts were also obtained from camels, goats and cattle slaughtered at Lodwar abattoir in Turkana. Two hydatid cysts were obtained at surgery on a Maasai patient.

The viability of the protoscoleces was assessed using the eosin exclusion dye test (Smyth and Barrett, 1980). Only material having a viability of more than 75% were used.

Protoscoleces from the same intermediate host species were collected. Storage of the parasite material was at 4°C but viability was reassessed before use. Protoscoleces from individual hosts, intended for DNA studies, were rinsed three times in sterile phosphate buffered saline and preserved separately in 70% ethanol.

## 2.2 Experimental infections in dogs

Sixteen litters of two to eight, totaling to 61 puppies of about two months old, were purchased from Kawangware in Nairobi and around Lodwar in Turkana. The Nairobi puppies comprised of a mixture of breeds but the puppies from Lodwar were composed solely of the Turkana breed of dog. The puppies were dosed with Canex<sup>R</sup> (Pyrantel pamoate, Pfizer, K.) and Droncit<sup>R</sup> (Praziquantel, Bayer, West Germany) to eliminate any naturally acquired helminth infections. The dogs were reared in kennels in Nairobi or Lokichokio and maintained on a ration of cooked meat and dog meal (Unga Ltd., Nairobi) supplemented with milk and water *ad libitum*.

Each dog was starved for 18 hours prior to being fed a 0.2ml aliquot of pooled protoscoleces sediment (approx. 160,000 larvae) packed in a gelatin capsule. Tables 3.1 and 3.2 give summary of the number of dogs infected, including the duration of infection.

### 2.3 Collection of worms

The puppies were sacrificed at various days post infection (Table 3.2) by an intravenous injection of Euthatal after being starved for eighteen hours. The small intestines were removed and opened longitudinally and then incubated separately for one hour in warm saline (37°C). The detached *E. granulosus* worms were then relaxed for two hours in water and the level of infection estimated as either light (1-200), medium (201-1000) or heavy (>1000).

### 2.4 Preparation of worms for morphological examination

Whole specimens of the experimentally obtained worms were stained with lactic acid carmine or semichon's acetic carmine and then dehydrated in increasing concentrations of ethanol. The worms were then cleared in xylene and mounted in DPX. Rostellar hooks from the 35dpi (days post infection) worms were prepared for study by detaching scolices from strobilae, clearing in Berlese and mounting under gentle pressure to make the hooks lie flat (Fig. 3.1). The rostellar hook measurements were as shown in Figure 3.2.

Obtained and mounted 35dpi *E. granulosus* worms from various parts of the world were kindly made available for study by Professor R.C.A. Thompson of Murdoch University, Western Australia. The worms studied were of sheep/dog and crocodile/dingo (Australia), horse/dog (Britain), moose/dog (Canada), cattle/dog (Switzerland) and cattle and human/dog (South Africa).

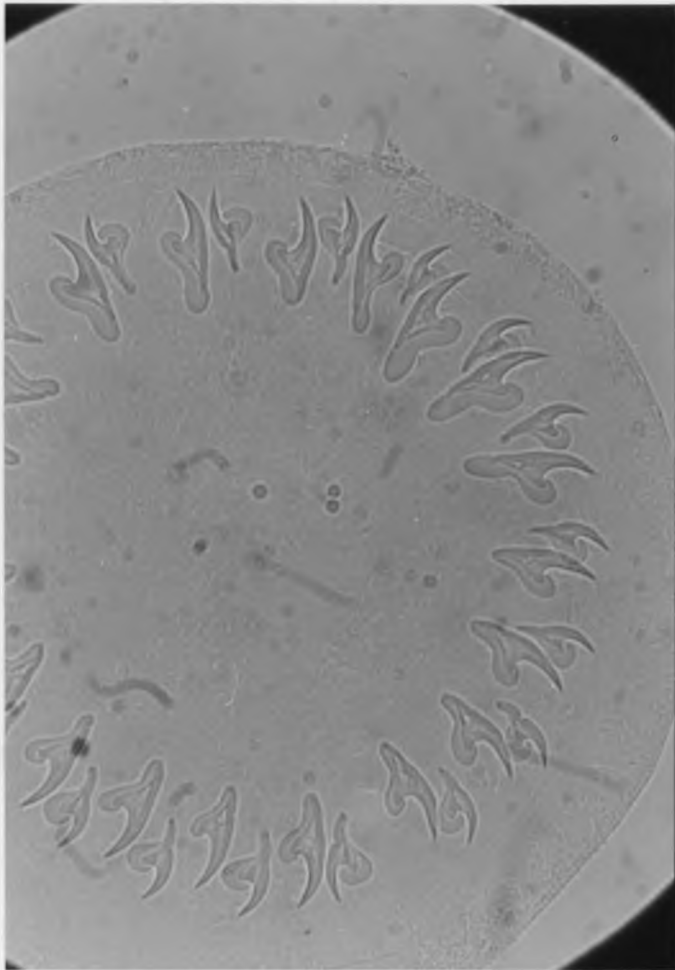
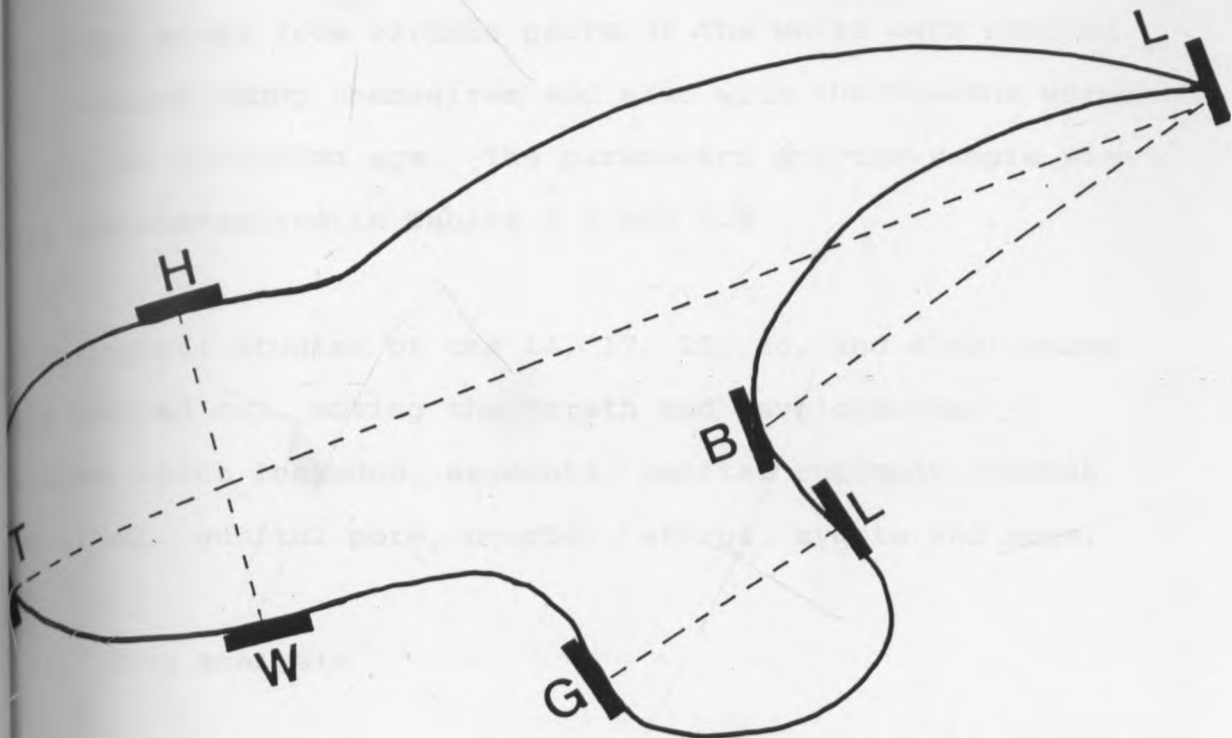


FIGURE 3.1

*E. granulosus* rostellar hooks orientated for measurement (note the alternating pattern of large and small hooks)



TL - Total length; BL - Blade length;  
 HW - Handle width; GL - Guard length

FIGURE 3.2

A diagram of *E. granulosus* large rostellar hook showing method of measuring the hooks

## 2.5 Morphological examination of the worms

Detailed morphological studies were carried out on the probolar and the rostellar hooks of the 35dpi worms of the different intermediate host origin from Nairobi and Turkana. The 35dpi worms from various parts of the world were studied and compared among themselves and also with the Turkana worms of similar infection age. The parameters and the sample size used are summarized in Tables 3.3 and 3.4.

Morphological studies of the 14, 17, 21, 26, and 42dpi worms were carried out, noting the growth and developmental features which included, segments, genital rudiment, testes, cirrus sac, genital pore, ovaries, uterus, zygote and eggs.

## 2.6 Data analysis

The segmentation and maturation data were analysed for species and host differences using two way tables for each alternate set and period post infection. For each table a chi-squared statistic was calculated and significance of difference in the results obtained determined. Overall conclusions were drawn by considering the results from all stages.

## 2.7 *E. granulosus* DNA extraction

Protoscoleces of cattle, camel, sheep and goat origin preserved in 70% ethanol as described earlier, were used for DNA extraction as described by McManus *et al.*, (1985). They were rinsed thrice in distilled water, leaving them to stand

about two minutes between each rinse, to allow for complete rehydration. The protoscolecocytes were then sedimented by centrifugation in an Eppendorf-centrifuge for 30 seconds and the water decanted. About 0.15ml of packed protoscolecocytes were gently resuspended in 1ml of extraction buffer (50mM Tris, pH. 8.0; 50mM EDTA; 100mM NaCl.). Then 50ul of 10% SDS (sodium dodecyl sulphate) was added for lysing the protoscolecocytes and an equivalent amount of 2% proteinase K, to digest the proteins. This was mixed gently and incubated in 50°C water-bath for three hours. The extraction of the DNA was then carried out using buffered equilibrated phenol followed by phenol-chloroform and chloroform extractions. The total DNA was then precipitated in 3M sodium acetate (1:10v/v) and cold absolute ethanol (1:2.5v/v). The DNA was then looped out using a sterile sealed pasteur pipette and washed for 10 minutes in 70% ethanol, after which it was dissolved overnight in a suitable amount of Tris-EDTA (10mM Tris-Cl pH. 8.0; 1mM EDTA). The concentration of the DNA was estimated by taking the optic density (O.D.) values at 260 & 280 nm.

## 2.8 Digestion and separation of the DNA fragments by gel electrophoresis

Digestion of the DNA (5ug) with restriction enzymes was carried out to completion using the conditions recommended by the manufacturer (Boehringer Mannheim Laboratories). The DNA fragments were then separated by horizontal electrophoresis (15V constant voltage, 17hrs) on 0.8% (w/v) agarose slab gels

and bromolphenol-blue was used as a tracking dye. Different restriction enzymes which included: Taq I, Hinc II, Rsa I, Sau 96 I, Sau 3A I, Hae III, Ava I, Hinf I, Alu I, SFI I, Not Bam I and EcoR I, were tested. The gels were then immersed in ethidium bromide solution for one hour (1 µg/ml) to stain the DNA material. The gels were then viewed under a UV light. Only Sau 96 I gave appreciably distinct bands which could be observed on the gel and Sau 96 I was therefore used for comparison studies of the different isolates.

### 3 RESULTS

#### 3.1 Experimental infections in dogs

The results of the experimental infections in dogs are summarized in Tables 3.1 and 3.2. Of the 61 experimental dogs, three died of suspected parvo-virus infections. Two of the puppies were found negative for *E. granulosus* on autopsy, while 47 of them (81%) harboured medium or heavy infections with the parasite. Only two of the twelve puppies infected with worms of cattle/dog origin had heavy infections compared with more than half of the puppies dosed with protoscoleces of camel (10/12), goat (10/17) and sheep (6/15) origin.

#### 3.2 Developmental rate

Tables 3.1 and 3.2 give a summary of the rate of development of proglottids and maturation of worms in dogs from Nairobi and Turkana



TABLE 3.1

Segmentation of *E. granulosus* worms in dogs fed with cotyledons of different intermediate host origin.

Dog litter number	Hydatid cyst origin	Experimental dogs				Number of worms examined	Number of worms per dog	% of total number of worms with 0, 1, 2 or 3 segments				Statistics (p<0.01)
		Origin	No./sex					Zero	One	Two	Three	
1	cattle	N	N	1	M	92	low	49	51			a
	goat	N	N	1	F	97	high	9	91			b
	sheep	N	N	1	F	95	high	68	32			c
2	cattle	N	T	1	M	61	high	41	59			a
	sheep	N	T	1	M	33	high	48	52			a
	goat	N	T	1	F	£						
3	goat	N	N	1	M	129	high	14	55	31		a
	sheep	N	N	1	F	83	medium		35	65		b
	cattle	N	N	1	M	£						
4	cattle	N	N	1	M	119	medium	2	61	37		a
	goat	N	N	1	F	67	high	3	84	13		b
	sheep	N	N	1	F	129	medium	11	64	25		a
5	camel	T	T	1	M	265	high		1	92	7	a
	camel	T	T	1	F	181	high		3	92	5	a
	goat	T	T	1	M	373	high		22	78		b
6	sheep	N	T	1	M	89	medium		15	83	2	a
	camel	T	T	1	F	244	high		2	95	3	b
	goat	T	T	1	M	238	high		16	84		a
7	cattle	N	N	1	F	55	low		22	65	13	a
	goat	N	N	1	M	220	high		13	87		b
	sheep	N	N	1	F	164	high		20	77	3	a
8	sheep	N	T	1	M	122	medium		1	51	48	a
	camel	T	T	1	M	156	high			23	77	b
	camel	T	T	1	M	90	high			59	41	a
	goat	T	T	1	F	97	high			97	3	c
9	human	N	N	1	M	58	medium			32	68	
	human	N	N	2	F	£						
10	cattle	N	N	3	M	76	medium			86	14	a
	goat	N	N	3	F	195	medium			1	99	b
	sheep	N	N	2	F	197	high			10	90	b
11	cattle	T	T	1	M	100	high			2	98	a
	camel	T	T	1	M	122	high			2	98	a
	goat	T	T	1	M	102	high				100	a

DPI M days post infection N Nairobi (hydatid cysts were from animals slaughtered around Nairobi which originated mostly from Maasailand)  
 P Male  
 Female T Turkana  
 <200 worms a,b,c Statistics - different alphabets denotes statistical  
 201-1000 worms difference (note: comparisons were only made among  
 >1001 worms littermates)  
 £ dog died

Rates of maturation of *E. granulosus* worms in dogs fed with protoscoleces of different intermediate host origin

Dog litter number	Hydatid cyst origin	Experimental dogs		Number of worms examined	Number of worms per dog	% of total number of worms with					Shed segments in faeces	Statistics (p<0.01)		
		Origin	No./sex			GR	CS/T	MS	Zg	SSE			TSE	
1	cattle	N	N	1	M	92	low	51					a	
	goat	N	N	1	F	97	high	91					b	
	sheep	N	N	1	F	95	high	32					c	
2	cattle	N	T	1	M	61	high	59					a	
	sheep	N	T	1	M	33	high	52					a	
	goat	N	T	1	F	£								
3	goat	N	N	1	M	129	high	55	31				a	
	sheep	N	N	1	F	83	medium	35	65				b	
	cattle	N	N	1	M	£								
4	cattle	N	N	1	M	119	medium	*						
	goat	N	N	1	F	67	high	*						
	sheep	N	N	1	F	129	medium	*						
5	camel	T	T	1	M	265	high	1	63	36			a	
	camel	T	T	1	F	181	high	3	92	5			b	
	goat	T	T	1	M	373	high	12	78	10			c	
6	sheep	N	T	1	M	89	medium	*						
	camel	T	T	1	F	244	high	2	67	31			a	
	goat	T	T	1	M	238	high	16	80	4			b	
7	cattle	N	N	1	F	55	low		78	22			a	
	goat	N	N	1	M	220	high		40	60			b	
	sheep	N	N	1	F	164	high		46	54			b	
8	sheep	N	T	1	M	122	medium		8	79	13		a	
	camel	T	T	1	M	156	high			38	62		b	
	camel	T	T	1	M	90	high			50	50		b	
	goat	T	T	1	F	97	high			97	3		a	
9	human	N	N	1	M	58	medium			14	86			
	human	N	N	2	F	£								
10	cattle	N	N	3	M	76	medium				100		a	
	goat	N	N	3	F	195	medium				76	10	14	b
	sheep	N	N	2	F	197	high				100		a	
11	cattle	T	T	1	M	100	high				17	32	51	a
	camel	T	T	1	M	122	high				45	40	15	b
	goat	T	T	1	M	102	high				5	28	67	a
12	sheep	N	N	1	M	48	low			35	75			a
	sheep	N	N	1	M	59	medium				100			b
	cattle	N	N	1	M	68	medium			3	80	17		c
	goat	N	N	1	F	55	medium			10	90			b
	cattle	N	N	1	M	48	medium				21	44	35	d
	goat	N	N	1	F	48	low				88	12		c
13	camel	T	T	1	F	89	medium				68	22	10	
	goat	T	T	1	M	-	high							+
	cattle	T	T	1	F	-	medium							+
	camel	T	T	1	M	-	high							+

3.2 (contd)

Dog litter number	Hydatid cyst origin	Experimental dogs		Origin/No./sex	Number of worms examined	Number of worms per dog	% of total number of worms with					Shed segments in faeces	Statistics (p<0.01)
							GR	CS/T	MS	Zg	SSE		
14	camel	T	T	1 M	-	high							+
	sheep	N	T	1 F	-	high							+
	camel	T	T	1 M	-	high							+
	goat	T	T	1 M	-	0							
15	sheep	N	T	1 F	-	low							+
	sheep	N	T	1 M	-	medium							+
	goat	T	T	1 M	-	low							+
	camel	T	T	1 F	-	0							
16	camel	T	T	1 F	-	high							+
	sheep	N	T	1 F	-	medium							+
	goat	T	T	1 M	-	high							+
	camel	T	T	1 M	-	medium							+

days post infection N Nairobi (hydatid cysts were from animals slaughtered around Nairobi which originated mostly from Maasailand)  
 Male T Turkana  
 Female a,b,c,d Statistics - different alphabets denotes statistical difference (note: comparisons were only made among littermates)  
 <200 worms  
 201-1000 worms  
 >1001 worms  
 gravid segments \* staining not distinct for morphological study  
 shed in host faeces f dog died

genital rudiment CS/T cirrus sac + testes MS mature segment  
 hypote SSE soft shelled eggs TSE thick shelled eggs

3.2.1 Variation in development rates in worms of similar age and origin but from different dogs

Similar rates of segmentation, but inconsistent results for duration, were observed between sources of protoscoleces within the same intermediate host species. Significant differences (p<0.01) were found between 21dpi camel/dog worms from Nairobi dogs and 42dpi sheep/dog and goat/dog worms in Nairobi dogs.

### 3.2.2 Variation in development rates in worms of different origin but of similar age and from littermate dogs

There were significant differences ( $p < 0.01$ ) among worms of different intermediate host origin, both in the rates of segmentation and maturation for all days post infection in Nairobi and Turkana dogs, except at 14 dpi and segmentation at 35 dpi in Turkana dogs. However, examination of the data (Tables 3.1 and 3.2) does not show any consistent pattern. For example in the comparison of protoscoleces of goat origin and those of sheep origin in the Nairobi dogs at 17, 21 and 26 dpi, the worms of goat origin had statistically ( $p < 0.01$ ) fewer segments than the worms of sheep origin, while at 14 dpi and 35 dpi the reverse was true. At 26 dpi, the worms of goat origin from Turkana dogs were the least developed but the picture was reversed at 35 dpi.

The shedding of gravid segments was observed 38 to 51 dpi in experimental Turkana dogs, irrespective of the source of the infecting protoscoleces.

### 3.2.3 Comparison in the rates of parasite development between Turkana and Nairobi dogs

*granulosus* worms from experimentally infected Turkana dogs exhibited a faster development rate compared to the worms from the Nairobi dogs. This difference was not significant at 14dpi. However, by 17dpi onwards significant ( $p < 0.01$ ) differences in the percentage of segmentation and maturation between worms experimentally obtained from Turkana and Nairobi dogs, were observed. Eleven of the fourteen Turkana

Experimentally infected dogs maintained with *E. granulosus* infection beyond 35dpi, were observed to shed gravid segments in the faeces at/or earlier than 43 dpi. However, only in one of six Nairobi dogs autopsied 42dpi had worms developed black shelled eggs. Figure 3.3 shows a comparison of *E. granulosus* worms of goat origin from Turkana (35dpi) and Nairobi (42dpi) dogs.

### 3.3 Morphology

#### 3.3.1 The Kenyan parasite

*E. granulosus* worms experimentally obtained from dogs purchased from Nairobi and Turkana showed much similarity in their morphology.

#### Rostellar hooks (Table 3.3)

In all the worms studied, the two rows of rostellar hooks were arranged in such a way that the large and the small hooks alternated (Fig. 3.1). Occasionally small extra hooks and/or a third row of incomplete minute hooks were observed, mostly in worms of camel origin but not of goat origin. The total number of rostellar hooks in the worms of cattle/dog, sheep/dog, human/dog and goat/dog origin were not significantly different and showed little individual variation. They differed significantly from those of camel/dog origin, which also displayed a lot of individual variation. In general the shape of the rostellar hooks in all the samples was smooth with minimal variation.



FIGURE 3.3 A. *E. granulosus* of goat origin from a Turkana dog (35dpi - with thick shelled eggs)

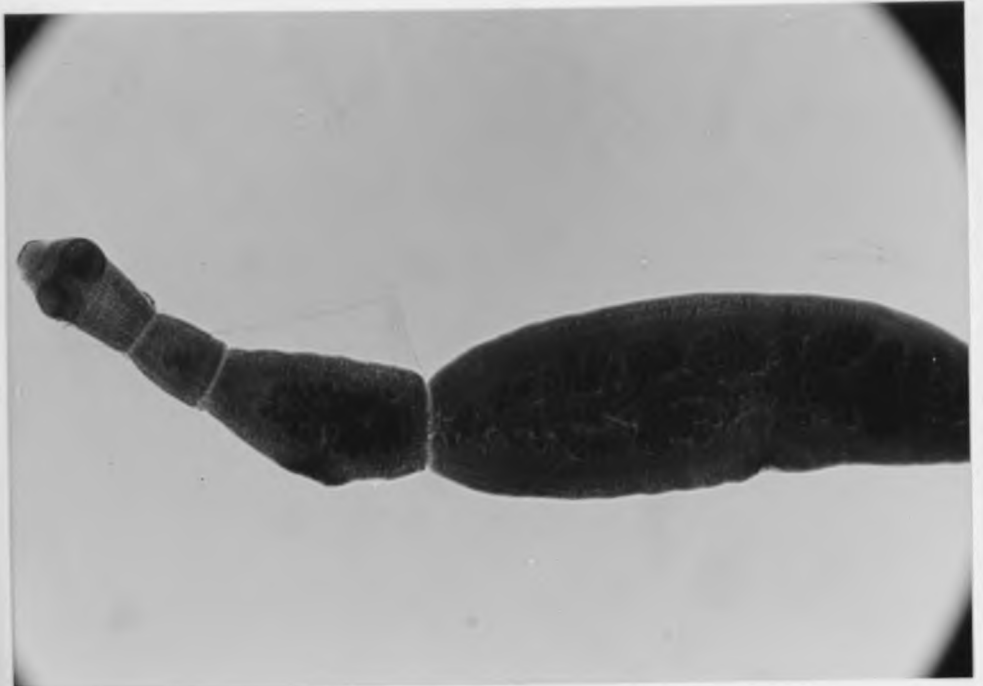


FIGURE 3.3 B. *E. granulosus* of goat origin from a Nairobi dog (42dpi - with soft shelled eggs)

TABLE 3.3

Measurements of rostellar hooks of *E. granulosus* worms (35dpi) of different intermediate host origin

Experimentally obtained from Nairobi dogs

Microcoeleces	Length (um)				Statistics p<0.05
	Human H <sup>E</sup>	Bovine B	Sheep S	Goat G	
	n =60	n >60	n >90	n >90	
total number	31±1	35±1	35±2	33±1	b <sup>a</sup> s <sup>a</sup> g <sup>a</sup>
total hooks					
total length	31.6±1.2	32.8±1.3	36.6±2.0	37.1±1.4	b <sup>a</sup> s <sup>b</sup> g <sup>b</sup>
blade length	12.3±0.6	12.1±0.8	12.4±0.6	12.6±0.2	b <sup>a</sup> s <sup>a</sup> g <sup>a</sup>
blade width	6.5±0.6	5.2±0.7	6.0±0.5	6.9±0.7	b <sup>a</sup> s <sup>a</sup> g <sup>a</sup>
blade length	7.0±0.7	6.8±0.7	7.4±0.8	7.8±1.0	b <sup>a</sup> s <sup>a</sup> g <sup>a</sup>
total hooks					
total length	24.4±3.0	24.5±2.7	24.3±2.9	31.3±2.9	b <sup>a</sup> s <sup>a</sup> g <sup>b</sup>

Experimentally obtained from Turkana dogs

Microcoeleces	Length (um)			Statistics p<0.05
	Bovine B	Camel C	Goat G	
	n = 60	n = 60	n = 60	
total number	34±1	39±4	34±1	B <sup>a</sup> C <sup>b</sup> G <sup>a</sup>
total hooks				
total length	33.1±1.8	34.1±2.9	37.1±1.0	B <sup>a</sup> C <sup>a</sup> G <sup>b</sup>
blade length	11.9±0.3	14.1±0.8	13.2±0.7	B <sup>a</sup> C <sup>a</sup> G <sup>a</sup>
blade width	6.6±0.7	5.9±0.9	7.2±0.7	B <sup>a</sup> C <sup>b</sup> G <sup>a</sup>
blade length	7.2±1.0	7.6±1.0	8.0±0.7	B <sup>a</sup> C <sup>b</sup> G <sup>c</sup>
total hooks				
total length	23.4±2.3	23.4±2.3	26.5±2.8	B <sup>a</sup> C <sup>a</sup> G <sup>b</sup>

n =30

statistical comparison not undertaken in this case as the infected puppy was not part of the litter.

different superscript denotes that statistical difference was found

However, a protuberance which occurred in about 30% of the large rostellar hooks of worms of goat/dog origin (Fig. 3.4), occasionally observed on the dorsal surface of the large hooks in the worms of cattle/dog, human/dog, sheep/dog and camel/dog origin. The worms of goat/dog origin were also found to possess significantly ( $P < 0.05$ ) larger hooks in various respects.

#### *strobilar*

More than 90% of the worms from each experimentally infected group had three segments 35dpi, except worms of human/dog and cattle/dog origin grown in the Nairobi puppies, where 80% and 70% of the worms respectively, had three segments. The ratio of the length of the last segment to the whole worm or to the anterior part, was not significantly ( $p > 0.05$ ) different in worms obtained from the same litter except those of goat/dog origin from the Nairobi dogs. The position of the genital pore was found to be either slightly anterior or posterior in mature segments but mostly posterior in gravid segments and little variation was found in all the worms examined. The ultimate segment in the gravid worms was found to be variably mature and the ante-penultimate was at the genital segment stage of development (Fig. 3.3).



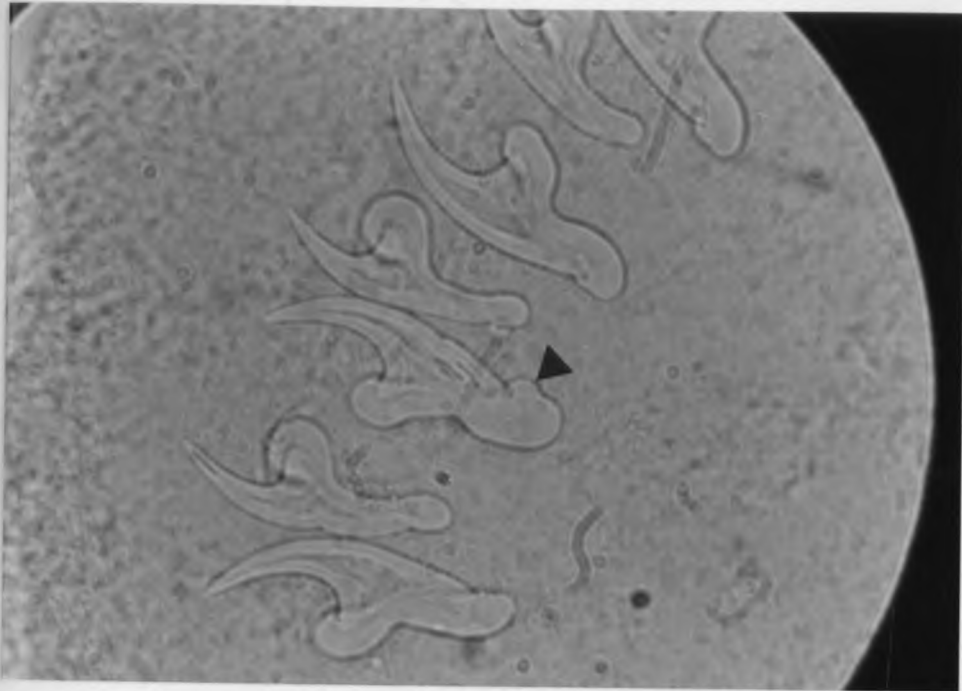


FIGURE 3.4

Rostellar hooks of *E. granulosus* of goat origin showing the protuberance on one of the large hooks

tes  
number of testes varied from 35 to 60 in the worms of  
attle/dog, camel/dog, goat/dog and sheep/dog origin, but the  
of human/dog origin had between 45 and 72 testes.  
ver the differences were not significant ( $p > 0.05$ ). In  
the worms, less than 50% of the testes were above the  
ital pore except in human/dog parasite (mean 52%).  
ally two rows of testes occurred below the vitelline  
ands (Fig. 3.5).

#### cirrus sac

ere was very little variation in the shape, angle, length  
size of the cirrus sac. The size, which measured  
90 $\mu$ , gave it a spherical shape. The cirrus was tilted  
ightly anteriorly.

#### female reproductive organs

ere were no significant variations in the female  
productive organs. The two ovaries were attached on the  
asal side and were lung-shaped and lobulated. The gravid  
rus had well developed sacculations and extended to the  
itimate segment. The reproductive ducts were observed to  
through a number of coils before and after the seminal  
spectacle (Fig. 3.6).

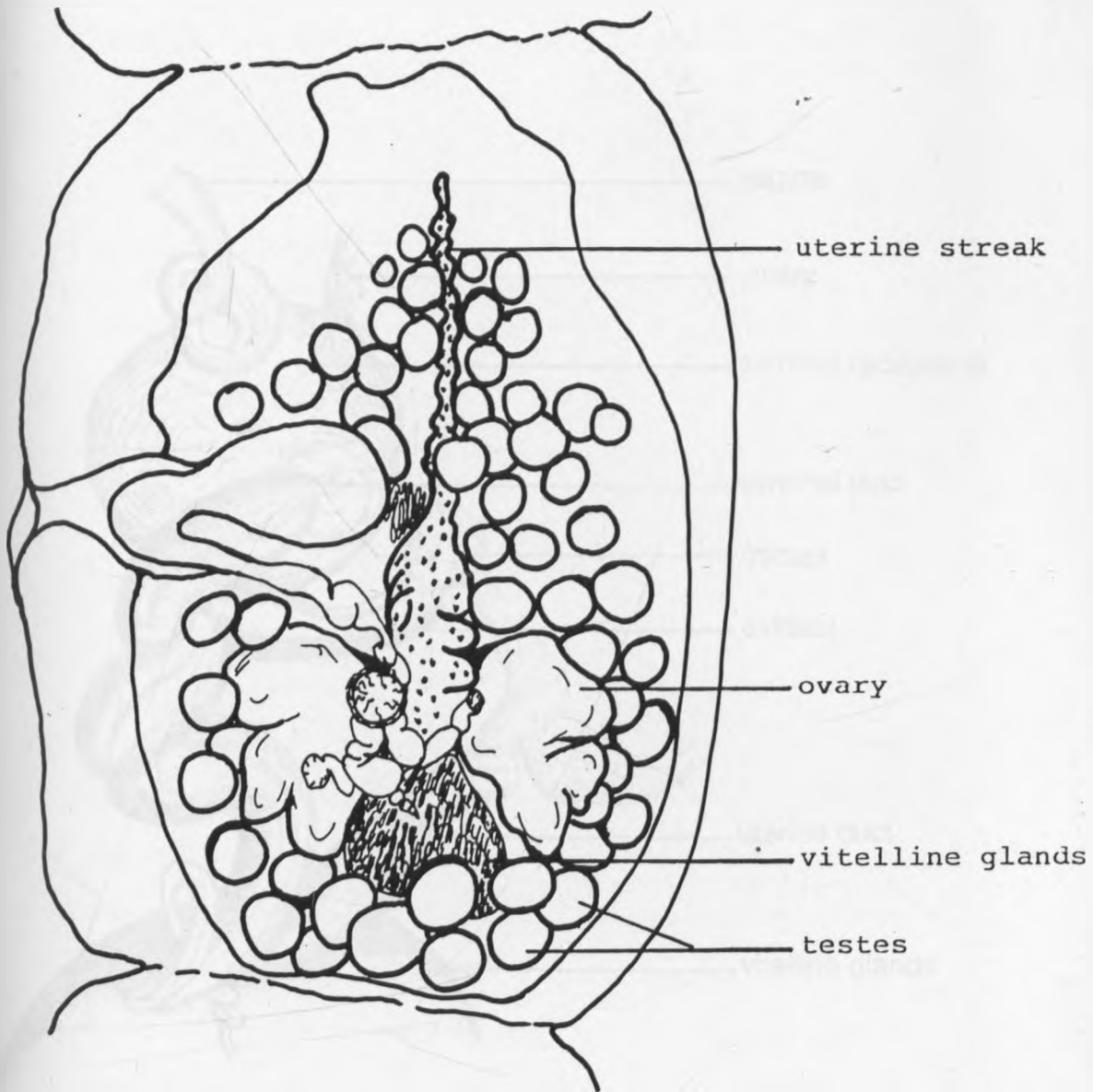


FIGURE 3.5

Diagrammatic representation of a mature penultimate segment of *E. granulosis* from Kenya (camera lucida) showing the distribution of testes (note the two rows below the vitelline glands)

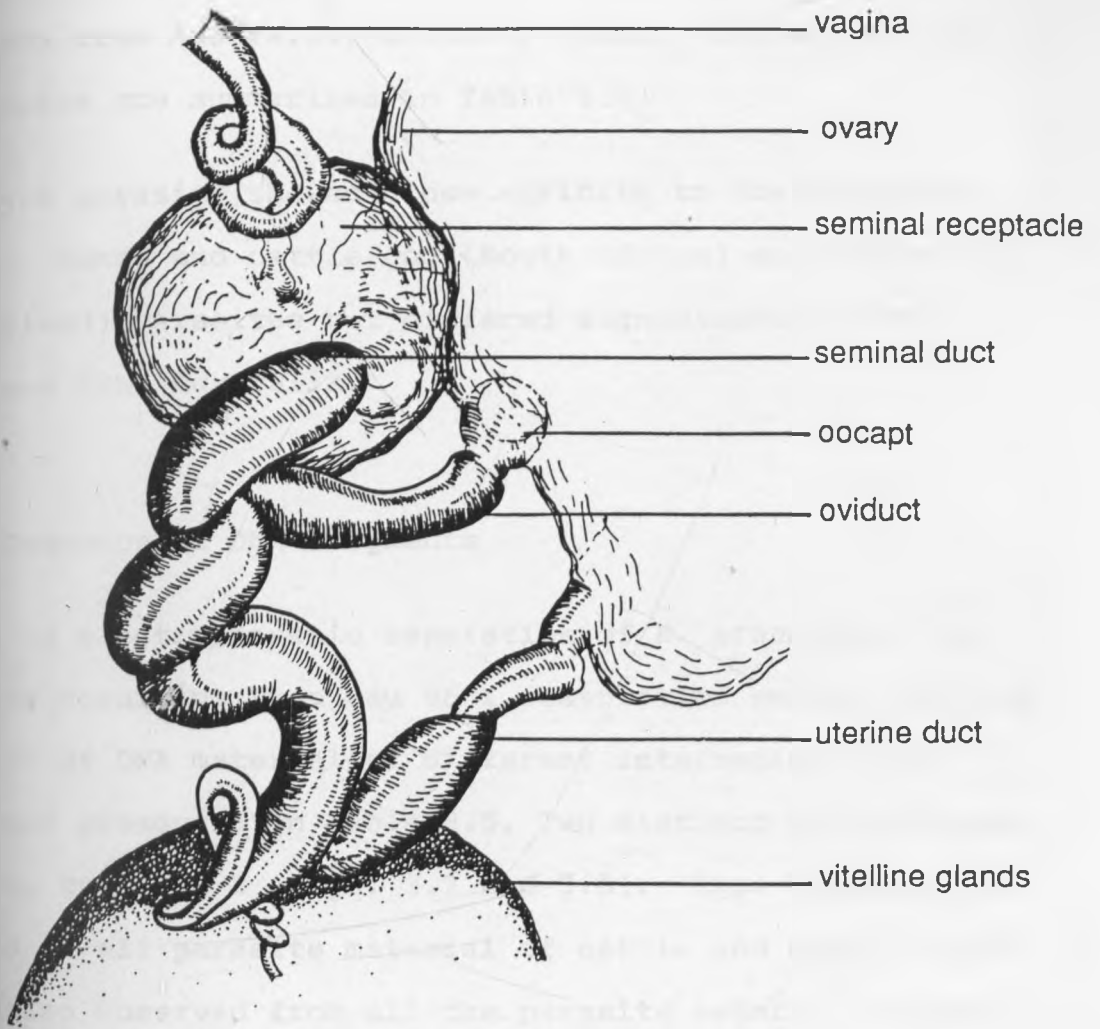


FIGURE 3.6

Female reproductive system of *E. granulosus* from Kenya  
 (note the coiled ducts)

### 3.3.2 Comparisons of the Kenyan parasite with *E. granulosus* from other countries

Morphological comparisons of the Kenyan parasite with *E. granulosus* from Australia, Britain, Canada, Switzerland and South Africa are summarized in Table 3.4.

The Kenyan parasite showed close affinity to the moose/dog (Canada), human and cattle/dog (South Africa) and cattle/dog (Switzerland) parasites but differed significantly from *E. granulosus* from Australia.

### 3.4 Sequence of DNA fragments

Results of electrophoretic separation of *E. granulosus* DNA fragments resulting from Sau 96 I restriction enzyme complete digestion of DNA material of different intermediate hosts are presented in Table 3.5. Two distinct patterns were detected, type 1 & 2 (Figs. 3.7 and 3.8). Type 1 pattern was observed in all parasite material of cattle and sheep origin. It was also observed from all the parasite material of goat origin except from two isolates, from which type 2 pattern was observed. The observed patterns had no correlation to the location of the hydatid cysts in the hosts. The two isolates showing type 2 pattern were from a lung and a liver obtained from a single Maasai goat. The DNA material obtained from the two protoscolex samples of camel origin did not show any separation on the gel electrophoresis although the restriction enzyme digestion process was similar in all cases (Fig. 3.8).

Morphological comparison of adult *Echinococcus granulosus* (35dpi) from Turkana, Kenya and other countries

	Kenyan parasite material (goat/dog sheep/dog) (cattle/dog) (camel/dog) (human/dog)	Parasite material from other countries (1 moose/dog - Canada (2 horse/dog - Britain (3 sheep/dog - Australia (4 human/dog - S. Africa)	5 cattle/dog - Switzerland) 6 macropod/dingo - Australia) 7 cattle/dog - S. Africa)
		Those similar to the Kenyan parasite	Those dissimilar to the Kenya parasite
Large hooks	Large & small hooks	1,2,3,4,5 & 7	6
	Alternate 1:1		alternate 1:2
	mostly have smooth edges	1,2,4,5 & 7	3 & 6 notches and protrubrances
	Varied	3 & 6	1,2,4,5 & 7 much large
	Varied (30-40)	1,2,3,4,5 & 7	6 (mean 58)
of seg.	3 (over 90% of worms)	4,5 & 7	1,2,3 & 6 (range 2-5)
part worm/seg.	apprx. 1:1	2 & 3	6
of pore	apprx. mid-point but mostly posterior in last seg.	1,4,5 & 7	1,4,5 & 7
of penultimate	penultimate	1,4,5 & 7	2 & 3 posterior 6
			2 & 3 6
	thick shelled	1,4,5 & 7	2,3 & 6 zygote
	48 (35-60) but human/dog (45-72) <50%	1,4, 6 & 7 (35-56)	2,3 & 5 mean <36
pore telline	human/dog 55% 2 rows	4 4 (2-4 rows)	1,2,3,5,6 & 7 >50% 1,2,3,5,6 & 7 (1 row or none)
	spherical 90u (70-100) : 85u (70-100) tilted slightly anteriorly	1,2,4,5, & 7 1 & 4 1,3,4,5,6 & 7	3 & 6 piriform 2,3,5,6 & 7 7 pointed anteriorly
	lung shaped & lobulated upper side	1,4,5 & 7 1,4,5 & 7	2,3 & 6 2,3 & 6 middle
ons	well developed	1,4,5 & 7	2,3 & 6 poorly developed
ive	coiled before and after seminal receptacle	6	1,2,3,4,5 & 7 not coiled

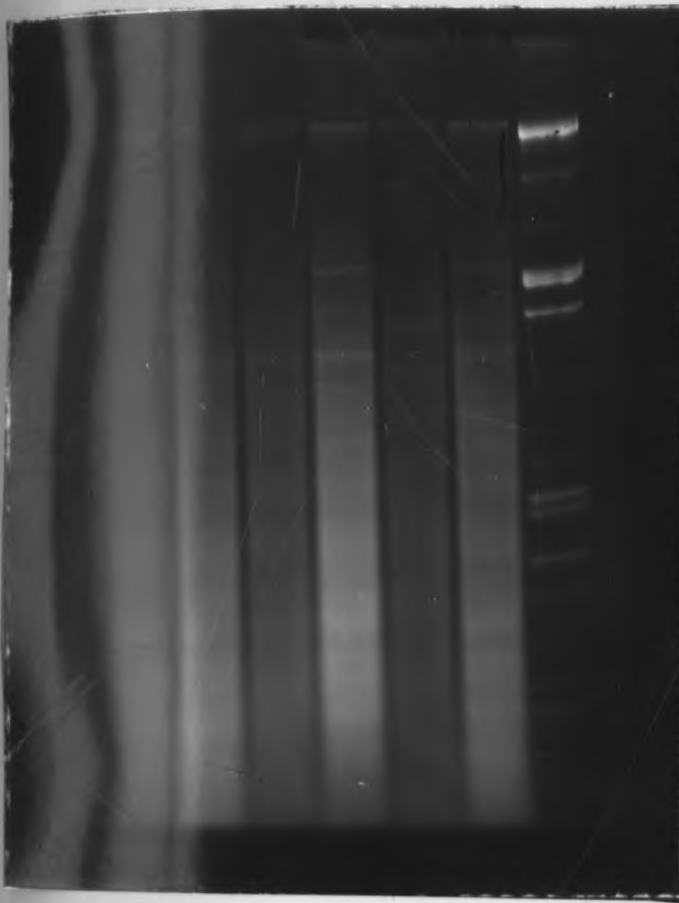
TABLE 3.5

Hydatid DNA Sau 96 I restriction enzyme digest gel electrophoresis fragment patterns

Hydatid cyst		Host		Pattern
Number	Tissue location	Species	Origin	
	liver	cattle	Maasailand	type 1
	lung	cattle <sup>a</sup>	Maasailand	type 1
	liver	cattle <sup>a</sup>	Maasailand	type 1
	lung	cattle	Maasailand	type 1
	lung	sheep	Maasailand	type 1
	lung	sheep	Maasailand	type 1
	lung	sheep	Maasailand	type 1
	liver	sheep	Maasailand	type 1
	liver/lung	goat	Maasailand	type 1
	liver	goat <sup>b</sup>	Maasailand	type 2
	lung	goat <sup>b</sup>	Maasailand	type 2
	lung	goat	Turkanaland	type 1
	liver	goat	Maasailand	type 1
	lung	goat	Turkanaland	type 1
	lung	camel	Turkanaland	?
	lung	camel	Turkanaland	?

Similar alphabetical superscript indicates cysts obtained from the same host animal.

1 2 3 4 5 6 7



21.2 Kilobase

5.8  
5.15  
4.27

3.5

2.02  
1.9

1.3  
0.9

0.5

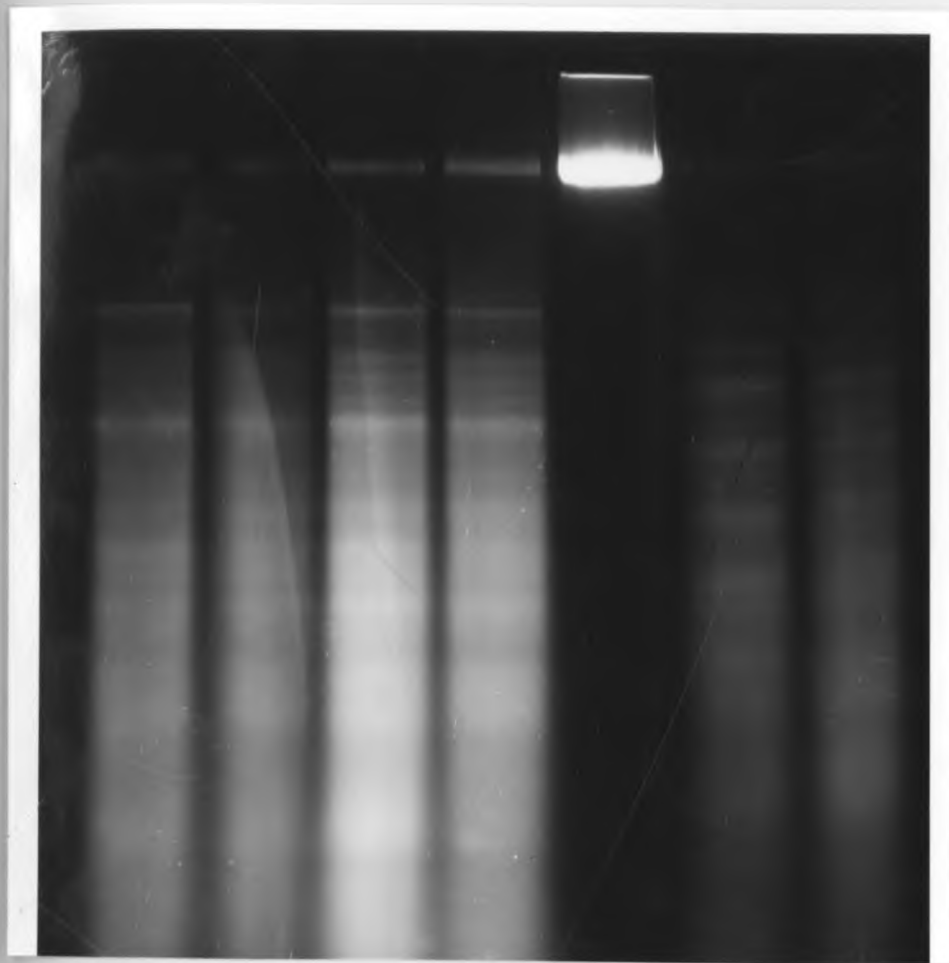
Molecular markers ( $\lambda$  Hind III/EcoR I double digest) - 7; DNA parasite material of sheep origin - 2 & 4; cattle origin - 1 & 3 and goat origin - 5 & 6.

FIGURE 3.7

Electrophoretic profile of Kenyan hydatid parasite DNA fragments following Sau 96 I complete digest, showing two distinct patterns: type 1 - Nos. 1,2,3,4 & 6; type 2 - No. 5



1 2 3 4 5 6 7



DNA parasite material of cattle origin - 1; sheep origin - 2 & 3; goat origin - 4,6 & 7 and camel origin - 5 (showed no separation)

FIGURE 3.8

Electrophoretic profile of Kenyan hydatid parasite DNA fragments following Sau 96 1 complete digest, showing the two patterns: type 1 - Nos. 1,2,3 & 4 and type 2 - Nos. 6 & 7. No. 5 (camel origin) showed no separation.

### 3.4 DISCUSSION

Susceptibility of puppies purchased in Nairobi and Turkana, to hydatid material from different intermediate hosts showed no overall differences, but displayed individual variations among puppies fed with similar or different material. Such varied susceptibility in definitive host to infection with *E. granulosus* has also been reported by a number of workers (Eugster, 1965; Pandey, 1972; Macpherson, 1985). The susceptibility of the puppies to hydatid material of cattle origin was, however, much lower than the rest, an observation also made by Macpherson (1985). This difference is probably host induced factor, as cattle in Kenya have been shown to be poor hosts to the hydatid parasite, with most cysts being either calcified or sterile (Eugster, 1978; Macpherson, 1981).

The rate of development of *E. granulosus* has been observed to vary in different individuals of the same host species (Eugster, 1965; Gill and Rao, 1967; Rausch, 1967a). The results of the present study were consistent with this observation and no difference could be attributed to the infecting protoscoleces of different host origin. The rate of development of the parasite in Turkana puppies was, however, significantly ( $p < 0.05$ ) faster than in Nairobi puppies. Although statistical comparison was only carried out in worms from 16 puppies, it was also observed that shedding of segments in host faeces started much earlier in Turkana dogs. Whereas this occurred about six weeks post infection in Turkana infected dogs, 42dpi worms from all but

of six Nairobi infected dogs had immature eggs and only a few worms from the remaining dog had thick shelled eggs. Naturally infected dogs with *E. granulosus* in Turkana, have been found to harbour significantly heavier worm burdens than those from the south of the country, despite similar infection susceptibility with the parasite (Macpherson et al., 1985). Therefore it seems that the Turkana dogs are better adapted to *E. granulosus* in Kenya, both in terms of the rate of development and size of worm load in each dog. This may be a contributing factor to the stability of the parasite in Turkana.

Forty-five-days post infection worms of different intermediate host origin in Kenya were found to be morphologically similar, with little variation.

Morphological differences between worms from Turkana and Nairobi dogs were attributable to the observed difference in rate of development. This was in agreement with others' (1965) observations that certain morphological characteristics in *E. granulosus* are dependent on the degree of development of the parasite.

Significant variations observed in number, size and shape of rostellar hooks in the Kenyan parasite material are probably host induced. Extra minute rostellar hooks observed commonly in camel/dog material have also been reported in *Protoparasitology* of the same host origin in Kenya (Macpherson, 1981) and Syria (Dailey and Sweatman, 1965). The occurrence of minute accessory rostellar hooks has been reported in other hosts including goat, sheep, cattle and

horse (Vogel, 1957; Sweatman and Williams, 1963a; Williams and Sweatman, 1963; Rausch and Nelson, 1963; Verster, 1965; Sandey, 1972). Variability in the total number of rostellar hooks has been demonstrated by Lubinsky (1960b), Sweatman and Williams (1963a) and Verster (1965).

The findings of uniformity in morphology and *in vivo* development of *E. granulosus* in Kenya collaborates the conclusions of McManus and Macpherson (1984) that larval morphology and *in vitro* developmental studies of the parasite do not readily detect great variation in the hydatid material of different host origin in Kenya.

The results of the study of hydatid DNA characterisation, showed two patterns of *E. granulosus* in Kenya, which present distinctly genetically different strains of the parasite. Similar findings, but based on isoenzyme analysis studies, were reported earlier by Macpherson and McManus (1982). In the isoenzyme studies (Macpherson and McManus, 1982) parasite material of camel origin was shown to be similar to the rare form of the parasite of goat origin. It is therefore possible that hydatid DNA of camel origin examined in the present study was of the same affinity. Available evidence, therefore, points to a sympatric existence of two genetically and enzymatically distinguishable strains of the parasite in Kenya. One strain, which appears to be more common, infects cattle, sheep, human and goat. The rare strain has been identified from goat and camel. The strains are physiologically and morphologically similar, but

their significance in chemotherapeutic treatment of the disease is not as yet clear. This aspect, and the extent of distribution of the the two strains among the intermediate hosts, require further study. The unique band identified in DNA material of the rare strain (Figs. 3.7 and 3.8) may prove of value, if cloned, for characterisation of parasite isolates from the different intermediate hosts in Kenya.

Experimental infection of baboons with *E. granulosus* eggs of human, goat, cattle, sheep and camel origin from Kenya (Macpherson et al., 1986a) have indicated that all the domestic intermediate hosts of the parasite could be potential sources of hydatid infection to man. It is therefore advisable for the Turkana control programme to consider the two strains as cross-infecting among the intermediate hosts until the epidemiological distribution pattern is determined.

Patric existence of strains within the *Echinococcus* has been supported or refuted, depending on ones inclination to do so. Thompson and Lymbery (1988) call models of intraspecific variation (Smyth's and Rausch's models). Rausch's model (Rausch, 1967a; 1986; Thompson and Lymbery, 1988) upholds self-fertilization as the normal breeding system in all species of *Echinococcus*. Genetic flow under such state is maintained and phenotypic differences between populations would only occur in case of substantial barriers to gene flow, such as ecological or geographical segregation. The other model (Smyth and Smyth, 1964; Thompson and Lymbery, 1988) argues that *Echinococcus* spp. are predominantly self-

fertilizing and that this, coupled to the clonal reproduction in the intermediate host, does not only favour the generation of strains as products of mutation, but also their propagation even in the absence of any kind of segregation. The results of the present study seem to favour the latter model. The same can be observed from the results of other workers who have studied strain variations within *Trichostrongylus axei* by examination of the genome or its products (McManus and Smyth, 1979; Macpherson and McManus, 1982; McManus and Simpson, 1985; Bryant and Flockhart, 1986). Thompson and Lymbery (1988) have, however, pointed out that detailed studies of the parasite genome of each isolate, encompassing representative samples of the population under study, are required before conclusive genetic structure of the population can be made.

The morphology of *E. granulosus*, 35dpi worms of various domestic host origin in Kenya differed in many respects (Table 3.4) from sheep/dog worms of similar infection age from Australia. The domestic sheep/dog strain of *E. granulosus* is probably the most widely distributed of *E. granulosus* strains, covering most of Europe, USA, Australia and New Zealand (Thompson and Lymbery, 1988). The Kenyan parasite showed a number of similarities to *E. granulosus* worms from moose/dog (Canada) and cattle/dog (South Africa and Switzerland) cycle but the highest affinity was to worms from the human/dog cycle of South Africa. The most striking similarities are the rate of development in the definitive host, distribution of testes below vitelline glands and the

shape of the ovaries. The reproductive duct of worms from the various intermediate host origin in Kenya, was observed to have a number of loops before and after the seminal vesicle and this was the only significant morphological feature, different from the South African worms of human/dog origin.

The human/dog parasite from South Africa was first described and designated *E. g. granulosis* by Verster (1965). The extent of its distribution in South Africa is unknown (Verster, 1965). It is possible that this is the same parasite found in Kenya, which may further suggest that it has a wide distribution from the south through east, and probably to the northern part of Africa.

The fast development of the Kenyan parasite, as is evident from the presence of thick shelled eggs in 33-35dpi worms, obtained from Turkana dogs, is similar to *E. granulosis* of horse/dog (Canada), cattle/dog (South Africa and Switzerland) and human/dog (South Africa) cycle. The Kenyan worms (37dpi) of camel origin studied by Kumaratilake (1982) and concluded to be retarded, were most probably normal worms with detached ovid segments. As noted above, the rate of development of *granulosis* may vary with definitive host species or strain. This puts to question the significance attributed to comparisons of *E. granulosis* worms obtained from different definitive host species or strain.

Comparative genomic analysis is a parasite characterisation method that eliminates the taxonomic problems associated with

phenotypic variation and is applicable to any life cycle stage of a parasite species. This may well in future provide the basis for systematic characterization of strains within the genus *Echinococcus*.



## Chapter 4

### THE NATURAL INFECTION RATE OF DOGS WITH *E. GRANULOSUS* IN TURKANA DISTRICT

#### 1 INTRODUCTION

Diagnosis of *E. granulosus* in naturally infected dogs has been used as a surveillance technique for monitoring progress of hydatid control programmes in New Zealand, Cyprus, Tasmania and Iceland, (Gemmell, 1979). This parameter gives an indication of the infection pressure to dogs (Schwabe, 1968) and can also be used to estimate the progress of an educational programme aimed at discouraging people from feeding hydatid cysts to dogs.

In 1983, a pilot hydatid control programme began in north eastern Turkana district in Kenya (Macpherson et al., 1984b). The control area of 9,000 sq. km is occupied by the nomadic Turkana people who herd cattle, goats, sheep, donkeys and camels. Before the implementation of the control programme, the population of dogs in this area numbered between 6,000 and 8,000 (French and Macpherson, 1983), but due to the 1978/82 drought (Appendix 1.1) and subsequent famine, less than 10% of these dogs remained at the start of the control activities (Macpherson et al., 1986b).

The main purpose of the present control programme in Turkana is to destabilise the adult worm population in the definitive

est by reducing the number of dogs. This is done by shooting of the unwanted dogs and registering and dosing of the rest with Droncit<sup>R</sup> every six weeks. In addition, encouraging the Turkana to have their bitches spayed and not to feed raw offal to dogs is an important component.

The present study examines the rate of natural infection with *E. granulosus* and other taeniids in dogs treated within the pilot control area, to evaluate the necessity of maintaining the six weekly dog dosing regime, and the impact of the educational programme. An attempt is also made to assess the use of arecoline hydrobromide for surveillance under Turkana conditions, and the effect of drought on the *Echinococcus* infection levels in dogs in Turkana.

## 2. MATERIALS AND METHODS

### 2.1 Prevalence of infection in Turkana dogs

The yearly (1984-1988) infection levels with *E. granulosus* in dogs were obtained by autopsy of the unwanted dogs killed within the pilot control area. The worm burdens were recorded as either light (<200) or heavy (>200). To determine whether there is a relationship between drought and the incidence of *E. granulosus* and/or the intensity of the infections, 1979-1982 data (Macpherson et al., 1985) were included in the analysis.

4.2.2

#### Natural infection rates with taeniids in Turkana dogs following Droncit<sup>R</sup> treatment

Baseline taeniid infection rates of dogs in the control area were obtained from autopsy of unwanted dogs and the first arecoline hydrobromide (3mg/Kg) treatment of the wanted dogs. Natural infection rates, following Droncit<sup>R</sup> treatments, were then obtained from subsequent arecoline hydrobromide purges and autopsies of dogs killed on request, or those abandoned by the owners. Comparison between the infection rates from autopsied and purged dogs were made at 6, 12, 18 and 24 week intervals following Droncit<sup>R</sup> treatment.

#### 4.2.3 Diagnosis of *Taenia* spp. in dogs

Intestinal examination for tapeworms in dogs on autopsy was carried out as previously described. Tapeworm diagnosis in the arecoline purge was, however, done through a series of washings and decantations in water on a black bottomed tray. All tapeworms or segments recovered on autopsy or arecoline purge were preserved in 70% ethanol and later identified morphologically.

#### 4.2.4 Identification of *Taenia* spp.

Identification of specific species of taenia worms was carried out using a *Taenia* species key as provided in appendix 4.1.

Mounting of the scolex was done as previously described (Chapter 3). Mature segments were stained in aceto-carmin and dehydrated in a series of increasing concentrations of ethanol (30, 50, 70, 90 & 100%). The segments were then cleared in clove oil and mounted in Canada Balsam. Before mounting, the segments were sectioned horizontally with a razor on the dorsal and ventral surfaces, removing tissues to the level of the longitudinal muscle layers, thus exposing the reproductive organs.

#### 4.2.5 Statistical analysis

To determine whether there was a relationship between drought and *E. granulosus* prevalence and/or infection intensity, a standard chi-square test was used. The prevalence rates across the years, as well as the proportions of all dogs with light and heavy infections, were compared.

Regression analysis was used to compare the natural infection rates in Turkana dogs as determined either by autopsy or arecoline purge. The proportions of infected dogs were transformed using the relationship:

$$y = \ln [(z + 1)/(n - z)]$$

where

n is number of dogs observed

z is number of dogs infected

and ln is natural logarithm.

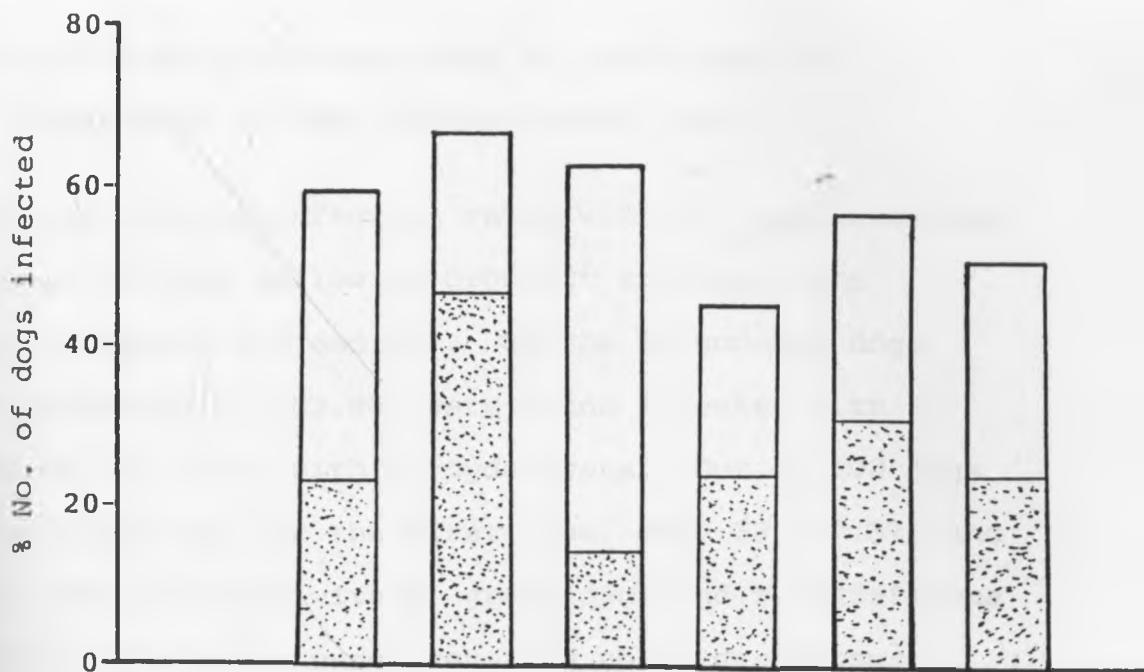
### 3 RESULTS

#### 3.1 Incidence rate of *E. granulosus* in Turkana dogs

The variation in the yearly *E. granulosus* infection level in the dogs is depicted in Figure 4.1. Chi-square analysis showed no difference among the prevalence rates for the different years, but there were highly significant differences among the proportion of infected dogs with light and heavy worm burdens. The proportions of dogs with heavy worm loads was highest towards the end of the drought (1981/2).

#### 3.2 Identifications of *Taenia* spp.

A total of 200 *Taenia* spp. samples were examined morphologically and all identified as *Taenia hydatigena*. All the samples fitted with the typical morphological description of *T. hydatigena* (Appendix 4.1), except in six of them where the distribution of testes tended to be confluent below the vitelline glands.



Time (years)	1979	1980-1982	1984	1985	1986	1987
Number of dogs examined	124	139	60	37	19	33
Estimated dog population	6 - 8000		550	300	200	
Estimated No of dogs with heavy infections	1600	3300	85	75	65	50
Estimated No of dogs with light infections	2500	1400	265	65	50	55
Estimated No of dogs not infected	2800	2300	200	160	85	95



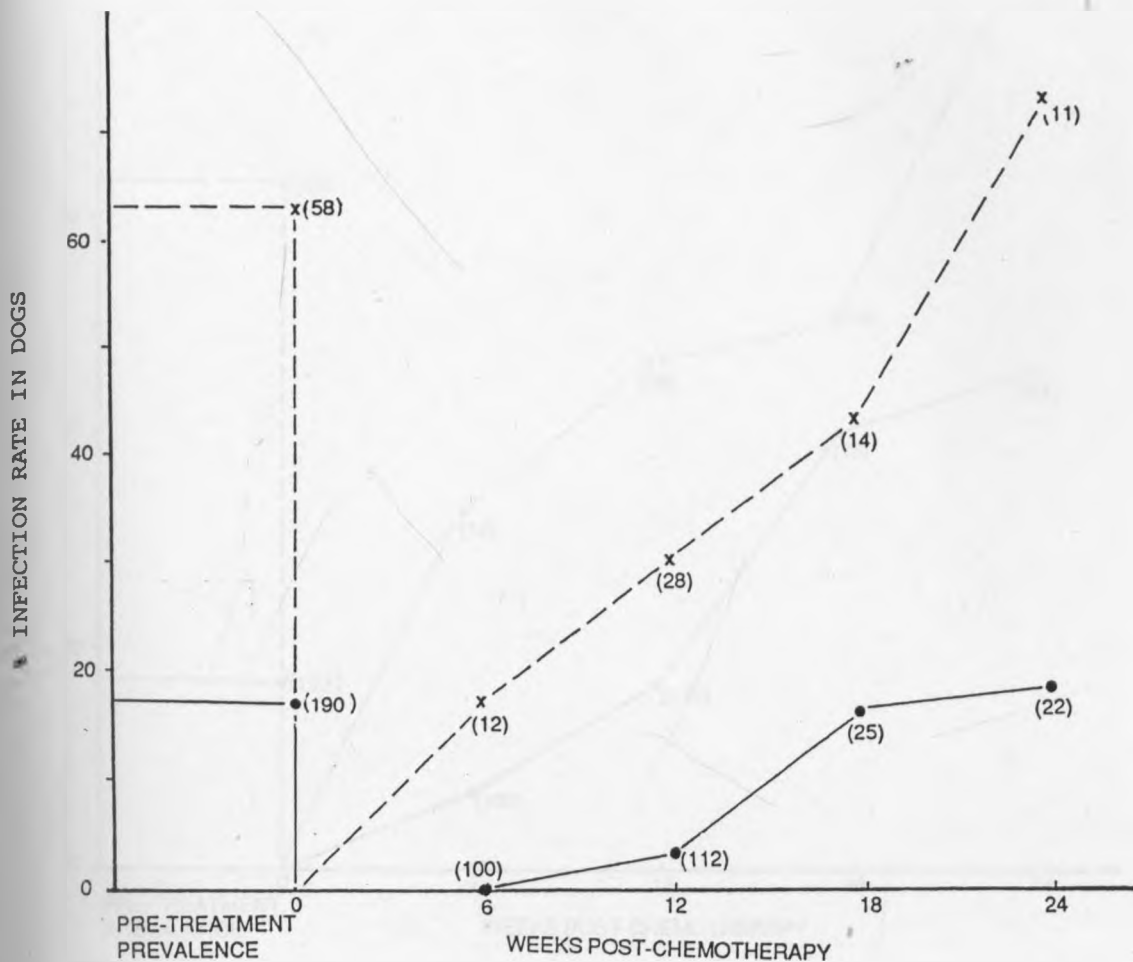
 % dogs with >200 worms  
 % dogs with 1 - 200 worms

FIGURE 4.1

Variation in the incidence of *E. granulosus* in undosed dogs in the control area

#### 4.3.3 Natural infection rates with *E. granulosus* and *T. hydatigena* in dogs in the control area

Results of the natural infection rates with *E. granulosus* and *T. hydatigena* in dogs following Droncit<sup>R</sup> treatment are presented in Figures 4.2 and 4.3. Of the 58 undosed dogs that were autopsied 37 (63.8%) were found infected with *E. granulosus* and 40 (69%) with *T. hydatigena*. Out of 190 dogs purged with arecoline for the first time, only 33 (17.3%) and 73 (38.4%) were infected with *E. granulosus* and *T. hydatigena* respectively. Arecoline purge revealed no *E. granulosus* infection in 100 dogs examined six weeks following Droncit<sup>R</sup> treatment. However, two dogs were found infected with immature stages of *E. granulosus* on autopsy of 12 dogs in the same category. The incidence of *E. granulosus* and *T. hydatigena* in Droncit<sup>R</sup> treated dogs was found to increase with time (Figs. 4.2 and 4.3) and reverted to the pre-chemotherapy level by six months. Comparison of the two infection rates of the two parasites showed no significant differences ( $p > 0.05$ ) in the slope of the relationship with weeks post-chemotherapy for either type of parasite or method of examination (Figs. 4.4 and 4.5). However, there were significant differences ( $p < 0.01$ ) in the levels of reinfection for both types of parasites and method of examination. Arecoline purge was shown to detect more dogs infected with *T. hydatigena* than with *E. granulosus*, but fewer with either parasite when compared to autopsy (Figs. 4.2 and 4.3).

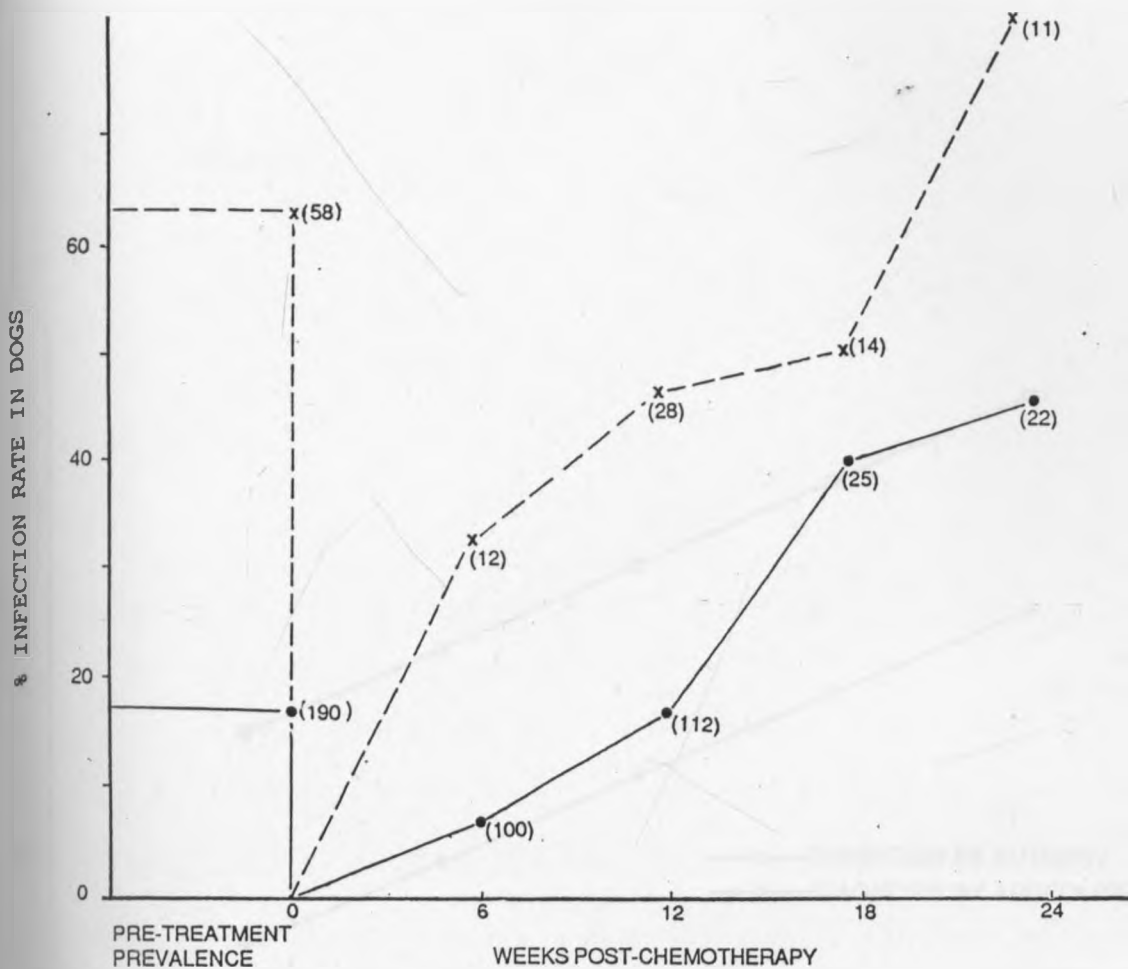


( ) number of animals sampled  
 (x--x) diagnosis by autopsy  
 (●—●) diagnosis by arecoline purge

FIGURE 4.2

Natural increase in the infection rate of dogs with *E. granulosus* following Droncit<sup>R</sup> treatment





( ) number of animals sampled  
 (x--x) diagnosis by autopsy  
 (●—●) diagnosis by arecoline purge

FIGURE 4.3

Natural increase in the infection rate of dogs with *T. hydatigena* following Droncit<sup>R</sup> treatment

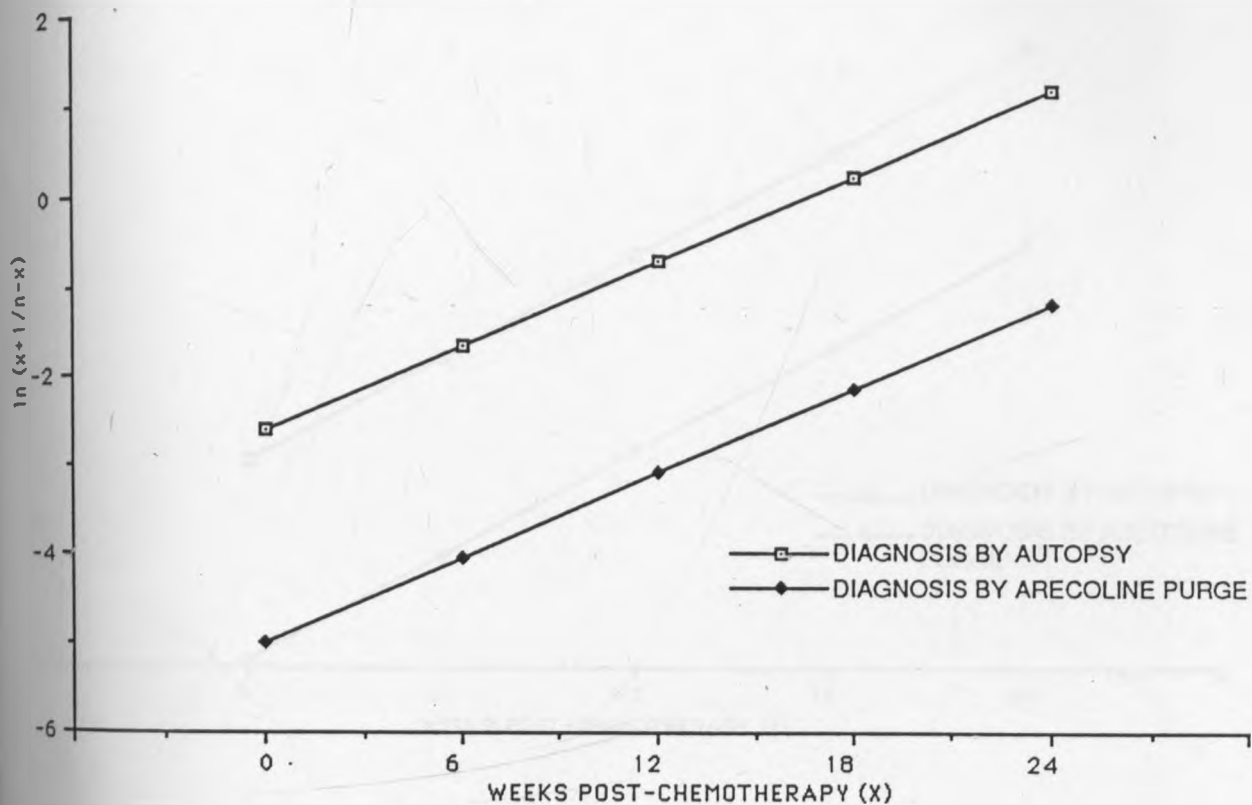


FIGURE 4.4

Natural increase in the infection rate of dogs with *E. granulosus* following Droncit<sup>R</sup> treatment: Regression lines

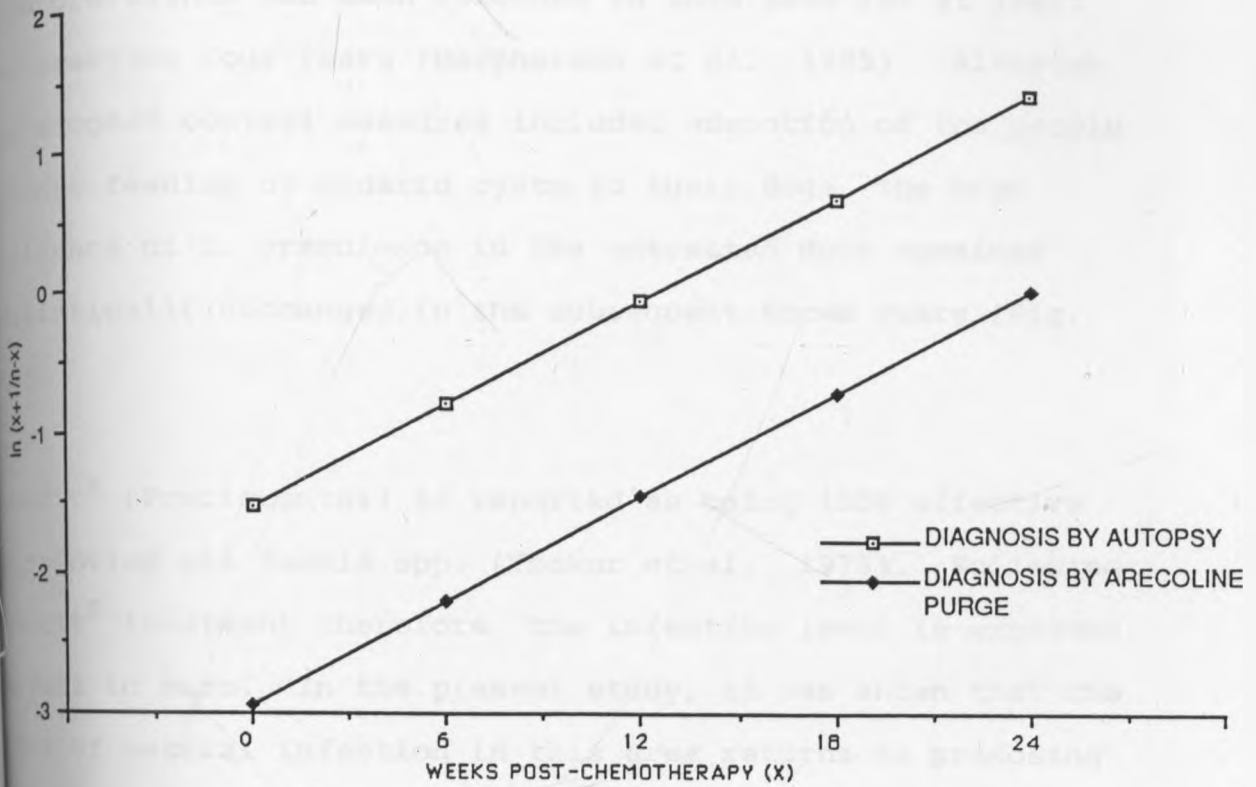


FIGURE 4.5

Natural increase in the infection rate of dogs with *T. hydatigena* following Droncit<sup>R</sup> treatment: Regression lines

#### 4.4 DISCUSSION

Immediately prior to the introduction of Droncit<sup>R</sup> treatment, the natural infection rate of dogs with *E. granulosus* by autopsy in the control area was found to be 63.8%. Such a high prevalence had been recorded in this area for at least the previous four years (Macpherson et al., 1985). Although the adopted control measures included education of the people against feeding of hydatid cysts to their dogs, the high incidence of *E. granulosus* in the untreated dogs remained statistically unchanged in the subsequent three years (Fig. 4.1).

Droncit<sup>R</sup> (Praziquantel) is reported as being 100% effective in removing all *Taenia* spp. (Thakur et al., 1978). Following Droncit<sup>R</sup> treatment therefore, the infection level is expected to fall to zero. In the present study, it was shown that the level of natural infection in this area returns to predosing levels within six months (Fig. 4.2). This indicates that a high infection pressure to dogs exists, which is surprising considering the low prevalence of hydatidosis recorded among the intermediate hosts in this area (Macpherson, 1981).

Macpherson (1985) and Gemmell et al., (1985) have shown that the distribution of hydatid cysts in the intermediate host population is over-dispersed. Since a single hydatid cyst can produce over a million infective protoscoleces, one cyst can potentially infect a large number of dogs. The low incidence in the livestock can therefore produce a much higher incidence in the domestic dog population. In areas

where there are no abattoirs, such as in the present pilot control area, all cysts are likely to be thrown to dogs which congregate at the site of slaughter. The vastly reduced dog population in the pilot control area means that fewer dogs are competing for the same number of cysts (provided the incidence in man and livestock remains relatively constant). Therefore, infection pressure to dogs in such a case could be expected to be higher than in areas with higher dog populations, resulting in a sustained high infection rate and incidence. This is in agreement with the postulate put forward by Keymer and Anderson (1979), and Keymer (1982), stating that where transmission of parasites from host to host is achieved by ingestion of an infective stage, the rate of infection is dependent on the pressure of infection from the parasite (ie. parasite density) level of exposure of the host to the parasite, the size of the host population and the feeding behaviour of the host. Although the prevalence of *T. hydatigena* among the intermediate hosts is higher than that of *E. granulosus*, this difference was not reflected in the rate of infection in dogs. This could be due to the high multiplication potential of larvae within hydatid cysts.

Drought is another factor that might contribute to the high infection rate in dogs by increasing the level of availability of hydatid cysts through livestock deaths. Dogs in the control area were shown to harbour significantly higher *E. granulosus* worm loads (Fig. 4.1) towards the end of the 1978/82 drought (Appendix 1.1) when the effects were most severe. Similar increase in infection intensity following

prolonged drought conditions was observed in Maasailand in dogs infected with *E. granulosus* (Ngunzi, 1985). It is therefore possible that in Turkana, prolonged droughts that are known to occur every ten years or so (data from the Meteorological department of Kenya), may play a role in periodically raising the prevalence of *E. granulosus* infection in dogs.

The rapid acquisition of *E. granulosus* infection by dogs in Turkana suggests that in order to reduce transmission between dogs and intermediate hosts as much as possible, it would be necessary to reduce the dosing interval. This will be discussed further in the concluding chapter in the light of the studies on prepatent period and effects of the parasite density on egg production.

In New Zealand, inclusion of *T. hydatigena* in the dog infection testing programme was found necessary as an educational measure (Gemmell, 1968a). Due to its large size, the tapeworm is easily noticed in the purge, thus helping the people to appreciate the seriousness of feeding their dogs with raw offal. The identification of *T. hydatigena* as the only other taeniid in Turkana dogs is an added advantage to the hydatid control education programme, as the tapeworm can be an indicator of individuals who have not complied with the teaching of not feeding raw offal to their dogs.

The rapid reinfection rate observed in dogs both with *E. granulosus* and *T. hydatigena* seems to indicate poor immunity against these parasites. This field observation supports

laboratory studies which have shown that there is little protection against reinfection by dogs against *E. granulosus* (Gemmell and Soulsby, 1968; Herd, 1977; Gemmell et al., 1985). However, specific antibodies to *E. granulosus* have been identified as early as 32 days post-infection (Jenkins and Rickard, 1985). If the levels of these antibodies decrease within the six weekly dosing interval, their subsequent detection indicating reinfection would serve as a useful substitute for the present surveillance technique of arecoline purging. Arecoline surveillance is not a reliable technique (Fig. 4.2) as often dogs fail to purge, and even when they do worms are not always expelled (Batham, 1946; Gemmell, 1968b), and young or light infections can easily be missed. It is also a cumbersome method and presents greater risk of infection to personnel. In the present pilot control programme, however, it appears that arecoline surveillance is necessary as an indicator of the disease in dogs, and hence the infection pressure to the intermediate hosts, there being no abattoirs in the control area.

## Chapter 5

# THE RELEASE AND SURVIVAL OF *E. GRANULOSUS* EGGS UNDER THE TURKANA ENVIRONMENTAL CONDITIONS AND THEIR IMPACT ON THE INCIDENCE OF HYDATIDOSIS IN KENYA

### 1 INTRODUCTION

The incidence of hydatidosis in a population is influenced by numerous factors, including the infection pressure from infective *E. granulosus* eggs. The infective pressure depends on the number and transmission potential of viable eggs to susceptible intermediate hosts. The number of *E. granulosus* infected dogs, their worm burden and the biotic potential of the adult parasite, determine the absolute egg production. Once released, eggs are exposed to the environment where temperature, humidity and microorganisms affect their survival (Lawson and Gemmell, 1983). Dispersal of the eggs is facilitated by such factors as the movement and the faecatory habits of the definitive host, wind, flies and water (Gemmell and Lawson, 1986). Difference in sociological, cultural, occupational, dog ownership and husbandry practices, have been shown to influence the infection pressure to man and his livestock (Araujo et al., 1975; Schwabe et al., 1981; Watson-Jones and Macpherson, 1943). Coupled to all these factors, the survival of eggs in the environment must also influence the infection pressure,



and ultimately the infection levels in the intermediate hosts.

The present study was undertaken to examine the biotic potential, release of eggs from proglottids, and the survival of *E. granulosus* eggs in the Turkana environment. The survival of *E. granulosus* eggs in Turkana was compared with that in the Maasai environment. The results were compared with the survival of *T. hydatigena* and *T. saginata* eggs in the two different climatic regions of Kenya where the prevalence of hydatid disease is very different. The prevalence of hydatidosis is high in man and low in livestock in Turkana district, but paradoxically hydatidosis is high in livestock and low in man in Maasailand (Eugster, 1978; Macpherson, 1981).

## 2. MATERIALS AND METHODS

### 2.1 Numbers of eggs per proglottid

The undetached gravid proglottids of *E. granulosus* and *T. hydatigena* were obtained from naturally infected dogs on autopsy while detached *T. hydatigena* proglottids were collected from the lower rectum. The intensity of *E. granulosus* infections in the autopsied dogs was noted and divided into light (1-200), medium (201-1000) and heavy infections (>1,000). *E. granulosus* proglottids were also collected from freshly deposited faeces, and again 15 minutes later, from faeces from naturally infected dogs. Proglottids

of *T. saginata* were obtained from local people prior to niclosamide treatment. Eggs were obtained from a known number of proglottids either by tearing them apart with needles or leaving the *E. granulosus* proglottids in water for two days to disintegrate. Total egg count was made using two separate drops (0.04ml) from a known volume of egg suspension. The average number of eggs per proglottid was then calculated.

### 2.2 Collection of taeniid eggs

Gravid proglottids of *E. granulosus* and *T. hydatigena* were collected from dogs found on autopsy to be monospecifically infected. Proglottids were washed in saline and finally transferred to a saline solution containing antibiotics (final concentration of 50 units penicillin, 50ug streptomycin and 5µg fungizone) for transportation to the lab. Eggs were released by tearing the proglottids apart with pointed needles. The eggs of the same species were pooled.

### 2.3 Hatching and activation

Hatching and activation of the eggs were carried out as described by Stevenson (1983) except that 1.5g sodium taurocholate and 1.5g pancreatin powder were used instead of 1ml bovine bile. After hatching and activation of the eggs, a drop was examined under the microscope and the number of hatched and unhatched oncospheres counted and recorded. Viability was assessed using hook motility and the eosin

inclusion dye test (Smyth and Barrett, 1980). At least 200  
microspheres were examined.

#### 2.4 Egg survival experiments

These were carried out in Turkana and in Nairobi under  
different environmental conditions (open ground, house and  
water) using about 20,000 eggs for each species and  
experiment. To facilitate egg recovery whilst avoiding egg  
contamination, for example by flies, and at the same time  
minimally exposing them to the environmental conditions, the  
eggs were sealed in small nylon bags (Fig. 5.1) with pores of  
10 µm diameter. The environmental temperatures and humidity  
in the various regions, were recorded in the course of the  
experiment.

#### 2.5 Proglottids as agents of taeniid egg dispersal

*granulosus* proglottids passed in dog faeces were observed  
from the time of defaecation to the time the proglottids  
ceased moving. The distance moved by a sample of proglottids  
and the average number of eggs per proglottid on defaecation  
and after cessation of proglottid movement were noted.

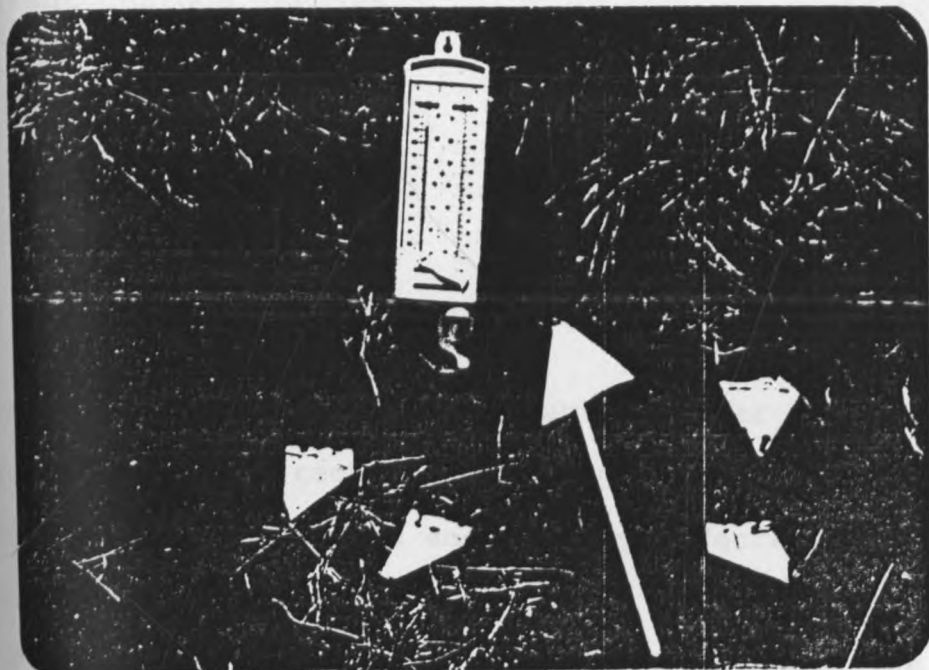


FIGURE 5.1

Exposure of taeniid eggs in nylon bags to the Turkana open ground environment. The sensitive tip of the thermometer is also covered by a nylon bag

## 5.2.6 Statistical analysis

Comparisons of the number of eggs per proglottid in the different *E. granulosus* infection densities in dogs were carried out using the analysis of variance, while regression analysis was used to compare the egg survival rates among the different cestode species.

## 5.3 RESULTS

### 5.3.1 Egg release from proglottids

As presented in Table 5.1, the average number of eggs per proglottid before detachment for *E. granulosus* was 842, 793, and 835 in lightly, medium and heavily infected dogs respectively. Analysis of variance on the number of eggs per proglottid showed no significant difference among the different infection densities. The average number of eggs per proglottid was shown to be 823 (range, 400-1,300) and 13,929 (range, 20,000-54,000) for *E. granulosus* and *T. hydatigena* respectively. Most of the eggs were found to be released in the intestine before the proglottids passed out of the host. Tables 5.1 and 5.2 summarise the results of the egg counts in *E. granulosus* and *T. hydatigena* segments passed in dog faeces and *T. saginata* segments passed in human faeces. By the time the proglottids are passed out, they were found to have lost 73.3%, 72% and 91% of the eggs for *E. granulosus*, *T. hydatigena* and *T. saginata* proglottids respectively.

TABLE 5.1

Number of eggs in *Echinococcus granulosus* proglottids

Number of dogs	Attached segments			Fresh segments in dog faeces			Segments after cessation of movement		
	Segments examined	Eggs counted	Mean	Segments examined	Eggs counted	Mean	Segments examined	Eggs counted	Mean
1 (H)	30	27240	908	30	7860	262	22	1804	82
1 (H)	30	26400	880	20	6040	302	10	740	74
1 (H)	30	23280	776	30	5520	184	8	448	56
1 (M)	30	28320	944	50	11000	220	15	1395	93
1 (H)							20	1500	75
5 (H)	217	171950	792						
range (H)			835						
1 (M)	31	23000	742						
1 (M)	24	21600	900						
range (M)			793						
1 (L)	24	20000	769						
1 (L)	6	6650	1108						
1 (L)	7	6200	886						
range (L)			842						
eggs/segment (mean)			823		234			79	
			(400-1300)		(130-300)			(30-150)	
eggs remaining*					26.7			9	

(H), (M), (L) Heavy, Medium, and Light infections.

\*The mean of the remaining eggs/segment as a percent of the mean number of eggs/segment before segment detachment.

TABLE 5.2

Number of eggs in *Taenia hydatigena* and *Taenia saginata* proglottids

T. HYDATIGENA					T. SAGINATA			
Attached segments			Detached segments in lower rectum			Segments passed in faeces		
Segments examined per sample	Eggs counted	Mean	Segments examined per sample	Eggs counted	Mean	Segments examined per sample	Eggs counted	Mean
4	216000	54000	8	84000	10500	3	144400	48133
6	177480	29580	4	16000	4000	5	51800	10360
6	180720	30120	10	121300	12130	2	513	256
4	80000	20000	3	22350	7450	3	5680	1893
2	97320	48660	4	29320	7330	2	2225	1112
3	76200	25400	12	121300	10108	2	2435	1217
5	196750	39350	4	22680	5670	1	4310	4310
5	111000	22200	7	79030	11290	5	42050	8410
5	221700	44340	9	75330	8814	2	34240	34240
			2	26000	13000	2	27640	13820
			1	9060	9060	5	3795	759
			4	69200	17300	7	2581	369
			7	42840	6120	1	20000	20000
Eggs/segment (mean)	33929			9512			7859	
	(20000-54000)			(4000-13000)			(100-55000)	
Remaining eggs %				28			9*	

The mean of the remaining eggs/segment as a percent of the mean number of eggs/segment before detachment  
 Number of eggs/segment before detachment is 80,000 (Penfold et al., 1937)

Outside the host, *E. granulosus* proglottids were seen to continue peristaltic movements for less than fifteen minutes before they dried up in the sun's heat on the faecal pat, without moving any distance. At this stage, only an average of 79 eggs (9%) were left in the proglottid (Table 5.1).

### 3.2 Egg survival

The survival times for *E. granulosus*, *T. hydatigena* and *T. ovinata* eggs are tabulated in Table 5.3. No significant difference in the survival times of eggs among the species tested was observed. All the eggs exposed to the Turkana ground environment lost viability in less than three hours, while those kept in the house and in water survived for two and more than twelve days respectively. In contrast the eggs kept in the shade in the Maasai environmental conditions were viable even after three weeks. Loss of hook motility in the encysted eggs was observed to precede loss of viability as determined by the eosin dye test.



TABLE 5.3

Survival rates of *E. granulosus*, *T. hydatigena* and *T. saginata* eggs in the Turkana and Nairobi environment

Environment	Time	Average Temp. (°C) and Rel. humidity		% eggs hatched			% viable of eggs hatched			% motile of eggs hatched			
				TH	TS	EG	TH	TS	EG	TH	TS	EG	
GROUND	I	0 hrs	-	-	45		25	88		88	18		20
		0.5 hrs	50	-	40		20	90		88	8		25
		1.5 hrs	51 ± 1	-	25		3	75		100	4		0
		3 hrs	53 ± 2	-	35		10	0		0	0		0
		6 hrs	57 ± 5	-	50		30	0		0	0		0
	II	0 hrs	-	-	98	95	100	97	100	100	14	10	12
		1 hr	66 ± 1	17	97	86	99	96	90	97	13	7	10
		2 hrs	69 ± 3	17	98	89	95	0	0	0	0	0	0
		2.5 hrs	68 ± 3	18	80	48	88	0	0	0	0	0	0
	HOUSE	I	0 days	-	-	45		25	88		88	18	
1 day			29 ± 5	42 ± 6	50		10	77		50	6		10
3 days			29 ± 5	42 ± 6	45		5	0		0	0		0
5 days			29 ± 5	42 ± 4	40		20	0		0	0		0
II		0 days	-	-	98		100	97		100	14		12
		2 days	31 ± 5	32 ± 8	97		23	93		34	25		0
		3 days	31 ± 5	34 ± 10	76		64	70		0	0		0
		4 days	31 ± 5	36 ± 12	80		50	0		0	0		0
WATER	I	0 days	-	-	45		25	88		88	18		20
		2 days	28 ± 3		60		40	88		88	8		18
		4 days	29 ± 2		35		15	93		90	9		47
		7 days	28 ± 3		40		10	92		88	25		25
	II	0 days	-	-	98		100	97		100	14		12
		6 days	29 ± 3		99		97	100		99	10		9
		9 days	29 ± 3		98		91	99		96	19		32
		12 days	28 ± 3		87		40	97		96	14		13
	Nairobi HOUSE	0 days	-	-	95	99	96	100	100	100	35	28	42
		19 days	20 ± 5	75 ± 15	77	70	55	77	93	33	1	2	0
29 days		20 ± 5	75 ± 15	3	5	4	0	0	0	0	0	0	
34 days		20 ± 5	75 ± 15	10	5	6	0	0	0	0	0	0	

## DISCUSSION

average numbers of eggs contained in intact *E. granulosus* and *T. hydatigena* proglottids in Turkana are approximately 10,000 and 34,000 respectively. These are within the reported ranges of average number of eggs per proglottid for these parasites (Lawson and Gemmell, 1983). The large variation in numbers reported for *E. granulosus* (Arundel, 1972; Thompson and Eckert, 1982) may have been due to lack of detailed studies on the number of eggs per proglottid. In the present study it was shown that the number of eggs per proglottid for *E. granulosus* is not density dependent. The rate of development for *E. granulosus* in dogs is also not density dependent (Gemmell et al., 1986). It therefore allows the total egg production in the infected dogs in the northwestern Turkana is high as the prevalence of *E. granulosus* is 63% with more than half of them carrying more than 200 worms per dog (Fig. 5.2).

The onset of egg release from the proglottids is probably when the anterior end ruptures as the segment detaches (Lonnert et al., 1968; Mehlhorn et al., 1981). Studies carried out with *T. hydatigena*, *T. pisiformis* and *T. multiceps* in dogs have shown that the majority of eggs are released in the gut before the segments are passed out of the host (Rijpstra et al., 1961; Featherston, 1969; Coman and Backard, 1975; Gregory, 1976; Willis et al. 1981). This depends on the rhythmic movements of contraction and relaxations by the proglottid, and the pressure of the segments against the gut wall as it passes down the gut.

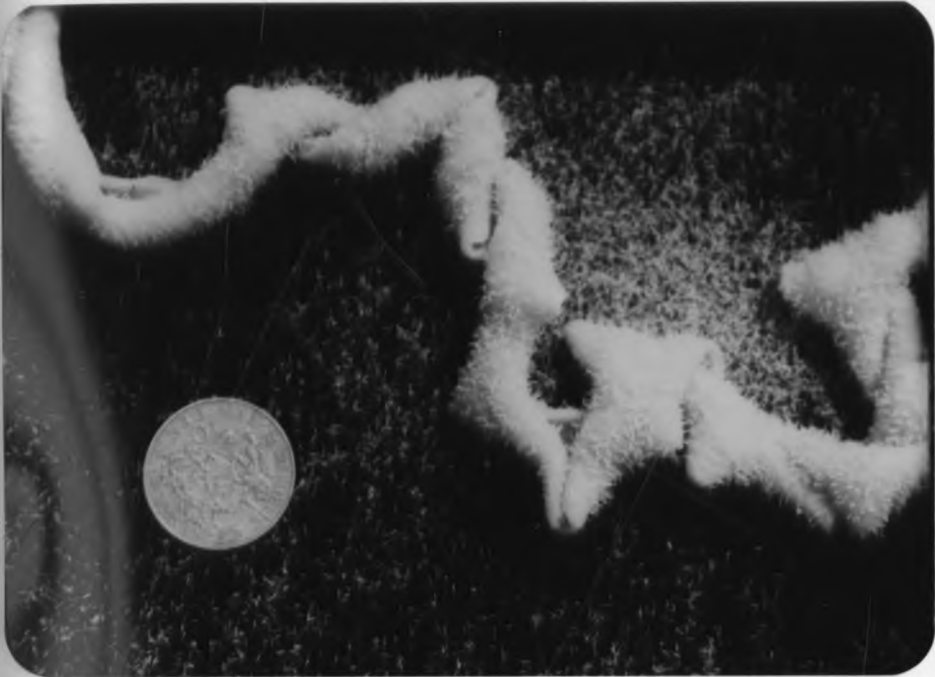


FIGURE 5.2

Longitudinally opened small intestine from experimental Turkana dog showing a heavy infection with *E. granulosus*

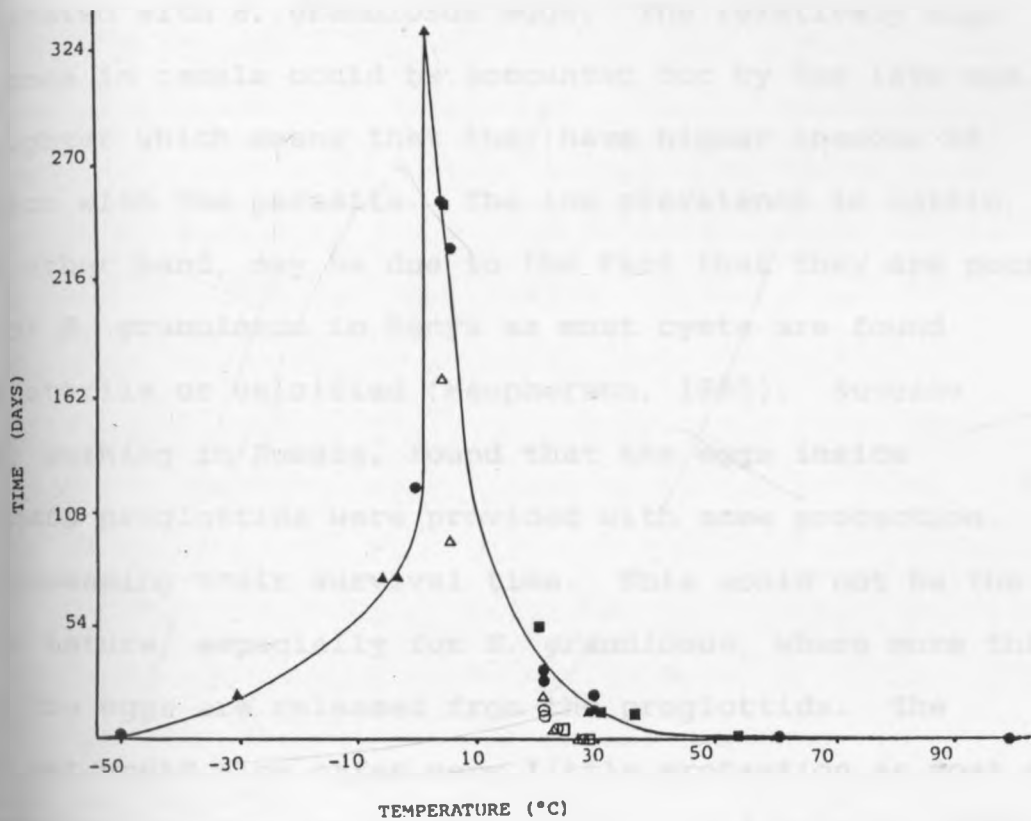
The present study has shown that about 70% of eggs of *E. granulosus*, *T. hydatigena* and *T. saginata* are released in the gut. Handling of segments by patients at collection, may have contributed to the increased release of eggs in the case of *T. saginata*. Peristaltic movements by the proglottids continue outside the host, releasing most of the remaining eggs, and only about 9% of *E. granulosus* eggs per proglottid were found by the time all movements ceased. This means that although taeniid segments may migrate under favourable conditions for more than 25cm from the faecal pat (Nosik, 1939; 1952; Sweatman and Plummer, 1957; Matoff and Kolev, 1964), this is probably not a very significant method of taeniid egg dispersal as suggested by Mattoff and Kolev (1964) and Lawson and Gemmell (1983). In the hot Turkana climate all *E. granulosus* segments were found to dry up on the surface of the faecal mass before any migration occurred.

Outside the host, many factors may affect egg survival; these include microbial contamination, temperature, desiccation, and age (Silverman, 1956; Laws, 1968; Coman, 1975; Gemmell, 1977; reviews by Lawson and Gemmell, 1983; Gemmell and Lawson, 1986). When the results on the survival of taeniid eggs in days are plotted against temperature (Fig. 5.3), it is apparent that temperature is one major factor determining taeniid egg survival. This, and similar conclusions made by Coman (1975), Gemmell, (1977) and Schaefer (1986), does not support the suggestion by Laws (1968) that the importance of temperature in causing mortality of taeniid eggs is only in its influence on the rate of water loss. Irrespective of taeniid species and method of assay (*in vitro* or *in vivo*),

the survival of the eggs is shown to be maximum at temperatures between 0°C and 10°C (Fig. 5.3). Within this temperature range *Echinococcus* eggs have been shown to be infective after being held in water for more than seven months (Thomas and Babero, 1956; Sweatman and Williams, 1963b; Schaefer, 1986). In temperatures beyond 45°C, however, taeniid eggs perish within hours of exposure. Humidity does not seem to have any effect on their survival (Nosik, 1952; Meymerian and Schwabe, 1962; Williams, 1963; Williams and Colli, 1970; Colli and Williams, 1972; Gemmell, 1977; Schaefer, 1986). In Turkana, midday sand temperatures usually exceed 60°C and it was therefore not surprising that *E. granulosus*, *T. hydatigena* and *T. saginata* eggs kept on the sand remained viable for only less than three hours.

The eggs kept in the Turkana house environment at 25°C to 35°C and approximately 35% relative humidity, remained viable for two days whereas those in the cooler Maasai climate and higher humidity survived markedly longer. Coman (1975) was able to infect rabbits with *T. pisiformis* eggs kept at 37°C to 39°C for seven days, but they were maintained at a higher relative humidity level than found in Turkana.

The survival of *E. granulosus*, *T. hydatigena* and *T. saginata* eggs in water for more than twelve days at 30°C was similar to that shown by Ross (1929), who was able to infect guinea-pigs with *E. granulosus* eggs kept in water at 30°C for 11 days.



Survival of *E. granulosus* (●), *T. hydatigena* (■) and *T. saginata* (▲) eggs at different temperatures and relative humidity above 85%. The survival of *E. granulosus* (○), *T. hydatigena* (□) and *T. saginata* (△) eggs at relative humidity below 85%-----these were not taken into account and not drawing the line of best fit.

(Data from Appendix 5.2 and including results of the present study.)

FIGURE 5.3  
Survival rates of taeniid eggs at different temperatures

The results obtained in the present study help to explain the difference in the prevalence of hydatidosis in man and his livestock in Turkana. In a land that has very little vegetation cover, the low disease prevalence in sheep and goats (Macpherson, 1981) may be due to the "sterilizing" effect of prolonged high temperatures on dog faeces contaminated with *E. granulosus* eggs. The relatively high prevalence in camels could be accounted for by the late age of slaughter which means that they have higher chances of infection with the parasite. The low prevalence in cattle, on the other hand, may be due to the fact that they are poor hosts of *E. granulosus* in Kenya as most cysts are found either sterile or calcified (Macpherson, 1985). Suvorov (1965), working in Russia, found that the eggs inside *T. saginata* proglottids were provided with some protection, thus increasing their survival time. This would not be the case in nature, especially for *E. granulosus*, where more than 90% of the eggs are released from the proglottids. The faecal pat would also offer very little protection as most of the eggs are found on the surface (Lawson and Gemmell, 1983). Comparatively, livestock in Maasailand have a higher incidence of the disease than in Turkana, as the Maasai climate, which is closely comparable to that of Nairobi, is much cooler and more humid, making it more favourable to survival of the taeniid eggs.

Man in Turkana, unlike his animals, is much more exposed to infective *E. granulosus* eggs as a result of his habits and practices. According to Watson-Jones and Macpherson (1988), the Turkana people in the north of the district who have a

higher disease prevalence than those in the south, also have more contact with their dogs. They were also observed to tolerate the dogs in their "akai" (huts), allowing them to sleep there and lick the food utensils used by the families. Infected dogs are known to carry taeniid eggs on the hairs around the anal region, muzzles and paws, (Nosik, 1952; Matoff and Kolev, 1964). Gravid proglottids also occasionally crawl out of their anus. Due to the shortage of water most of the dogs in Turkana are used as "nurse-dogs", licking babies when they vomit or defaecate, and so spend most of their time around the "akais". The chances of infected dogs contaminating peoples' hands, utensils and living areas with infective *E. granulosus* eggs, are therefore very real. In Turkana, women appear to spend more time with the dogs than men do and they have a higher disease incidence than men (French and Nelson, 1982). However, it is surprising that Watson-Jones and Macpherson (1988) found no correlation between the total time dogs spent in the presence of different people and the disease incidence, but they showed a statistically significant correlation between the incidence of human hydatidosis and the amount of time the dogs spent in the "akais". This supports the point made on the importance of favourable environment for survival of eggs in the disease transmission.

Water is another source of hydatid infection in Turkana. In the heat of the day, the author has observed dogs cooling themselves by dipping in water-holes, the only source of water in Turkana for most people in the dry season.



Stevenson and Macpherson (1982) counted upto 800 taeniid eggs per litre of water drawn from one of the water-holes in the northwestern Turkana. Although the people normally avoid stirring the water while drawing, there are times when the level drops and makes it inevitable, thus resuspending the normally sedimented taeniid eggs. As *E. granulosus* eggs can remain viable in water for days, people may swallow infective eggs with the water.

Different types of flies have been shown to transport infective taeniid eggs either internally or externally (Lawson and Gemmell, 1983). As flies occur in large numbers around the people in Turkana and Maasailand, especially in the rainy season, it is easy to envisage how they could contaminate human food with *E. granulosus* eggs.

The reasons for the large difference between the incidence of hydatidosis in man and his livestock in Turkana are therefore fairly clear, but it is not easy to explain why the incidence among the Maasai people is low despite similar behavioural practices to the Turkana (Macpherson, personal communication). Although the climatic conditions in Turkana do not favour the survival of taeniid eggs, the incidence of human hydatidosis continues to be the highest in the world (French and Nelson, 1982; French et al., 1982; Macpherson et al., 1987) due to human social behaviour. These have thus become the main points stressed in the education of the people as part of the current pilot control programme in Turkana district.

## Chapter 6

### E. GRANULOSUS: TREATMENT IN DOGS BY CONTROLLED DRUG RELEASE FORMULATION

#### 6.1 INTRODUCTION

Up until twelve years ago, there was no highly effective drug for the treatment of echinococcosis in the definitive host and control measures against the adult stage consisted mainly of arecoline purge and destruction of the unwanted dogs (Gemmell, 1979). With the introduction of praziquantel, a drug which has 100% efficacy against both immature and mature stages of *E. granulosus* in a single dose rate of 5mg/kg (Thakur et al., 1978), it is now possible to achieve a rapid break in the transmission of hydatidosis. However, praziquantel given to dogs is rapidly eliminated from the body in less than two days (Andrews, 1976). In addition, immunity in dogs against this parasite is poor (Gemmell and Goulsby, 1968; Herd, 1977; Gemmell et al., 1985) and reinfection can therefore occur soon after praziquantel treatment. Thus, to prevent environmental contamination with *Echinococcus* eggs, and hence transmission of the disease, most hydatid control programmes have adopted a dog dosing interval of six weeks, which is generally accepted as the prepatent period of the parasite (WHO, 1982).

It is of any value as a control measure, mass dog treatment needs to be sustained until longer lasting measures, like

behavioural change in people through education, have fully been effected and the incidence of infection much reduced. The development of a treatment regime or vaccine that would provide prolonged protection against reinfection with *Echinococcus* would therefore be of real advantage to hydatid control programmes. This would be more so in areas like Burkana where the dog population is sparse and distributed in large area with poor communication.

Sustained drug release has been experimented on in the treatment of malaria (Powers, 1965; Judge and Howells, 1979), *Leishmaniasis* (*Leishmanium carinii* (Collins, 1974), schistosomiasis (Olanoff et al., 1980; Marshall, 1982a), *Hymenolepis nana* (Marshall, 1982b) and echinococcosis (Belousov, 1985).

Belousov (1985) was able to protect dogs from *Echinococcus* infection for the first 35 days of praziquantel treatment injected subcutaneously with silicone as a prolonger, but in the subsequent 110 days the drug only inhibited the development of the worms.

The present study examines the possible use of controlled release glass encapsulated praziquantel in the treatment of *E. granulosus* infections, with an aim of obtaining a prolonged dog treatment regime. Due to the high risks of infection involved in maintaining dogs with patent infections of *Echinococcus*, *T. hydatigena* is used as a model.

## MATERIALS AND METHODS

### 2.1 Dogs

ten puppies aged three to five months and weighing not more than 8kg, were purchased and reared in Lokichokio as described in Chapter 3.

### 2.2 Praziquantel capsules

Class capsules manufactured by Standard Telecommunication Laboratories, Harlow, Essex, Britain were obtained from Dr. Marshall of Liverpool School of Tropical Medicine, England, and used in the present experiment. The degradable capsules were primarily made of oxides of calcium, sodium and phosphorous. Each capsule measured 14x3mm and contained 20mg of praziquantel. The capsules lumen was eccentric to enable the collapse of one length of wall to ensure rapid release of the drug, while maintaining the strength of the capsule frame (Fig. 6.1).

### 2.3 Infection of dogs with *T. hydatigena*

The puppies were each fed with five *Cysticercus tenuicollis* cysts obtained from Lokichokio slaughter slab. Prior to praziquantel capsule implantations, the infections were confirmed either by laparotomy or presence of the tapeworm segments in the host faeces, depending on the number of days post cyst-feeding (Table 6.1). The surgical operations were carried out under general anaesthesia and a three day post-surgical course of procaine penicillin treatment was given as an antibiotic cover.

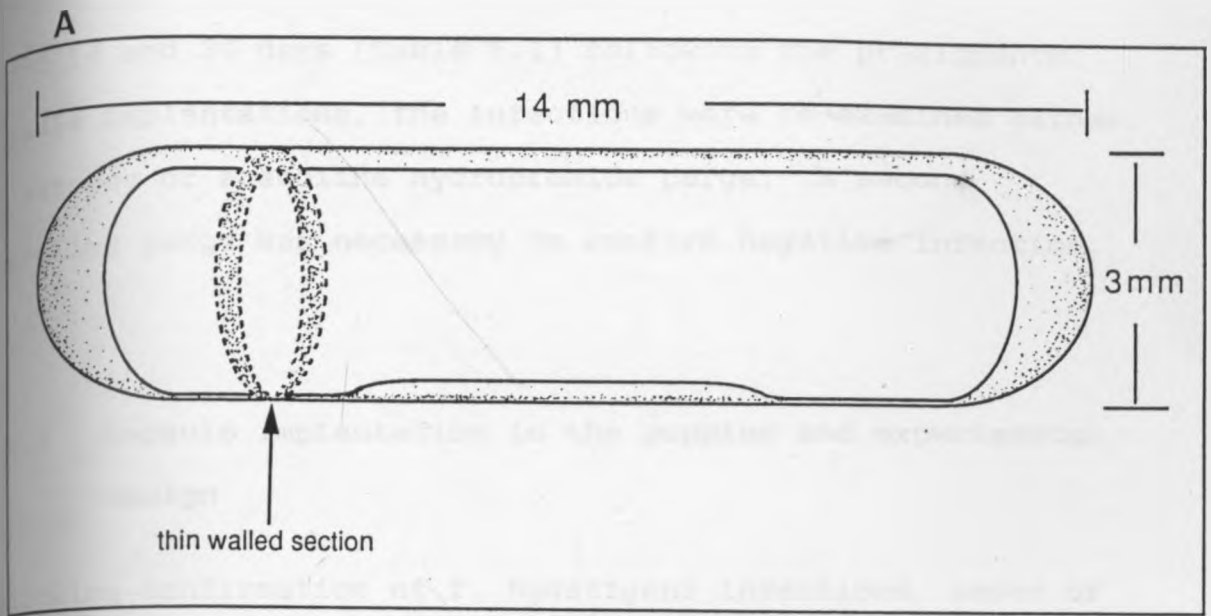


FIGURE 6.1 A. Diagrammatic representation of the degradable capsule

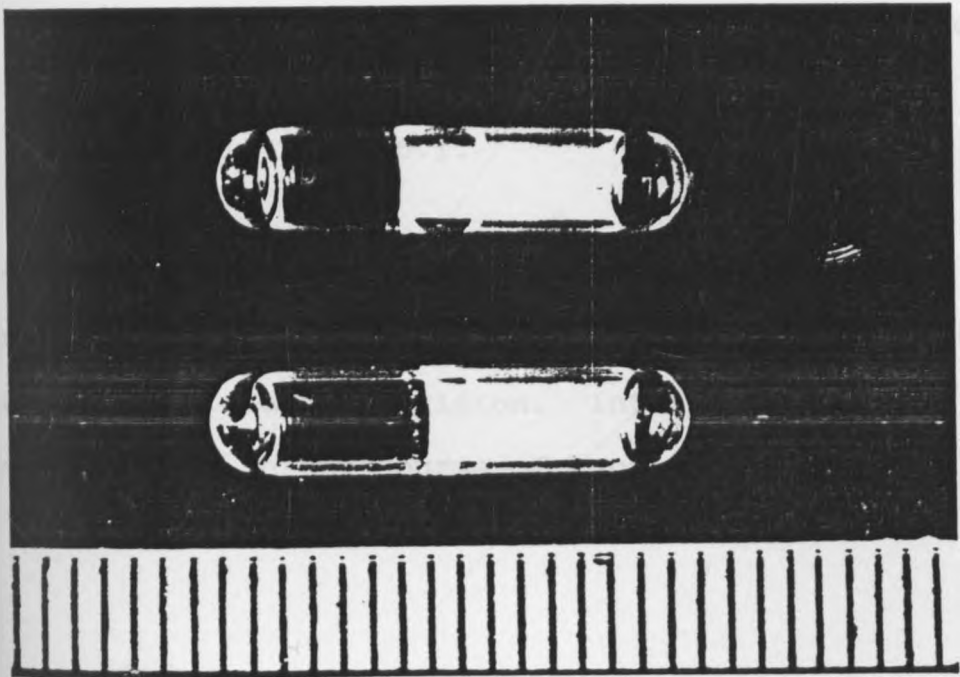


FIGURE 6.1 B. A photograph of the capsules with millimetre scale provided

After 14 and 30 days (Table 6.1) following the praziquantel capsule implantations, the infections were re-examined either by autopsy or arecoline hydrobromide purge. A second arecoline purge was necessary to confirm negative infection.

#### 6.2.4 Capsule implantation in the puppies and experimental design

Following confirmation of *T. hydatigena* infections, seven of the ten puppies received two subcutaneous capsule implantations each, one received two peritoneal implantation and the last two remained as untreated controls. The capsules were dipped in a solution of penicillin/streptomycin to minimize any bacterial contamination. The location of the implants in each puppy and the rest of the experimental design are summarized in Table 6.1.

Capsules were implanted into the subcutaneous tissue under local anaesthesia. This was a simple operation requiring only two sutures to close the incision. Intraperitoneal capsules were inserted in the course of laparotomy.

TABLE 6.1

Controlled release glass encapsulated praziquantel treatment in dogs infected with *Taenia hydatigena*

Dog No.	No. of cysts fed	Examination of the infections in dogs		Praziquantel capsule implants	Re-examination of the infections in dogs		
		Method	DPI +/-	No. site	Method	DPI DPIM +/-	
1	5	Laparotomy	28 +	2 Sternum	Autopsy	42 14 -	
2	5	Laparotomy	28 +	2 B. scapula	Autopsy	42 14 -	
				S/Q			
3	5	Laparotomy	28 +	2 Peritoneal	Autopsy	42 14 +	
4	5	Faecal examination	60 +	2 B. scapula	Arecoline purge	90 30 -	
				S/Q			
5	5	Faecal examination	60 +	2 B. scapula	Autopsy	90 30 -	
				S/Q			
6	5	Faecal examination	60 +	2 B. scapula	Arecoline purge	90 30 -	
				S/Q			
7	5	Faecal examination	60 +	2 B. scapula	Autopsy	90 30 -	
				S/Q			
8	5	Faecal examination	60 +	2 B. scapula	Arecoline purge	90 30 -	
9	5	Faecal examination	60 +	*	Arecoline purge	90 30 +	
10	5	Faecal examination	60 +	*	Arecoline purge	90 30 +	

DPI Days post infection  
 DPIM Days post capsule implants  
 S/Q Subcutaneous  
 B scapula Between the scapulas  
 + Infected  
 - Not infected  
 \* Control dog

### 6.3 RESULTS

The puppies recovered well from the capsule implant operations and the wounds were hardly detectable after a week. They showed no signs of discomfort or irritation associated with the implants. An exception to this was puppy number 6, which had a bacterial infection on the incision wound; this was, however arrested by a four-day course of procaine penicillin treatment.

All the puppies that received subcutaneous capsule implantation were cleared of the *T. hydatigena* infections in about two weeks (Table 6.1). In contrast, puppy number 3 in which the capsules were implanted peritoneally and the control puppies, were still infected after 14 and 30 days respectively.

Capsules implanted subcutaneously were detectable on palpation immediately after implantation but not after day 17 post-implantation. All the implanted capsules were recovered intact from puppy number 3. Capsules in puppies 1 and 2 were open at the thin walled section (Fig. 6.2) and approximately half of the praziquantel remained in each capsule. No capsules were detected in puppies autopsied 30 days post-implantation. In addition, no tissue reactions were observed at the implant sites in any of the autopsied puppies.



#### 6.4 DISCUSSION

Seven of the eight dogs infected with *T. hydatigena* were cleared of the infections following subcutaneous implantation of the praziquantel capsules. The capsules were well tolerated by the puppies, causing no obvious side effects. Capsules implanted into dog number 3 were still intact 14 days later, and the infection in this puppy was retained, as were the infections in the control dogs. Degradation of the capsule wall therefore seems to be better in a subcutaneous rather than peritoneal site, a fact which is probably due to differences in blood supply and tissue contact.

A drug delivery system that exposes the parasite to sublethal drug concentrations, such as described by Belousov (1985), may provides conditions favourable to the development of resistant strains. Although resistance to anthelmintics has never become the problem that one associates with the use of antimalarials, insecticides or antibiotics, isolated cases have been reported over the years (Brander *et al.*, 1982).

Development of *Haemonchus contortus* resistant strains against thiabendazole reported from Australia was partly associated to the usage of the drug at sublethal doses (Le Jambre *et al.*, 1978). The use of degradable capsules, however, ensures a fast release of chemotherapeutic dose of the drug into the blood system. This method has an added advantage in that less of the drug is used as opposed to the slow release method.

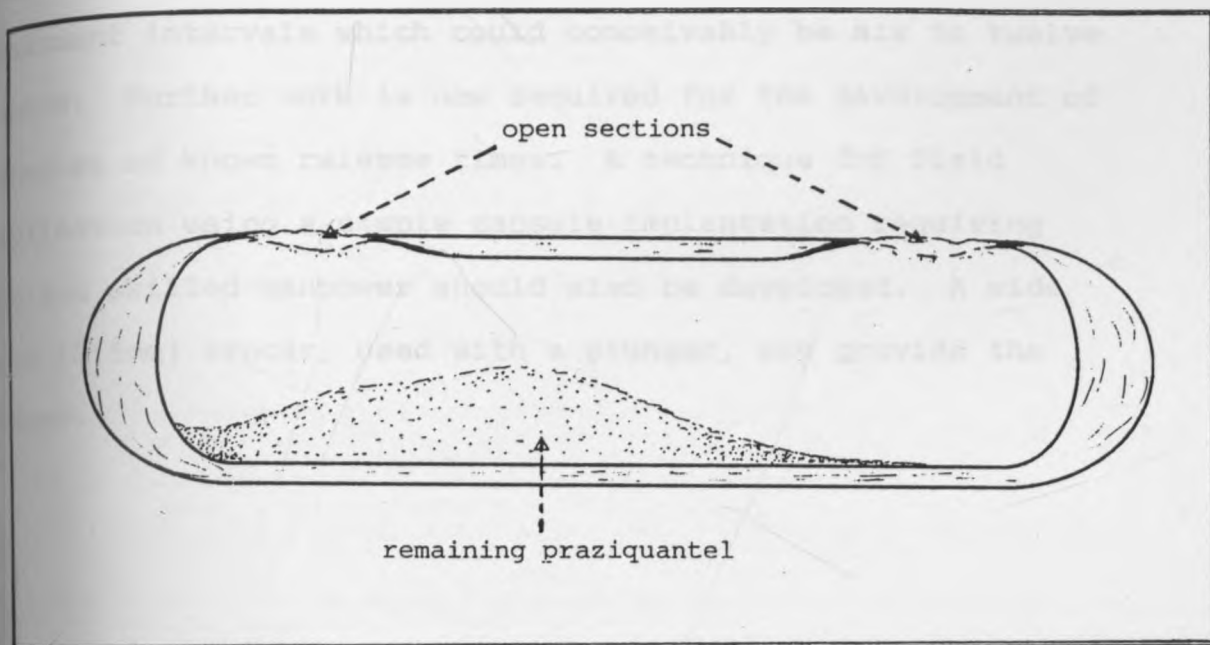


FIGURE 6.2

Diagrammatic representation of a degradable capsule open at the thin sections of the wall and less than half of praziquantel remaining 14 days post implantation.

The time taken for the release of the drug can be regulated by increasing or decreasing the thickness of the thinner section of the capsule wall or by changing the composition of the capsules. By implanting capsules of known different drug release times, it would be feasible to achieve prolonged dog treatment intervals which could conceivably be six to twelve months. Further work is now required for the development of capsules of known release times. A technique for field application using a simple capsule implantation requiring minimum skilled manpower should also be developed. A wide bore (3.5mm) trocar, used with a plunger, may provide the answer.

## Chapter 7

### GENERAL DISCUSSION

It was recognized right from the onset of the Turkana pilot hydatid control programme that, like in all previous programmes in other parts of the world, education of the local population to the dangers of the disease, and motivating them to do something about it, was the key to its success (Macpherson *et al.*, 1984b).

The high infection pressure to dogs with *E. granulosus* in the control area, though partly explained by the drastic reduction in the dog population (chapter 4), testifies to the fact that long lasting changes in human behaviour usually take time. There is therefore a need for intensification of the educational campaign in order to reduce the amount of hydatid material made accessible to dogs. This need is more acute towards the end of drought periods, when infection pressure to dogs with the parasite seems to be highest (chapter 4). As the aims of the education programme take root, the most important step in the control of the disease in Turkana will remain interruption of transmission of the parasite from the domestic dog. This includes routine mass dog dosing with Droncit<sup>R</sup>. The Turkana dog dosing regime was adopted after the WHO guidelines (WHO, 1982) drawn from the fact that the prepatent period of *E. granulosus* in many parts of the world is shown to be six weeks (Gemmell, 1962; Smyth

et al., 1967). A shorter prepatent period of the parasite in dogs, such as was demonstrated in the present study (chapter 3), has in the recent past been reported by Kumaratilake (1982) and Thompson et al. (1984). It is therefore clear that generalization concerning the timing of drug treatments used for controlling *E. granulosus* infections in dogs can no longer be made.

The significance of the prepatent period in the choice of a dog dosing regime, in any hydatid control programme must, however, be viewed in the light of the rate of reinfection in dogs with the parasite, following treatment. Effective dog dosing intervals of durations longer than the prepatent period of *E. granulosus*, can only be envisaged in areas of very low rate of reinfection. The relationship between the dog dosing interval in Turkana and the rate of reinfection with *E. granulosus* can be calculated from a reinfection regression equation describing the autopsy regression line (Fig. 4.4), and given by:

$$y = a + bx + 2.378$$

For a large number of  $n$ , one can assume that  $y$  in the transformation equation (chapter 4) is very nearly

$$\ln (z/n - z).$$

It therefore follows that

$$\ln (z/n - z) = \ln (p/q)$$

where  $p$  is the proportion of dogs infected with *E. granulosus* in the control area and  $q$  is the proportion of dogs not infected.

the proportion of dogs that would be reinfected with *E. granulosus* when a six weekly dosing regime is used, is  $p$  in the following equation:

$$\ln (p/q) = -4.977 + 6(0.1589) + 2.378$$

$p = 16\%$  (ie 32 dogs out of 200 in the control area).

Both the prepatent period and the rate of reinfection in dogs with *E. granulosus* in Turkana, therefore, indicate that the dosing interval should be reduced from the present interval of six weeks to five weeks. Although at this interval, fourteen percent of the dogs in the control area would continue to be reinfected, the infections would not be patent, and hence there would be no risk of disease transmission to man.

The biotic potential of *E. granulosus* is high, and the production of eggs in the parasite is not density dependent (chapter 5). Gemmell et al. (1986) has also shown that the rate of development of the parasite in the definitive host is also not density dependent. It therefore requires only a small number of infected dogs to maintain the disease transmission cycle in Turkana, a region where infections in dogs of 50,000 or more gravid worms are not uncommon (Nelson and Rausch, 1963; Macpherson, 1985). In order to reduce the disease transmission as far as possible, it is then necessary that the regular treatment schedule be maintained in all dogs in the control area. Upto the present time, this has not been practicable in Turkana, due to difficulties experienced

in tracing and reaching the dogs, mainly because of the nomadic way of life of the people and poor road communication in the region (Macpherson et al., 1986b).

In view of the problems encountered in regular treatment of dogs in Turkana, the importance of a more prolonged protection against reinfection in dogs cannot be overstressed. Results obtained in treatment of tapeworm infections in dogs, with controlled release encapsulated praziquantel (chapter 6), show that the drug formulation has a promising future in this area. Further studies are required in the development of capsules of different release times, which would allow for prolonged treatment intervals in dogs.

Purging of dogs with arecoline hydrobromide in the control area is shown to detect only 10% (as in the following formular) of *E. granulosus* infected dogs.

$$y = a + bx \quad (\text{arecoline regression equation, Figure 4.4})$$

$$\ln(p/q) = -4.997 + 5(0.1589)$$

$p = 1.5\%$  (ie 3 dogs out of 200 in the control area).

Although this information shows that arecoline purge is not reliable in diagnosis of *E. granulosus* infections, it can be used to estimate the parasite infection rate from arecoline surveillance data. Purging of dogs has an added advantage in that it is a useful adjunct for the education programme.

The close association between man and his dog in Turkana has been cited as a major contributing factor to the high prevalence of human hydatidosis in that area (French et al., 1982; Watson-Jones and Macpherson, 1988). This view is supported by the findings of the study on the survival of *E. granulosus* eggs in Turkana, which have shown that the eggs remain viable for less than three hours in the Turkana open ground (chapter 5). This stresses the significance of the education programme, pointing out the need for a decreased dog/man contact, while keeping the dogs out of the houses.

The importance of strain differentiation studies within *E. granulosus* lies in the fact that different strain characteristics may influence local patterns of transmission and the health significance of the parasite (WHO, 1982). Two strains of *E. granulosus* have been shown to occur in Kenya (chapter 3) but their epidemiological significance to the control of the disease is not as yet apparent. Further studies are required to determine the extent of the distribution of each strain among the domestic intermediate hosts, and whether the strains show any differences in their response to chemotherapeutic agents. From the available evidence (Table 3.4), however, it will be advisable for the control programme to regard the strains as cross-infective among all the domestic intermediate hosts in Turkana, and potential sources of infection to man.



## Chapter 8

### CONCLUSIONS

Based on the findings of this study the following observations and conclusions were made.

- 1.1 At least two strains of *E. granulosus* exist in Kenya and are probably infective to all the domestic intermediate hosts in the country.
  - 1.2 The strains are morphologically and developmentally similar but can be differentiated on the basis of isoenzyme profiles or analysis of parasite DNA material.
  2. *E. granulosus* in Kenya develops faster in Turkana dogs than in those from Nairobi.
  3. The rate of natural infection with *E. granulosus* in dogs in the control area is high and infection level reverts to pre-control level in six months.
- To reduce transmission of hydatid disease from dogs in the control area, the six-weekly treatment of dogs with praziquantel ought to be reduced to five weeks interval.
- T. hydatigena* is the only other common dog taeniid in Turkana. Diagnosis of this tapeworm in dog faeces or purge can be used in the control programme as an indicator of dogs having been fed on raw offal.

Although purging of dogs with arecoline hydrobromide is not a reliable echinococcosis diagnostic method, it is a useful surveillance technique for the disease in domestic dog in Turkana and an adjunct for the education programme.

The increased infection intensity in dogs with *E. granulosus* observed towards the end of droughts in Turkana requires that hydatid control measures in this area be intensified at such periods.

Domestic dogs in Turkana have poor immunity against *E. granulosus*.

The use of controlled release glass encapsulated praziquantel in hydatid control programmes in order to prolong protection against reinfection with *E. granulosus* in dogs is now feasible.

10. The average number of eggs per proglottid in *E. granulosus* in Turkana is  $825 \pm 30$ . The number of eggs per proglottid is independent of the infection intensity.

11. Release of *E. granulosus* eggs starts soon after the proglottid detaches from the worm. By the time the proglottid leaves the host, about 70% of the eggs have already been released.

12. The rhythmic movements in proglottids of *E. granulosus* outside the host do not contribute to the dispersal of the parasite eggs in Turkana.

13. Survival of taeniid eggs is best at temperatures between 0°C and 10°C.
14. Open ground day temperatures in Turkana are inimical to survival of taeniid eggs.
15. Relevant changes, in human behaviour that help in maintaining the transmission cycle of hydatidosis in Turkana, is ultimately the answer to the human hydatid problem in the region.

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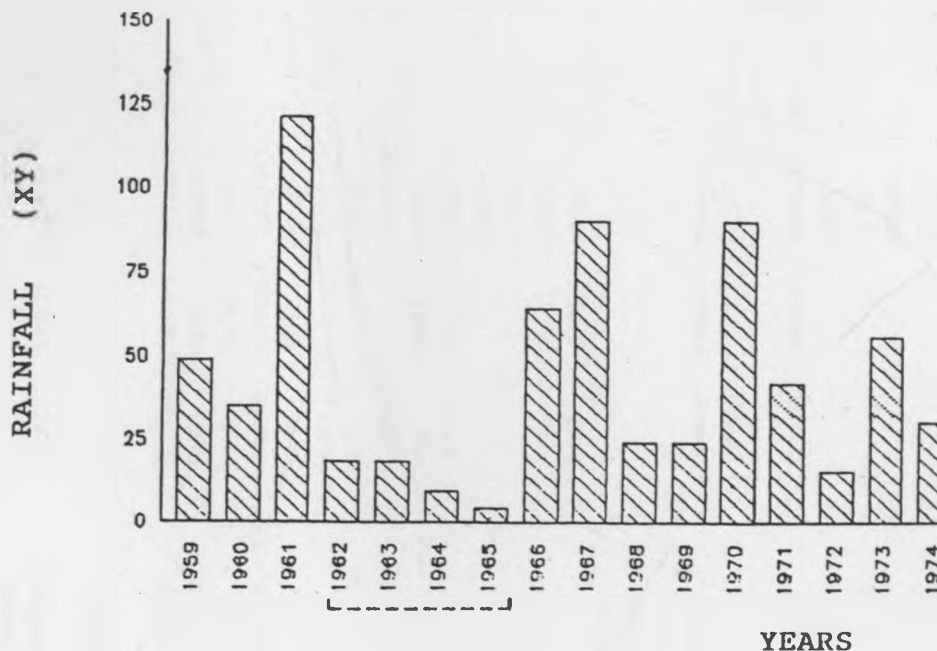
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**APPENDICES**

YEARLY RAINFALL VARIATION IN THE TURKANA H  
 (data from the meteorology departm



193

\* Data not available

----- Drought period

Four consecutive years with a mean XY <

X Number of months in a year with 2 rainfa

Y Number of months in a year with a mean r

[The transformation of annual rainfall by XY, showed more sustained significant rainfall days as this was more he single day heavy down pour in a year.]



## Appendix 2.1

### Prevalence and occurrence of echinococcosis/hydatidosis in domestic animals in Kenya

Origin of animals	Dog	Intermediate hosts					References
		Camel	Cattle	Sheep	Goat	Others	
-		R					Leese, 1915.
-				R			Walker, 1925.
-			R	R			Daubney, 1926.
-			R	R		pigs	Hudson, 1934.
-			30.6	35.1	16.6		Ginsberg, 1956.
whole country*			25.5				Froyd, 1960a.
whole country*			(1000)				Froyd 1956b.
Turkana	70.4(27)	R	common	common	common		Nelson and Rausch, 1963.
Nairobi	50(16)						
Turkana					common		
Whole country*			common	common	common		Department of Veterinary Services Annual Reports, Kenya, 1962-65; 1969; 1972; 1976-78; 1980; 1981.
Rift Valley			29.2	32.3	33.1		
Central			(1766)	(1834)	(172)		Mango, 1971.
Eastern			23.7				
			(215)				
Coast			17.7	9.1	11.1		
North			(282)	(406)	(777)		
Eastern			16.1(31)				
Whole country*			12.8+	20.3+	14.7+		
Kajiado			(1162237)	(489702)	(245231)	pigs	Ng'ang'a, 1974.
Turkana			46.7	29.5	9.0		
			(1446)	(44)	(100)		Eugster, 1978.
Turkana			80(10)	10(10)	1.6(61)	844(0.8)	Macpherson, 1981.
	39.4						
	(695)						Macpherson et al., 1985.
Maasailand			8.9	8.1	7.1		
			(1499)	(1798)	(2020)		Macpherson, 1985.
Maasailand	37(92)						Ngunzi, 1985.

R Reported.

+ Based on Liver and lung hydatids only.

\* Mainly based on animals examined at Athi River, Kenya Meat Commission (KMC) abattoir.

(10) Number of animals examined.

Appendix 4.1

Key to common *Taenia* species in dogs (data from verster, 1969)

1. Vaginal sphincter absent 2  
Vaginal sphincter present 3
  
2. Testes distributed in a single layer  
and confluent anteriorly only *Taenia hydatigena*  
Testes distributed in 2-4 layers and  
confluent anteriorly and posteriorly *T. pisiformis*
  
3. Vaginal sphincter reduced to a pad with  
diameter <30 um. Ovary lobes equal *T. multiceps*  
Vaginal sphincter complete with  
diameter >40 um. Aporal ovary  
lobe >poral lobe 4
  
4. Large rostellar hooks >210 um and  
primary uterine branches not >10 *T. parenchymatosa*  
Large rostellar hooks <210 um and  
primary uterine branches not <10 5
  
5. Testes distributed in a single layer  
and primary uterine branches 11-25 *T. ovis*  
Testes distributed in 1-3 layers  
and primary uterine branches 10-18 *T. serialis*

## Appendix 4.2

### Reported maximum survival times for taeniid eggs stored under different laboratory and field conditions

Species	Condition	Time in days	Viability assay	Reference
<u>Echinococcus</u>				
<u>sibiriensis</u>	-51°C	1	<u>in vivo</u> (voles)	Schiller (1955)
<u>E. ranulosus</u>	-50°C	1	<u>in vivo</u> (mice)	Colli & Williams (1972)
<u>Taenia</u>				
<u>saginata</u>	-30°C	16-19	<u>in vitro</u>	Suvorov (1965)
<u>E. sibiriensis</u>	-26°C	54	<u>in vivo</u> (voles)	Schiller (1955)
<u>E. multilocularis</u>	-18°C (in tap water)	240	<u>in vivo</u> (voles)	Schaefer (1986)
<u>T. ovis</u>	-9°C	170	<u>in vitro</u>	Gemmell (1977)
<u>T. saginata</u>	-5°C	76	<u>in vivo</u>	Lucker (1960)
<u>T. saginata</u>	-4°C	77	<u>in vitro</u>	Suvorov (1965)
<u>E. granulosus</u>	-1°C to 1°C	116	<u>in vivo</u> (pigs)	Deve (1910)
<u>E. multilocularis</u>	2°C (in water)	910	<u>in vivo</u> (voles)	Thomas & Babero (1956)
<u>E. multilocularis</u>	4°C (in PBS)	478	<u>in vivo</u> (voles)	Schaefer (1986)
<u>T. saginata</u>	4°C (in saline)	335	<u>in vitro</u>	Silverman (1956)
<u>T. pisiformis</u>	*4°C (32-33% R.H.)	56	<u>in vivo</u> (rabbits)	Coman (1975)
<u>E. multilocularis</u>	4°C (in PBS)	219	<u>in vitro</u>	Schaefer (1986)
<u>T. pisiformis</u>	*4°C (29-94% R.H.)	300	<u>in vivo</u> (rabbits)	Coman (1975)
<u>T. pisiformis</u>	4°C (in saline)	187	<u>in vitro</u>	Silverman (1956)
<u>T. saginata</u>	*4°C	168	<u>in vivo</u> and <u>in vitro</u> (cattle)	Froyd (1962)
<u>T. saginata</u>	*4°C (in saline)	96	<u>in vivo</u> (cattle)	Penfold <u>et al</u> (1937b)
<u>E. granulosus</u>	6°C (in water)	225	<u>in vivo</u> (sheep)	Sweatman & Williams (1963)
<u>E. granulosus</u>	7°C (with surface moisture)	210-294	<u>in vitro</u>	Gemmell (1977)
<u>T. hydatigena</u>	7°C "	210-294	<u>in vitro</u>	Gemmell (1977)
<u>T. pisiformis</u>	5-10°C (moist chamb.)	100-150	<u>in vivo</u> (rabbits)	Enigk <u>et al</u> (1969)
<u>T. ovis</u>	16°C (with surface moisture)	91-150	<u>in vitro</u>	Gemmell (1977)
<u>T. pisiformis</u>	20°C (25% r.h.)	1	<u>in vitro</u>	Laws (1968)
<u>T. saginata</u>	(room temp. in saline)	60	<u>in vitro</u>	Silverman (1956)
<u>E. granulosus</u>	(sunlight & desiccation)	11	<u>in vivo</u> (pigs)	Deve (1910)
<u>T. pisiformis</u>	(room temp. in saline)	60	<u>in vitro</u>	Silverman (1956)
<u>T. saginata</u>	(room temp. with no moisture)	14	<u>in vitro</u>	Silverman (1956)
<u>T. hydatigena</u>	21°C (no surface moisture)	7	<u>in vitro</u>	Gemmell (1977)
<u>E. granulosus</u>	21°C "	7	<u>in vitro</u>	Gemmell (1977)
<u>T. hydatigena</u>	21°C (with surface moisture)	56	<u>in vitro</u>	Gemmell (1977)
<u>E. granulosus</u>	10-21°C (in water)	32	<u>in vivo</u> (mice)	Batham (1957)
<u>E. granulosus</u>	21°C (with surface moisture)	28	<u>in vitro</u>	Gemmell (1977)
<u>E. granulosus</u>	30°C (in water)	21	<u>in vivo</u> (guinea-pigs)	Ross (1929)
<u>T. pisiformis</u>	38°C (90% R.H.)	7	<u>in vivo</u> (rabbits)	Coman (1975)

Appendix 4.2 (contd)

Species	Condition	Time in days	Viability assay	Reference
<u>T. hydatigena</u>	38°C (in water)	7	<u>in vitro</u>	Gemmell (1977)
<u>T. ovis</u>	45-65°C (in water)	(few hours)	<u>in vitro</u>	Gemmell (1977)
<u>T. hydatigena</u>	45-65°C (in water)	(few hours)	<u>in vitro</u>	Gemmell (1977)
<u>E. multilocularis</u>	45°C (85-95%R.H.)	(2 hours)	<u>in vivo</u> (voles)	Schaefer (1986)
<u>E. granulosus</u>	55°C (saline)	(5 minutes)	<u>in vivo</u> (mice)	Colli & Williams (1972)
<u>E. granulosus</u>	60°C (moist heat)	(10 minutes)	<u>in vitro</u>	Meymerian & Schwabe (1962)
<u>T. hydatigena</u>	65°C (saline)	(1 minute)	<u>in vitro</u>	Williams & Colli (1970)
<u>E. granulosus</u>	Boiling water	(20 sec)	<u>in vitro</u>	Nosik (1952)
<u>E. granulosus</u>	In sachets on ground	630	<u>in vivo</u>	Vibe (1968)
<u>T. solium</u>	Winter in France	365	<u>in vivo</u> (piqs)	Davaine (1863)
<u>E. granulosus</u>	Cold & dry New Zealand weather	365	<u>in vivo</u> (sheep)	Sweatman & Williams (1963)
<u>T. saginata</u>	Kenyan pasture	413	<u>in vivo</u> (cattle)	Duthy & van Someren (1948)
<u>E. multilocularis</u>	German winter (on sunny ground)	240	<u>in vivo</u> (voles)	Schaefer (1986)
<u>E. multilocularis</u>	German winter (on shaded area)	172	<u>in vivo</u> (voles)	Schaefer (1986)
<u>T. saginata</u>	Denmark winter	161	<u>in vivo</u> (cattle)	Jespen & Roth (1952)
<u>T. pisiformis</u>	Australian winter	125	<u>in vivo</u> (rabbits)	Coman (1975)
<u>T. pisiformis</u>	Australian summer	0	<u>in vivo</u> (cattle)	Coman (1975)
<u>T. saginata</u>	Kenyan pasture	102	<u>in vivo</u> (cattle)	Penfold <u>et al</u> (1937b)
<u>T. hydatigena</u>	Russian winter (-10 to 10°C)	60	<u>in vivo</u> (sheep)	Abbasouv (1965)
<u>T. saginata</u>	in silage (10°C)	60-80	<u>in vivo</u> (cattle)	Egnigk <u>et al</u> (1969)
<u>T. saginata</u>	in silage (20°C)	30-40	<u>in vivo</u> (cattle)	Egnigk <u>et al</u> (1969)
<u>T. saginata</u>	stored hay	21	<u>in vivo</u> (cattle)	Lucker and Douvres (1960)
<u>E. multilocularis</u>	German summer (sunny or shaded area)	112	<u>in vivo</u> (voles)	Schaefer (1986)
<u>T. hydatigena</u>	Russian summer	30	<u>in vivo</u> (sheep)	Abbasouv (1965)
<u>E. multilocularis</u>	German summer (sunny or shaded area)	15	<u>in vitro</u>	Schaefer (1986)
<u>T. pisiformis</u>	Australian summer	7	<u>in vivo</u> (rabbits)	Coman (1975)

\* Average temperature (2 - 5°C)